



ISSUE 34

Furniture Scheme News and Review of the Year













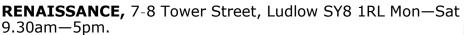
The Furniture Scheme is part of The Wrekin Housing Group.

Below is a snap shot of what happens on our sites...

WAREHOUSE, Weeping Cross Lane, Ludlow SY8 1JH Mon, Tue, Thur & Fri 9.30am—3.30pm, Wed 9.30am—1pm and Sat 10am—2pm

Phone: 01585 877788 for furniture donations

- ⇒ Trading site
- ⇒ Computer recycling workshop
- ⇒ Wood and Metal recycling facility
- ⇒ Bulky waste base
- ⇒ Removal of handles, knobs, hinges and screws for re-use
- ⇒ Volunteering and placement opportunities
- ⇒ Donation point
- ⇒ Two vans based here
- ⇒ Recycling Banks for textiles, wood and metal
- ⇒ Tools for Africa collection point



Phone: 01584 877751

- ⇒ Trading site
- ⇒ Bookshop and vinyl records
- ⇒ Flea Market
- ⇒ Information Board
- ⇒ Volunteering and placement opportunities
- ⇒ Household battery recycling point
- ⇒ Donation point

ROCKSPRING COMMUNITY CENTRE, Sandford Road, Ludlow SY8 1SX Mon—Fri 9am—5pm. Phone: 01584 874922

- ⇒ Head office
- ⇒ Volunteering and placement opportunities
- ⇒ Rooms for hire
- ⇒ Events and activities
- ⇒ Donation point for clothing, textiles, books etc

FRIARS WALK, Ludlow Mascall Centre, Ludlow SY8 1RZ

- ⇒ Carpentry workshop
- ⇒ Furniture restoration
- ⇒ Training facility
- ⇒ Training, volunteer and placement opportunities available
- ⇒ One van based here

CasCA, Newington Way, Craven Arms SY7 9PS Mon—Wed 9am—10pm, Thur 9am—9pm & Fri 9am—5pm. Phone: 01588 672847

- ⇒ Volunteering and placement opportunities
- ⇒ Rooms for hire
- ⇒ Events and activities
- ⇒ Donation point for clothing, textiles, books etc

THE CHARITY BOOKSHOP, Unit 2 Drover's House, Auction Yard, Craven Arms SY7 9BZ Open: Mon—Fri 9.30am – 4.30pm and Sat 9.30am – 1pm. Phone: 01588 673902

- ⇒ Trading site
- ⇒ Donation of books, jigsaw puzzels, CD's and DVD's













WE NEED YOUR HELP



ರ್ 🗐 Furniture Scheme

Would you like to become a Friend of The Furniture Scheme?

Your annual donation will directly contribute towards to the charitable work of The Furniture Scheme, helping people facing disadvantage or hardship in South Shropshire.

Friends Membership is £30 per year.

You could opt to donate more and if you can Gift Aid your donation that helps too.

In the past 12 months The Furniture
Scheme has supported 40 households
in crisis with emergency furniture
packages. This can be for a number of
reasons including victims of domestic
violence.

We offer low cost furniture and household equipment to everyone, re-using, recycling and minimising waste.

We have provided 108 work experience placements with 25 participants securing employment as a direct result of their time with us. By becoming a Friend you will be directly supporting this important work and making a difference to local people's lives.

We are facing considerable challenges in this difficult financial climate and as a Friend you can help us to secure the future of the Furniture Scheme.

There are a number of ways you can help, including hosting or helping to organise fundraising events, sponsorship opportunities or activities.

To become a Friend of The Furniture Scheme download a registration form from our website www.furniturescheme.co.uk or call us on 01584 874922

Registered charity number 1082068 | Registered Company 4041051

Jean Jarvis MBE—Chief Executive

As you read on you'll find out more about the diverse activities and events that we've organised and taken part in this year. The challenges we've overcome and of course the range of people who benefitted from our many

services. The staff and volunteers are committed to what we do and passionate about helping people and I think that shines through when you read their stories.

I'm writing my piece in the glow of success from last night's event - a Private View and launch of our Pop Up Art Gallery, you'll read more about it in the Renaissance news. I've been wanting to find a way to focus on and benefit from the art that is donated to our scheme and to bring affordable art to the community. A chance conversation with my new neighbour, Nicola Buscall, started our minds racing and eventually resulted in this new venture. With limited time to reach the Christmas market, it was a huge challenge, for Nicola, but the staff grasped the nettle and wholeheartedly supported her to make it happen. So last night, 16th November, between 6.30 and 8.30 pm, we invited many new people into Renaissance to view (and buy) art, from local artists and those from further afield, from artists exhibiting for the first time to seasoned artists. The event was hugely uplifting, in fact inspirational, the feedback was very positive and some of our volunteers were exhibiting for the first time and selling their work. What a massive confidence boost for them! The gallery is running until we close for the Christmas break and then watch out for our next event. This year we produced our first calendar, in partnership with Nigel Bishop, a local fine art photographer. We are thrilled with it and it is on sale at our shops, Castle Books and our website. It's very reasonably priced at £8 and proceeds will benefit our participants. We like it so much that work has already started on next year's calendar.

You'll read Stefan's story about his adventure in Ghana. Stefan joined us in 2005 as carpentry apprentice and has gone on to become our workshop supervisor. Stef is hardworking and a really good and reliable person to have in the team. I'm a great believer in stepping outside your comfort zone at every opportunity, but I realise that not everyone needs to do this! So when Stef asked to come and see me I had no idea that he had a trip to Ghana in mind and I was absolutely thrilled that this was what he wanted to do. I must admit that I pushed him to go for longer than the week he suggested, but he saw the sense in it, given the length of the journey and the activities that he could take part in. We were able to offer some financial support through our Enabling Fund and I was really touched when, on his return, Stef thanked me for the opportunity and said that the experience had opened his eyes to a whole new world. He's planning to volunteer overseas again, once he's recovered from this experience!

And so, I feel, another good year for The Furniture Scheme, many people supported and new friends and supporters gained. Well done team Furniture Scheme and thank you all for another year of making great things happen.

Wishing you a happy Christmas and a great 2018! Jean

James Cooper—Operations Manager

Every year we talk about the many challenges we face as an organisation, the great pride we take in our work and the thanks we owe our staff, volunteers and supporters. This year is no exception.

2017 has been a year when local people have made significant contributions to the work of the Furniture Scheme. Members of our community support our work in many different ways including volunteering, leading a fundraising push, becoming a 'Friend', donating household items and books, buying from our shops or getting involved in community activities at community centres. This support is needed and very much appreciated.

As a charity with a mission to improve the quality of life of disadvantaged people in southern Shropshire we cover a wide area and work with people facing a range of issues. Despite reduced staffing and limited finances we remain committed to making a real difference. To do this we rely on the relentless enthusiasm and good will of everyone involved. The staff work so hard to improve people's life chances and they often go above and beyond to achieve this.

Thank you to everyone who has contributed in 2017. Happy Christmas.

Improving People's Life Chances—Strengthening Communities—Increasing Environmental Sustainability.

Gill Pitt—HR, Social Inclusion Manager

Welcome to Gaynor, as Executive Support to the Senior Management Team. Gaynor will be supporting Jean as CEO and MD of both The Furniture Scheme and FUSE Enterprise CIC as well as James and Gill in their roles. We also have a

goodbye this quarter as Chris Perkins, our Community Engagement Worker, is leaving for pastures new, so we all wish her the very best of luck.

Some of you may know that I started running 18 months ago! 'What?' I hear you say - I know, me! Anyone who has known me for some time will know how at odds that seems. I have never been sporty in the slightest and me and my friend Alison were always the last to be picked for the teams at school whether it be netball, hockey or rounders. In fact I think Alison was always slightly ahead of me! So, if I can come to running in my 50's and love it then anyone can!

I started running to maintain significant weight loss and well-being and saw getting fit in my 50's as my next goal. In 2015 I started going to the gym at first with Amy, early mornings before work, then when Amy moved out of Ludlow that fizzled out as it does. What a waste of a membership! Fast forward to 30th April 2016 and I had been thinking for a while I could just run from my front door anytime so off I went. It was actually to a parkrun which I had heard of vaguely. These are a weekly timed 5k (3 mile) runs at 9am every Saturday in hundreds of towns, parks and venues across the UK

and the world – I was hooked! I now run with two clubs, have completed my 50th parkrun, done a 10k mud run (loved it and very muddy) and many other 10k races as well as 4 half marathons. Having recovered from a hamstring injury over the summer training has now started in earnest. My goal is to get back to where I was comfortable with 10 mile runs by Christmas, then I have The Wirral Way Half Marathon in January and will build up to Wrexham Running Festival's 20 miler in March before tapering, ready for all 26.2 miles of the iconic London Marathon on 22nd April 2018. I can do that...can't I? Absolutely!

Gill in the Shrewsbury Half Marathon in 2017



Di Hyde-Volunteer Co-ordinator

The Furniture Scheme could not do what it does or support the numbers of people in need if it wasn't for the invaluable support we receive from volunteers. Once again in 2017 we have received that invaluable support from our excellent volunteers.

We have people from all age groups & backgrounds coming forward to volunteer in a wide range of roles from serving customers in our shops, repairing furniture, answering the phone at one of our community centres, collecting or delivering furniture on our vans or helping behind the scenes in administration or finance as well as fund raising.

We are always on hand to give support should any of our volunteers need help with C.V's, job applications or interview techniques and so far this year several of our volunteers have moved on to take up employment.

Some of our volunteers are retired and with time on their hands find satisfaction in supporting the local community. There is also the social aspect of volunteering with a great opportunity for making new friends, building confidence or just getting out of the house for a change of scene.

Wherever you are and whatever your reason a very big thank you goes to our volunteer team from all the staff at The Furniture Scheme. We hope to see many of you back in 2018 and are ready to welcome more new faces as well!

Diane Hyde, Volunteer Co-ordinator 01584 877751 diane@furnitureshcme.co.uk



Warehouse

What a busy year we've had down at the warehouse so far, I can't really get my head around that Christmas is almost upon us. Where to start ... well after finally receiving our new van at the beginning of the year due to one of the fleet being stolen we have been able to operate at full capacity once again. Which has enabled us to take on a new

contract with Veolia supplying recycling bins and boxes to the south Shropshire area. We have been delivering recycling bins and boxes in the Bridgnorth and north Shropshire areas for some years now and taking on this new contract that has been one in the pipeline for some time now has been a great achievement.

Kevin Jones has been a very busy body this year including PAT Testing on/off site, driving the vans and starting a new bicycle repair project which is still in the early stages but has great potential. All of this is on top of general warehouse duties. He was also promoted this year to Assistant manager.

Tim Stevens who is our full time van driver focusing on the north side of Shropshire's Bulky waste and recycling bins contract with Veolia. He has put in a lot of hours this year to keep the contract secure, which I receive, loads of compliments from the Veolia team about his work ethic.

Stuart James is our General Assistant focusing on customer service, warehouse duties and stock control on our stock management system. He is the member of staff that your most likely to see round and about at the warehouse.

Daniel Price came to us as a volunteer for about three years which led to him being taken on as a part time van driver. Over his time as a volunteer he showed the qualities that we look for in staff and has kept this up to date. On the first of October he reached his first year with us.

Antony Brookes has just started with us as a part time van driver and volunteer. Because of the new Veolia contract we were able to make this happen.

On top of all our daily duties we also work very closely with our carpentry workshop keeping them stocked up with items of furniture to be up-cycled, refurbished and restored ready for sale in our Renaissance shop.

All in all a hard year but I think a very good successful year. So a massive thanks you to all of our volunteers, without you we wouldn't have achieved all that we have!

And finally a huge thank you to my entire warehouse team for all your hard work and commitment to the Furniture Scheme.

Merry Christmas.

Simon Magill, Warehouse Manager



Renaissance

Renaissance continues to provide fantastic furniture at competitive prices. As ever our workshop team are on hand, restoring those items that require it, and sending us the very best of donated stock. Customers often comment on the sheer value of our items, especially when you consider how high quality they are.

Since the departure of our long-time volunteer Helen, the book shop has been going through a few changes. Julie has worked hard to put together a dedicated book team, who strive to keep the shop as organised and well-stocked as possible. The team are often very excited to hear of any requests for particular books, and will do their best to source them.

As ever our Flea Market is providing a diverse range of bric-a-brac. In particular, our Attic boutique has proven to be very popular, attracting many customers of all ages who are looking for clothes and shoes at reasonable prices. A number of new sellers have joined us in recent months, injecting their own personal style into the Flea Market.

This month we have undertaken something new and exciting. Nicola Buscall of Buscall Galleries has been arranging a pop-up-art gallery in the Renaissance main shop. She has sourced a number local artists, giving them a chance to display their work and possibly sell a piece or two. There are also a few artists from further afield, as well as a number of pictures that have been donated to the Furniture Scheme.

The display has brought a great deal of attention to Renaissance over the last few weeks, whilst it was being set up, and has changed the dynamic of the show room creating a very different atmosphere. The pop-up-art gallery will run from its opening night on 16th November for six weeks until Christmas.

With so much going on, we are always in need of a few extra hands and would love to meet anyone who would like to volunteer at Renaissance. If you have a few hours spare or are willing to do a morning or an afternoon once a week, please get in touch with us.

Finally, we'd like to say a big thank you to all of our volunteers who have put in so many hours throughout the year. We really could not do what we do without you and each of you bring something unique to our little team.

Richard Carpenter, Retail & Systems Administrator Julie Nash, Renaissance Retail Manager



The Carpentry Workshop

The workshop continues to provide expertly restored furniture to our Renaissance shop. The team of staff and volunteers have worked hard to keep up with demand and ensure generously donated items are restored to their former glory or upcycled so they are better than ever.

Whenever I show visitors round our workshop they comment on the sociable atmosphere and the impressive work that is taking place. Stefan and Graham have helped to create an environment that is safe and supportive for new volunteers. During 2017 we have, at times, had less volunteers than we need. If anyone is interested in volunteering please contact Diane Hyde, Volunteer Co-ordinator, on 01584 877751 or diane@furniturescheme.co.uk



Stefan, Workshop Supervisor, recently returned from a 3 week visit to Ghana where he helped local communities in a variety of ways. We were really pleased Stef was able to do something so worthwhile and share his skills. All of our staff are altruistic by nature and this was a prime example. That said, we'll be pleased to have him back at work! There is more on Stefan's trip to Ghana on page 13.

In 2018 the workshop will be looking for innovative ideas for new projects and exploring the way in which other similar schemes work in order to make the most of the donations we receive. Perhaps Stefan will have been inspired by his African adventure!

Thank you to all the workshop team.

James Cooper, Operations Manager







The Charity Bookshop

It has been another wonderful year for the Charity Bookshop as our sales and stock go from strength to strength. The shop seems to serve as a hub to book lovers from across the county and often attracts people from even further afield. It is often said that many local customers like to use the Bookshop as a library, buying books and then kindly donating them back to us after reading.

Speaking of donations, the Charity Bookshop has such an influx from our kind customers that they regularly provide Renaissance with a vast number of books, which is something that is greatly appreciated by the Renaissance book team. Since this started happening, we have expanded our book space at Renaissance, even opening a £1 bookshop near the Flea Market, which has proved to be quite popular.

The Charity Bookshop is a site that is almost exclusively run by a group of volunteers who always carry out their work with great passion and dedication. That said, however, with so much work to go around there is always a great need for further help and anyone that feels like they would enjoy joining such a successful team should contact us for more information.

The team frequently go above and beyond, often coming in outside of their normal hours for meetings, to cover shifts and to dress our popular window display. Sadly, our window dressing team, Beth and Heather, will be leaving us at Christmas. We are very sorry to see them go but thank them for all of the hard work they have put in to make the front of the shop so attractive.

Looking to the future, the Charity Bookshop will be taking part in the Craven Arms
Christmas Fair on Saturday 25th November and will be open from 4.30 until 8.30pm for the
fun and festive evening, so please brave the cold weather and pay us a visit!

As a final note I would like to offer a personal thanks to all of the volunteers that I work with at the Charity Bookshop, they continue to be a delightful and friendly group of people. Their care and attention to detail when it comes to the shop is always apparent every time I step through the door and I look forward to our work together in the future.



Richard Carpenter



CasCA Review of the Year 2017

We have had a successful and varied year here at CasCA.



Craig Nicholson

Most notable was the amazing feat that Craig undertook, completing five marathons in as many days and raising the magnificent sum of $\pounds 3,514.00$. This enabled us to host a multitude of events for the children of Craven Arms during the summer holidays. We provided 267places over 16 events including roller discos, cooking, craft lessons, tennis lessons and a day at Manor Adventure.

Our regular bookings have continued to increase. We now have weekly sessions in; Pilates, martial arts and fitness for the over 50's. Zumba has returned by popular demand the numbers coming to our existing groups is being maintained or increasing.

CasCA runs groups in art, indoor bowling and our famous Tea Dance and new members are always made very welcome.

The special bookings have also remained at a healthy level, 2 elections, tutorials in Facebook, child welfare and healthy friendships amongst many others.

A group based in Shrewsbury, the Hive, used CasCA as their base whilst making a film, Scars of the un-fought battle, in the summer. The Hereford Diocese have used the centre twice this year and The Ludlow and Shrewsbury bird society have used our facilities again and intend returning.

During the year we have had some changes in the roles that our staff performs, with Lorna and Elizabeth being promoted to Team Leaders to work alongside Alison. We have also had some new people join our team and would like to welcome Kim, Allan, Sue and Jenny. Lec has left us and is now managing the library in Church Stretton; we wish her every success in her new role.

We now have a new volunteer. Perpetua has joined us and is helping Marilyn in the kitchen. We would like to thank her for the extremely valuable time that she is giving us. We would like to take this opportunity to thank our two long standing volunteers, David and Roger, whose help is invaluable.

We are looking forward to Christmas, our Christmas Fayre and switching on of Craven Arms Christmas lights is happening on Saturday 25th November and promises to be a fun filled event. We would like to thank Boyd Scaffolding for their very kind donation towards the Christmas tree and other costs. Empathy are holding a Christmas film afternoon showing 'Polar Express' on Saturday 16th December and our Christmas lunch is on Wednesday 20th December and bookings are coming in thick and fast.

All in all it has been a great year and we are looking forward to even more people coming into the Centre 2018.



Boyd Scaffolding presenting the cheque to Alison Kennedy - CasCA Team Leader



Rockspring Community Centre Review of the Year 2017

Chris Perkins—Community Engagement Worker

As another year comes to an end, it gives me a chance to reflect on what has taken place over the past 12 months.

We continue to see an increase in the use of the centre for party bookings and really enjoyed the pirate themed birthday party that took place in October half term. The regular craft group continues to grow, and skills and knowledge are shared within the group. It is amazing what talent there is in the area.

The Rockspring Community Choir has had another successful year- taking part in a joint concert with Craven Arms Male voice choir, singing at Croft Castle as part of their commemoration of WW1. Ludlow Christmas Lights switch on and also at our own operations manager, James Cooper's wedding.

Funding for children's holiday activities have been limited this year, but we were very fortunate to be able to offer subsidised workshops and films at the Assembly Rooms throughout the whole of the summer holidays – this was as a result of very generous sponsorship by Ludlow Assembly Rooms.

The Furniture Scheme also hosted and helped at free craft activities that ran at Rockspring Community Centre and St Peter's Church hall. Both sessions were really well attended. Again many thanks to everyone that helped make these events so enjoyable.

The community garden volunteers have had another amazing productive year, and have already planned what they will be growing next year. On their wish list is still the hope of a greenhouse! So, if there are any generous sponsors out there, do get in touch!

And finally, as this will be my last community engagement report, can I say a big thank you to everyone that has made this job so enjoyable and challenging! over the past 5 years.

John—one of our Community Garden

It has been a real pleasure to get to know the community and look forward to reading about the activities that will take place in the future.

Stef's trip to Ghana in October 2017 by Stefan Laird, Workshop Supervisor



I have been at the Furniture Scheme for over 12 years, but in the last 5 or so years I've wanted to do voluntary work overseas but always talked about it but never came to anything, but after plucking up the courage after so many years and help from others, it just felt it was the right time in my life to go for it, so I approached James and Jean about the idea to see if I would be allowed help towards it and allowed to go. I am lucky Jean liked the idea and with help from the Enabling Fund and help from the Furniture Scheme I was allowed the

opportunity to go and do this, which was very exciting but nerve-racking too.

After sorting out paperwork, flights and visas I was all set and booked up to go out on the 8th October till 29th October for three weeks, the nerves kicked in before I went.

I flew out on the 8th October, to Accra airport which took pretty much all day due to a stop in Istanbul, when I got there it was 10pm. This was the first time I have been abroad on my own, when I arrived I was very tired and I had to have a quick briefing and then went to bed around midnight, it was along journey.

On the first day I met Rebecca who was the main person in charge over there, she gave me a brief tour of the local town Impraso and had a chat about what I wanted to do. Every Wednesday we did outreach which involves supplying rural villagers with donated

supplies like clothing from previous volunteers and basic food which was funded by our donations.

The remainder of the first week I was teaching English to the infants such as 123 and ABC basic English at a school in Kwaho called Sun Rise, which was a good experience but chaos at the same time because all they wanted was ask for things such as money, pens and pencils, all the kids want to do is play and hold your hand and just be by your side and try to rub our tattoos off because they think its colour drawn on you.

Week two and three, I chose to do building, which was at a local school called Lisa Finlay preparatory school, Bepong. This was set up by an Irish volunteer years ago, and we helped plaster the building inside and outside this was very tricky as I have never done it before and also did a bit of the roof work which was good fun but scary because I'm scared of heights and had to use one of ther home made ladders, being up there was just so hot. Mixing cement in 32 to 34 degrees of heat was hard going, they are very lucky because all materials to make that

building happen was paid for by the contributions by old and present volunteers.

All in all I had a amazing experience and I did so much in the time I was over there that I can't fit it all in, but if you want to know I can tell you. I met so many good volunteers which I can now call my friends and we keep in touch quite a lot, which is nice and hopefully all going to meet in January. I'm so grateful to the Furniture Scheme giving me the opportunity to go over there and help others in need and experience how the Third World live, it opened my eyes on how lucky we are over here.





Community Garden

ROCKSPRING THURSDAYS

At 12.15pm we have a Community Lunch which only costs £2—it's either jacket potato, cottage pie, sausage and mash/chips, potato and cheese pie, pasta bake etc (requests welcome within reason!) and slice of home made cake. Everyone welcome, no need to book, but if you are vegetarian it would be useful to know. See our website or call in to find out what the dish of the week is: www.furniturescheme.co.uk

During the summer months volunteers are welcome to come and work in the Community Garden between 10am and 4pm. **All garden volunteers can have lunch for FREE.**



ROCKSPRING COMMUNITY CENTRE HIRE PRICES



RATE PER HOUR OR PART THEREOF	WEEKDAYS 9AM-5PM	WEEKDAYS 5PM-9PM	SATURDAYS 9AM-5PM	SATURDAYS 5PM-9PM
COMMUNITY GROUPS MAIN HALL - SEATS 60	£8.00	£12.00	£12.00	£15.00
PRIVATE HIRE MAIN HALL - SEATS 60	£10.00	£15.00	£15.00	£20.00
COMMUNITY GROUPS TEME - SEATS 20 - 25	£7.00	£10.00	£10.00	£14.00
PRIVATE HIRE TEME - SEATS 20 - 25	£9.00	£13.00	£13.00	£18.00
COMMUNITY GROUPS CORVE - SEATS 10 - 12	£6.00	£9.00	£9.00	£12.00
PRIVATE HIRE CORVE - SEATS 10 - 12	£7.00	£10.00	£10.00	£14.00

Payment in advance is requested for all private parties.

Please note, the centre is not licensed to sell alcohol.

To book a room or for more in for more information contact: 01584 874922 or email rockspring@furniturescheme.co.uk **Tea/coffee and a biscuit can be provided for 50p per person.**

rockspring community



WHAT'S ON AT ROCKSPRING

Day	Activity	Time	Cost	Other Notes
MONDAY	Baptist Church Lunch Club			
	2 nd Monday of the month	12 noon – 2pm	£2.50	
		<u> 7</u>		
TUESDAY	Basic Flower Arranging	10am – 12pm	FREE but bring your	Every two weeks
			own flowers	7
	NILS – no interest loan scheme	11am – 2pm		Drop in every week
				or phone 01584 811512
				537
WEDNESDA	Y Tai-Chi	10am – 12 noon	£9 a	Susan: 01584 874296
			session or concession	
			£7	
	Singing for Lung Health	2.30pm – 3.30pm	£4 a	Kate: 01584 890284
			session	
	Rockspring Community Choir	7.1 <mark>5pm – 8.45</mark> pm	£3 sub	Chris: 01584 874922
THURSDAY	LUNCH - it's either soup, baked			
A.	potato, cottage pie, sausage &	12.15pm	£2	
193	mash or pasta bake etc followed			
i i	by a slice of cake – all welcome! Lunch is FREE for Community			
	Garden volunteers.	7 /		
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		1		
FRIDAY	Get together Fridays - Cooking /	10am – 12.30p <mark>m</mark>	FREE	Every other week
	Rag Rug making / crafts			
SATURDAY	Marches Polio Group – every 3	12pm - 2pm		Ask at Rockspring for next
	months – bring and share lunch			meeting date

Ludlow Churches provide Emergency Food Parcels (by referral only through Housing Officer or Citizens Advice Bureau at Ludlow Youth Centre, Lower Galdeford, Ludlow Tel: 08444 99 11 00) these can be collected: Monday, Wednesdays, Thursdays & Fridays 11am – 1pm.

Rockspring Community Garden – run by volunteers for the community. To offer help contact: Chris Perkins - 01584 874922

October 2017

Sandford Road, Ludlow, Shropshire SY8 ISX rockspring@furniturescheme.co.uk www.furniturescheme.co.uk

0|584 874922

We have a computer suite with free access to computers and WiFi which are usually available Monday – Friday 9am – 4.30pm (excluding Wednesday mornings and Bank Holidays).





The **Library** at CasCA, opening hours are Monday to Wednesday 9am – 10pm, Thursday 9am—9m & Friday 9am – 5pm.

IT suite with free access to computers (for the first 60 minutes) and unlimited free WiFi for using with your own devices available during opening hours.

Cafe @ CasCA—on Monday, Tuesday and Wednesdays 10am – 2pm, offering sandwiches, cakes and more!

Children's Party Packages are available, call into the centre and pick up a leaflet.



Find out what's going on at CasCA by following our Facebook page: <u>Craven Arms Community Centre</u>

WALK IN WEDNESDAYS AT CasCA 10am-12 noon

COMMUNITY LUNCH at 12.15pm it's either jacket potato, cottage pie, sausage and mash, spaghetti Bolognese, cheese and potato pie etc followed by a slice of cake or a pudding for only £3.





KNIT AND NATTER bring your knitting and have a cuppa while having a natter!



	Day	Activity	Time	Cost	Other Notes
	Monday	Art Group	1.00pm – 3.00	С	all 07891106669
		CA Men's Chorus	7.30 - 9.00pm	Λ	lot in Jan or Aug
ſ	Monday- Friday	Craven Arms Childcare & Pre	9am – 3pm – flexible	В	irth to 11yrs
	_	School	hours	V	Vendy 07891106339

Tuesday	Indoor Bowls	2.00 - 4pm	£3.00	October – March ONLY
	Youth Forum Football	6 – 7pm	FREE	Rich Morley

Wednesday	MumMe Fitness	9.10 – 10am		nina@futurefamilyfitness.co.uk
	Knit & Natter	10.00am - 12.00 noon	FREE	
	Yoga	11am – 12.30pm		01694 724317
	Community Lunch	12.15pm	£3	Meal and slice of cake
	Tea Dance	2.00 - 4.00pm	£2.50	2 nd & 4 th Wednesday
	C/A Football (under 11)	5.30 – 6.30pm		Dave 07976241463
	Slimming World	5.30pm and 7.30pm	£4.95	Alan - 01584 874430
	Zumba Fitness Class	7.00pm - 8.00pm	£5	07740835673
	Corvedale Badminton	8.00pm – 9.30pm		

Thursday	Gymnastics 3-16yrs	3pm – 6pm		07769151649
	Adult Gym	6.15pm – 7.15pm		ssgymnasticclub@btinternet.com
	Yoga with Lec	6.15p – 7.30pm		lecandyoga@hotmail.com
	Marches Branch	7.00pm – 9.30pm	£1.50	1 st Thursday of the month
	Embroiderers Guild		(member)	marhcesembrodierers@hotmail.co.uk
			£5.00	
			(visitors)	

Friday					
	Craven Arms Samba Circle	4.15pm – 5.45pm	Children £1.50	Carol: 015	588 672640
			Adults £3		
	Flames Netball	4.30 - 5.30pm	Term time	U 11's	01584
		5.30 - 6.30pm	only	U 16's	841231

Saturday	Empathy	2.00 - 4.00pm	Every Other Saturday

Badminton and Volleyball are available every day and evening upon request Tennis: £8.00 per Court

Badminton: £8.00 Per Court. Volleyball: £8.00 Per Court. CALL 01588 672847 November 2017



Room	Corporate	Community	Youth
	Per hour £	Per hour £	Per hour £
Welsh Mountain	£32	£21	£15
Shropshire	£26	£18	£15
Plowden	£17	£12.50	
Clun	£10.50	£5.50	
Playroom/pre-school	£13	£10	£6
Pavilion	£16	£10.50	£5
Small Office	£8.00	£8.00	
Kitchen	£16	£8.00	
Badminton/tennis/table-		£8.50	
tennis/volleyball			
Bowls per individual		3.00	
Tea Dance per individual		2.50	
Art Group per individual		1.50	
Children's Roller Party	Weekdays	Weekends	Free skates hire
	£30.00	£50.00	Lights/music. 30 max











Café @ CasCA open Monday, Tuesday & Wednesday 10am—2pm

Sandwiches-£2.90



- Egg & Cress
- Ham & Salad
- Cheese & pickle
- Cheese & tomato Served on white or brown bread with salad garnish
- Bacon—£2.50
- Sausage—£2.50
- Egg—£2

Or ad any one of the 3 above for an extra 50p





A choice from the following fillings:

- Cheese
- Tomato
- Onions
- Ham
- Beans
- 1 filling £2.50

Home made soup of the day with bread—£2.50

Drinks

Coffee £1.50 Tea £1.00 Cans 80p Squash 30p

A selection of Homemade Cakes and Homemade Biscuits





Please join our



Your donation will directly contribute towards our charitable work

To join, please complete the form on our website

www.furniturescheme.co.uk | info@furniturescheme.co.uk

facebook.



Find us on Twitter and Like us on Facebook!

The Furniture Scheme, Rockspring Community-Centre and CasCA are on Facebook and we welcome anyone who would like to be our friend or like our page!

The Furniture Scheme is also on Twitter which we try to keep regularly updated. Find us at: www.twitter.com/furniturescheme

Also visit our website for more information about The Furniture Scheme and up to date news www.furniturescheme.co.uk

Volunteer Training Opportunities

There are plenty of volunteer training opportunities in customer services, retail, warehousing and carpentry, these are great opportunities for developing employability skills in a workplace environment and giving something back to the local community. For more information contact: Di Hyde 01584 877751 diane@furniturescheme.co.uk

IT @ Rockspring and CasCA

Rockspring have a computer suite with free access to computers and WiFi which are usually available Monday – Friday 9am – 4.30pm (excluding Wednesday mornings and Bank Holidays).

CasCA have a computer suite with free access to computers (for the first 60 minutes) and unlimited free WiFi for using with your own devices available during opening hours.

Visit our website for up to date news: www.furniturescheme.co.uk

The staff and where they work

Rockspring Community Centre, Sandford Road, Ludlow SY8 1SX Tel: 01584 874922

Jean Jarvis MBE—Chief Executive James Cooper—General Manager Gill Pitt—HR Learning and Development Manager Gaynor Abel—Executive Support & HR Administration Officer Elaine Duggan—Community Directory & Marketing Christine Perkins—Community Engagement Worker Rob Gardner—Caretaker Lynda Hoad—Finance Officer

jean@furniturescheme.co.uk james@furniturescheme.co.uk gill@furniturescheme.co.uk gaynor.abel@furniturescheme.co.uk elaine@furniturescheme.co.uk chrisp@furniturescheme.co.uk rob@furniturescheme.co.uk accounts@furniturescheme.co.uk

Renaissance, 7-8 Tower Street, Ludlow SY8 1RL Tel: 01584 877751

Julie Nash—Renaissance Retail Manager Richard Carpenter—Retail & Systems Administrator Di Hyde—Volunteer Co-ordinator Paul Francis—Statistics Officer Lisa Jacks—Customer Service Assistant

Julie.Nash@furniturescheme.co.uk richard@furniturescheme.co.uk diane@furniturescheme.co.uk paul@furniturescheme.co.uk

Carpentry Workshop, Ludlow Mascall Centre, Friars Walk, Ludlow SY8 1RZ Tel: 01584 877706

Stefan Laird—Workshop Supervisor Graham Lambourn—Volunteer Support Worker carpentry@furniturescheme.co.uk

Warehouse, Weeping Cross Lane, Ludlow SY8 1JH Tel: 01584 877788 simon@furniturescheme.co.uk

Simon Magill—Warehouse Centre Manager Kevin Jones—Assistant Manager Stuart James—General Assistant Tim Stevens— Van Driver Daniel Price—Van Driver

stuart.james@furniturescheme.co.uk

CasCA (Community arts sports Craven Arms), Newington Way, Craven Arms SY7 9PS Tel: 01588 672847 Email: casca@furniturescheme.co.uk

Alison Kennedy—Team Leader Elizabeth Barnfield—Team Leader Lorna Odour—Team Leader Jackie Wright—Finance & Administration Officer Marilyn de Warrenne—Catering General Assistant Susan Packer—General Assistant Kim Gripton—Cleaner Jenny Corney—Cleaner

ali@furniturescheme.co.uk

The Charity Bookshop, Unit 2, Drover's House, Auction Yard, Craven Arm SY7 9BZ Tel: 01588 673902 Monday to Friday 9.30am - 4.30pm and Saturday 9.30am - 1pm. charitybookshop@furniturescheme.co.uk

DIRECTORS

Catherine Rogerson—Company Secretary Clare Ratcliff Mike Beazley MBE

Julian Price—Co-opted Steve Price—Chair Bryan Powell

Chris Boote Graeme Perks Louise Holland











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