

## **FURNITURE SCHEME NEWS!**

**F R E E — PLEASE TAKE A COPY**



Carpentry Workshop open day with Jessica Found It CIC see more on page 10

The Furniture Scheme is a dynamic social enterprise and charity. We collect donated furniture and re distribute to people in need.

We manage two Community Centres and support other Social Enterprises.

We offer a range of volunteering and training opportunities across all of our sites.

We are passionate about relieving poverty, protecting the environment, enabling the disadvantaged and encouraging a thriving Social Enterprise sector.

**Visit our website for up to date news: [www.furniturescheme.co.uk](http://www.furniturescheme.co.uk)**

## SNAPSHOT OF THE FURNITURE SCHEME

### What happens where...

#### **RE-USE CENTRE, WEEPING CROSS LANE, LUDLOW**

Mon—Fri 10am—4pm, Sat 10am—2pm

- ⇒ Trading site
- ⇒ Computer recycling workshop
- ⇒ Wood & Metal recycling facility
- ⇒ Bulky waste base
- ⇒ Removal of handles, knobs, hinges and screws for re-use
- ⇒ Volunteering and placement opportunities
- ⇒ Recycling point for mobile phones, ink cartridges and household batteries
- ⇒ Donation point
- ⇒ Two vans based here
- ⇒ Recycling Banks for textiles, wood & metal
- ⇒ Tools for Africa collection point



#### **RENAISSANCE CENTRE, 7-8 TOWER STREET, LUDLOW**

Mon—Sat 9.30am—5pm

- ⇒ Head office
- ⇒ Trading site
- ⇒ Bookshop and vinyl records
- ⇒ Flea Market
- ⇒ Information Board
- ⇒ Volunteering and placement opportunities
- ⇒ Household battery recycling point
- ⇒ Donation point



#### **ROCKSPRING COMMUNITY CENTRE, SANDFORD ROAD**

Mon—Fri 9am—5pm

- ⇒ Volunteering and placement opportunities
- ⇒ Rooms for hire
- ⇒ Events and activities
- ⇒ Donation point for clothing, textiles, books etc



#### **FRIARS WALK, LUDLOW MASCALL CENTRE, LOWER GALDEFORD**

- ⇒ Carpentry workshop
- ⇒ Furniture restoration
- ⇒ Training facility
- ⇒ Training, volunteer and placement opportunities available
- ⇒ One van based here



#### **CasCA, NEWINGTON WAY, CRAVEN ARMS** Mon—Fri 9am—10pm - by arrangement at week ends

- ⇒ Volunteering and placement opportunities
- ⇒ Rooms for hire
- ⇒ Events and activities
- ⇒ Donation point for clothing, textiles, books etc



## OUR WONDERFUL VOLUNTEERS!



***Di Hyde—Work Placement Officer***

We continue to get excellent support from our Volunteers and we have welcomed several new Volunteers since August.

As always we would really appreciate extra help & would be delighted to hear from anyone who may have a few hours to spare to help the local community. The leaflets displayed in the town especially on Tesco Community board have resulted in positive interest.

The progression from Volunteering to Employment continues to flourish and so far this year 21 of our Volunteers have moved into work.

Congratulations to Nick Long who has started a part time job at CASCA. Nick has been Volunteering in The Warehouse and Community Garden and I'm reliably informed that he will continue to volunteer when he can which is great news.

Congratulations also to Ashley Pardoe who will be starting an apprenticeship in the new year with Shropshire Housing Group. Ashley has been an invaluable member of the Volunteer Team at The Warehouse. His hard work and commitment has been much appreciated and we wish him well with this new opportunity.

***Di Hyde—Work Placement Officer 01584 877751***  
diane@furnitureshcme.co.uk

### **YOUR SUGGESTIONS AND IDEAS COUNT !**

The Spring edition of the Furniture Scheme News will be out at the end of February, if you have something to include, do let me know!

Would you please send contributions by Friday 12th February 2016.

Elaine Duggan 01584 874922    elaine@furniturescheme.co.uk

## VOLUNTEER VOICES



### **Gina Whittingham – Volunteer now Customer Service Assistant at the Re-use Centre**

#### **How long have you worked at the Furniture Scheme?**

I started volunteering with TFS at Weeping Cross Lane in June 2015.

#### **What is your role at the Furniture Scheme?**

My main role is customer service administrator. This role includes working directly with the customer to find the correct item/furniture they required, to take information over the phone, enquiries and also to book collections or deliveries. I also undertake an array of office duties including petty cash, daily takings and also referrals.

#### **What do you most enjoy about your job?**

Job satisfaction knowing that I'm helping someone or a family in need. Making sure people or families on low income can buy furniture at a lower price and hopefully prevent them getting into debt and helping people out of poverty. Recycling any unwanted household items is also something that gives me job satisfaction.

Having fled from domestic violence recently, the Furniture Scheme was prominent in my road to recovery. Knowing that the Furniture Scheme exists really helped me and my family to build a new home and a new life in South Shropshire.

**PAINT WANTED!** Gina is going to spruce the Re-use Centre up a bit and wondered if anyone has any spare white paint we can have - gloss and emulsion - we can collect it if not too far away. For more info please speak to Gina on 01584 877788. Thank you



## VOLUNTEERING OPPORTUNITIES WITH THE FURNITURE SCHEME

All of the volunteering opportunities provided by the Furniture Scheme come with full training and an allowance for travel expenses.

10 week placements for a part or full day per week are available in the first instance with opportunities for feedback and review to make sure all is going well for you.

All volunteers have the opportunity to take a qualification and get employability support if required.

For more information on any of these opportunities please contact:

Di Hyde Tel: 01584 874922 or email: [diane@furniturescheme.co.uk](mailto:diane@furniturescheme.co.uk)

### CasCA—General Assistants

Newington Way, Craven Arms SY7 9PS

General assistants needed to answer phones, set up the rooms, make refreshments (tea and coffee) and meet and greet.



### Waste Management Project

Could you help us to dismantle sofas, washing machines and other items ready for the recycling process? Times to suit you, but you will need to be reasonably fit as it's quite hard work!



### Electrical Testing

We would like volunteers to assist with the function testing of the electrical appliances.

You would work alongside a trained member of staff for this role - times to suit you.



### Customer Service Assistant

In our shop we need help with answering telephone calls, dealing with enquiries, making sales, using the till and credit card machine, keeping displays looking attractive and using a computer.

We are flexible with time as you are being generous with yours, but ideally either 9.30am - 1pm or 1pm - 5pm.

We also need assistants in our Flea Market

### Re-use Centre

Weeping Cross Lane, Ludlow SY8 1JH

- ◆ customer service assistants
- ◆ warehouse assistants
- ◆ van drivers and van buddies

You will need to be physically fit and able to lift items of furniture.



### Carpentry Workshop

Lower Galdeford SY8 1RZ

Volunteers carry out a variety of tasks from stripping and polishing donated furniture to more challenging projects.

Morning or afternoon sessions available, starting with a half day taster. You will be provided with full workshop training, support and the opportunity to gain a qualification.

### Rockspring Community Centre

Sandford Road, Ludlow SY8 1SX

We sometimes have volunteer vacancies for:

- ◆ catering assistant
- ◆ caretaker assistant
- ◆ event support assistants





## **Jean Jarvis MBE—Chief Executive**

As James says in his article, we've come a long way over the two decades we've been in existence. We started with a lot of enthusiasm, a few hundred pounds and some willing volunteers. 21 years on, we've not lost the enthusiasm and we've been ably assisted by hundreds of volunteers on our journey, and theirs too.

Di Hyde tells us about 'our wonderful volunteers', to many we're the route to learning new skills, gaining confidence and self-worth and eventually employment - either with us or one of our partners. So many people have passed through our doors lending us their time and expertise to help us and others. Gina's story is particularly uplifting, she talks about her journey on the road to recovery and a new life in South Shropshire. Gina and others like her are the reason that the Furniture Scheme was founded and why we never tire of the work we do with individuals, families and other organisations like our own.

All this is achieved by our dedicated team of staff and volunteers with the support of our board of trustees. Sadly this year two of our longest standing trustees, Susan McCormack and Phil Reckless have retired, so we're currently recruiting to fill their spaces on our board. If you're interested please do get in touch and we'll provide you with more information and an application pack.

I do enjoy reading our newsletter and I hope you'll find the array of activities and information contained in this Winter Edition interesting. Perhaps we can even tempt you take part in one of our activities, volunteer some time or donate some furniture.

Special thanks to Elaine who puts it together four times a year. She chivvies, chases and cajoles us for our news and stories to provide us all with an interesting read, which also serves to remind us just what has been achieved in the preceding months.

Best wishes  
Jean



## James Cooper—General Manager

This time last year we were celebrating our 20th Anniversary and looking ahead to the hard work required to ensure our future sustainability and the continuation of our core services. 2015 has been as busy as expected and we know 2016 will be exactly the same! It is essential that we effectively market the work our charity does to a wide audience. Even though we have been working with

the community for more than 2 decades there is still confusion about what we do and who we are. We are a charity that aims to relieve poverty and eliminate financial exclusion through provision of low cost essential household equipment, whilst protecting the environment through the 3Rs – reduce, reuse, recycle. We are committed to equality, enablement and involvement, with particular focus placed on providing opportunities to the unemployed and socially disadvantaged. Our motto is “We see value in everything, especially people”. We need to shout about what we do so that more people can access our support and those wishing to assist local charities know how they can help.

We are not alone in what we do, in fact there are Furniture Re-use Organisations all over the UK. We contribute to a sector that, every year (figures from [www.frn.org.uk](http://www.frn.org.uk)):

- Employs over 4,700 staff
- Saves over 110,000 tonnes of CO2
- Supports around 13,500 volunteers
- Provides training to around 23,000 trainees
- Helps around 1,000,000 low income households
- Diverts 103,000 tonnes of waste from landfill
- Re-uses 3,000,000 items of furniture and electrical equipment
- Saves low income households £348,000,000 on essential goods

Everyone who is part of this effort should be proud of what they do. This includes volunteers, staff, donors, supporters, funders and partners – thank you to everyone involved with our charity.

### **So how can you help?**

Donate furniture, phone 01584 877788 or visit [www.furniturescheme.co.uk/donate-receive/donate-furniture/](http://www.furniturescheme.co.uk/donate-receive/donate-furniture/)

Buy your furniture from our Renaissance centre or our Re-use centre in Ludlow

Book your meeting, party or event at one of our community centres

[www.furniturescheme.co.uk/centres/](http://www.furniturescheme.co.uk/centres/)

Donate money to help fund our work, contact [james@furniturescheme.co.uk](mailto:james@furniturescheme.co.uk) or 01584 874922

Join ‘Give as you Live’ and participating online retailers will donate money to the Furniture Scheme every time you shop [www.giveasyoulive.com/join/furniturescheme](http://www.giveasyoulive.com/join/furniturescheme)

Most importantly, if you or someone you know could benefit from our work make sure they know who we are and how to contact us [www.furniturescheme.co.uk/contact/](http://www.furniturescheme.co.uk/contact/)

## GOODBYE AND GOOD LUCK

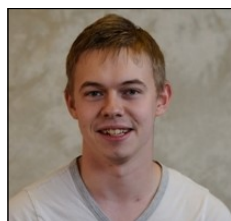
There have been a number of staff who have left to take on new roles and challenges over the last few months. We wish them all well in the future and thank them for their many years of service!



**Matt Duley** has been Systems Administrator at The Renaissance Centre. Matt started as a volunteer in the shop many years ago before becoming a member of the staff team there. Matt is moving onto a new role for a housing association.



**Julie Magill** our Customer Service Administrator at The Reuse Centre also came as a volunteer before joining the staff. Julie moved into a new role nearer to home earlier this year but very kindly came back part time to help us out recently.



**John Jones** has been a member of our customer service team at The Reuse Centre for many years and some may recall came on one of our computer recycling courses before that and stayed. John has now gone to work for a mobile phone company.

**Hannah Roche** was a general assistant at CASCA for about 12 months and has now moved to Germany!

**Calvin Brown** came to us as a volunteer at The Reuse Centre and then became a GA at CASCA. Calvin now works in the leisure industry.

**Laurence Holton** was our Saturday Assistant at The Renaissance Centre and has moved away. We hear he is now working in a charity shop in Somerset.





## Community News – By Christine Perkins – Community Engagement Worker

It must be a conspiracy; the Government has increased the speed of time without telling us!!  
Otherwise how come it's already December? Where has this year gone?  
Let's recap over the events that have taken place over the past few months.

### Garden Competition



As promised here is the full list of the winners of the very successful garden competition that took place this year – We are hoping for an even bigger competition next year- so get planning and planting!

- Best Vegetable Garden – Winner -Clare Pardoe
- Best Community Garden - Winner – Whitefriars Housing Scheme  
Runner up – Andrew Osborn
- Most Improved Garden – Winner – Sasha Butler  
Runner up- Margaret McGarity
- Best Children's Garden – Winner – Clare Pardoe
- Best Container or Hanging Basket –  
Winner – Mary Lewis  
Runner up – Cynthia Lewis  
Runner up – Andrew Osborn
- Best Flower Garden - Winner – Sasha Butler  
Runner up – Mary Lewis  
Runner up – Michael Cullen

Congratulations and well done to everyone who took part.

## **Carpentry Workshop**

At the end of August, our carpentry workshop hosted an open day. This was an opportunity for members of the public to see what happens behind the scenes, and to have a go at a very creative up cycling workshop run by Jessica Jackson of Jessica Found It cic



A huge thank you goes out to all our volunteers without which the workshop would not be able to run, and also to Travis Perkins, from whom we have received a very generous offer of new work tools.

If you would like to get your hands dirty, feel creative or want to try something new, please do get in touch with Stefan , workshop supervisor or Graham, workshop support and development worker on 01584 877706.

## **Gallows Bank Fireworks**



Another very successful Firework display took place at the end of October on Gallows Bank. It was a real partnership event between The Furniture Scheme, South Shropshire Youth Forum, West Mercia Police, Shropshire Housing Group, Shropshire County Council, Ludlow and Area youth Partnership, Ludlow Foyer project, and everyone that volunteered their time on the evening or litter picking the next day.

We had over 1000 spectators enjoying the display this year, and with donations received, through concerted bucket collections! We have raised in the region of £700 towards next year's costs. If you would like to help us with fundraising ideas/activities towards this and other events, please do get in touch with me at Rockspring Community Centre.



These monthly sessions are still proving extremely popular and an extra session was run for Ludlow College students as part of their personal and social development course.

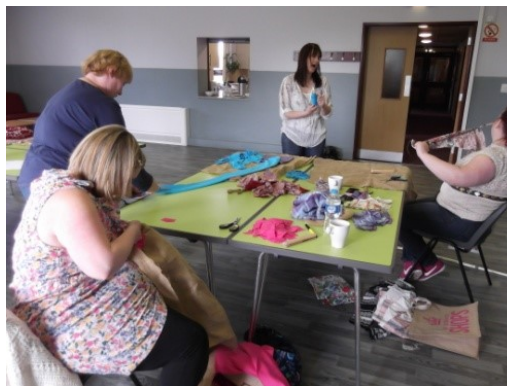
Seven students took part in preparing and cooking a meal and then all sitting down afterwards and eating it!

Margaret, our volunteer trainer, ran the session and we have received some lovely feedback from the students saying that they really enjoyed the experience and want to come back for more!

I even managed to have some of the chicken curry for my dinner, and it really was excellent. As I keep saying, it's a hard job, but somebody has to do it!!!!



We have also secured a grant from Ludlow Rotary Club under their Ludlow Rotary Cares scheme which means that we can continue to run the Lets Get Cooking session as well as introducing a regular monthly craft session starting in the new year. Details to follow shortly.



Rag Rug workshop earlier this year

## **Rockspring Community Choir**



Rockspring Community Choir continues to go from strength to strength – they have taken part in the Ludlow Fringe festival, concerts for The Parish Wives as well as Ludlow Dinham Millennium Green.

They are also helping with the first Mini Music Festival that will have taken place on 14<sup>th</sup> November at Casca – a full report will be in the next edition of the newsletter.

You will be able to see them in action on 28<sup>th</sup> November outside Ludlow Castle as part of the Christmas lights switch on, and on 10<sup>th</sup> December when they will be singing carols on Dinham Millennium Green –both require audience participation, so do come along and get into the festive mood!

Regular practices take place at Rockspring Community centre on Wednesday evenings from 7.15pm – and everyone is welcome to attend.

The choir is looking into the feasibility of a Junior Choir – age 12 to 16 years of age, so if you know of anyone who would be interested in joining, please get in touch with me.

## **Rockspring Community Garden and Tool Hire**

After another very successful year, the community garden is slowly being put to bed, but we still are harvesting crops of Brussel sprouts, Leeks and Jerusalem artichokes.

The Brussel sprouts will be in use in the Christmas Community Lunch that is taking place on 17<sup>th</sup> December – places are limited so booking is essential.

Community Garden Tool hire – during the winter months, maintenance of the machines will take place, anticipating use during next years growing season!





On Wednesday mornings at Casca, there is a Knit and Natter session, and when asked if they would knit some remembrance poppies, they rose to the challenge. Thanks to their sterling efforts they have raised £100 towards the British Legion Poppy appeal. Many thanks for all your hard work Ladies., the results were magnificent!





## LETTERS OF THANKS

" ... thank you most sincerely for helping us transport chairs to and from Oakly Park for our event there last Sunday ... your support and that of your staff made everything very straight forward ... Simon Magill and his team were extremely efficient on turning up bang on time and effecting the transfer with a minimum of fuss. The vans were ideal and the organisation of your staff was impressive.

From The Conservation Trust for St Laurence, Ludlow.

Having recently used your handyman service I would like to congratulate you on the scheme. The work was well done the workers cheerful, polite and hardworking and they did a very good job on both occasions . It is difficult to find people to do these types of jobs, there is very little advertising and letting strangers into the house is always risky for the elderly but having the local connection and being a charity is reassuring. I would not hesitate to recommend the service to anyone I cannot praise it highly enough and at a very reasonable, almost too reasonable price. I wish you the very best of luck with it in the future.

From a Handyman Service Customer

Dear Maria and Ali,

On behalf of Marches Embroiderers' I would like to thank you for all your help when we hosted the West Midlands Region Embroiderers' Guild AGM in the Shropshire Room at CasCA last Saturday.

Everything was already laid out as previously agreed and any requests for help with use of equipment were promptly dealt with by Ali. In fact, nothing was too much trouble.

Our visitors went home feeling well looked after, and Marches Embroiderers', who use the building on a regular basis were very pleased everything ran so smoothly. We are one of the smallest branches in our Region, so it was quite an event for us to organise and host with relatively few people. However, we feel very fortunate to have CasCA as our regular venue, and Ali's organisational skills and assistance on the day were very much appreciated.

From Marches Embroiderers' Chairman

With our thanks especially to Ben Jenkins for his caring support over the booking arrangements.

Ludlow Defib 4 You



## **ROB GARDNER - Caretaker**

I have worked at the Rockspring for around 13 years I have seen a lot of changes.

I started working part time it was not with the Furniture Scheme then, as it was part time I took my Child Care NVQ level 2. In fact I used to look after Ben Jenkins who is now in reception doing his apprenticeship.

When the furniture Scheme took over Rockspring they kept me on as I was employed by the council (I was taken on by FS after a time) now I am full time and go to a lot of sites including the warehouse CasCA, Renaissance and carpentry, I also do handyman service . I also work for Sure start and for the Baptist Church which are in the same building They have also helped me with driving lessons also I have done training i.e. ladder, fire marshal, asbestos, first aid and manual handling.

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## **Ludlow Baptist Church**

Ludlow Baptist Church meets at the Rockspring Community Centre every Sunday morning starting at 10.30am.

We are an all-age local church made up of people from a wide spectrum of life.

We seek to teach, understand and follow the whole message of the Bible, showing us how to be reconnected with God, which is the most vital need for everyone in our modern world.

Our desire is to share this message beyond our immediate locality and we have a heart for this nation and other nations beyond our own.

Below is a visitor's comment made by some holiday makers:

"It was a joy to join you in worship recently and we very much appreciated the warm welcome. We found the worship both sincere and enthusiastic and we were really blessed by the prayer time. It was great to see that you are systematically teaching God's word. It was great to have fellowship with you all and we pray that you will know much blessing in future days. (Alan, Kathleen and Joy, June 2015)

Website address: <http://ludlow.churchinsight.com>

Simon Lambourne, Minister, Ludlow Baptist Church  
Rockspring Centre, Sandford Road, Ludlow SY8 1SX  
01584 874076



## RE-USE CENTRE, WEEPING CROSS LANE

**TO DONATE FURNITURE PLEASE TELEPHONE: 01584 877788**

The Re-use Centre has a wide range of household items from washing machines and cookers, refrigerators, tables, chairs, sofas, lamps, beds, mattresses, crockery etc at reasonable prices and is **open to the general public**, not just people on benefits.

**The Re-use Centre is open: Monday—Friday 10am—4pm & Saturday 10am—2pm  
Do call in and have a browse, all welcome!**

# Don't Dump it, Donate it.

**Donating furniture to the Furniture Scheme is easy and it goes a long way  
towards helping your community.**

*Here are some of the items we accept:*

### Electrical

Fridges  
Cookers  
Vacuum cleaners  
Washing machines  
Freezers  
Irons  
Toasters  
Microwaves  
Lamps  
Televisions  
Stereos

### Kitchen & Household

Saucepans  
Crockery  
Cutlery  
Waste bins  
Washing up bowls  
Baking tins  
Ironing boards  
Tables  
Chairs  
Clocks  
Freestanding cupboards  
sideboards

### Living

Settees/sofas  
Armchairs  
Coffee tables  
TV stands  
Fireguards  
Mirrors  
Pictures  
Rugs  
Books

### Bedroom

Beds  
Chest of drawers  
Wardrobes  
Bedside cabinets  
Sheets  
Pillowcases  
Duvets  
Blankets  
Curtains

**There are 3 things to remember before you get started:**

**1** We pick-up  
Mon-Thurs  
9am-4pm

**MON  
TO  
THURS**

\* We will contact you to  
confirm your donation

**2** Your item must be  
in good condition

**3** This must be  
on your sofa\*

\* If you're donating a sofa!

**To Donate: Please Call 01584 877788  
or go to [www.furniturescheme.co.uk](http://www.furniturescheme.co.uk)  
Open: Monday—Friday 10am—4pm; Saturday 10am—2pm**

**We can now take clothes and jewellery donations!**



## THE RENAISSANCE CENTRE

**The Renaissance Centre** provides 'reborn' items for the household. Donated items are imaginatively rejuvenated to a condition worthy of resale.

**The Book Shop** selling good quality good value books and a wide selection of rare books and 1st editions. Paperback fiction is always needed as well as interesting non-fiction and quality children's books.

**The Flea Market!** this is a great opportunity for vendors of antiques, collectables, upcycled items and handmade objects. From 29th March it will be open on Sundays 10am—4pm.

The Renaissance Centre is open Monday—Saturday 9.30am—5pm.

For more information telephone 01584 877751

## CARPENTRY WORKSHOP

Did you know our Carpentry Workshop team can carry out competitively priced repairs and restoration to your furniture?

We also make bird boxes, bee boxes and house name plaques.

For more information contact the team on 01584 877706.



Reviive in Shrewsbury



Unit 4, Knights Park, Battlefield Enterprise Park,  
Shrewsbury SY1 3AB

**Open:** Monday to Friday 9am—5pm,  
Saturday 10am—5pm, Sunday 10am—4pm

**Tel:** 01743 588458 or 01743 442642  
info@reviive.co.uk

Reviive is a community interest company and is a partnership between the Furniture Scheme and the Shropshire Housing Alliance. Both charities are committed to relieving poverty and protecting the environment and supporting a range of people in need, including victims of domestic violence, families living in poverty through unemployment and those excluded through disadvantage.

Reviive stores can be found in Shrewsbury, Oswestry, Telford and Chester for addresses see back page or for more information see their website [www.reviive.co.uk](http://www.reviive.co.uk)

# rockspring community centre



## WHAT'S ON AT ROCKSPRING

Day	Activity	Time	Cost	Other Notes
Monday	Baptist Church Lunch Club 2 <sup>nd</sup> Monday of the month	12 noon – 2pm	£2.50	
Tuesday	Basic Flower Arranging	10am – 12pm	DONATION	Every two weeks
	FREE IT Drop in support	10am – 12pm	FREE	Every week
Wednesday	Tai-Chi	10am – 12 noon		Susan: 01584 874296
	Rockspring Community Choir	7.15pm – 8.45pm	£3 sub	Chris: 01584 874922
Thursday	Drop in – staff on hand from the Multi Agency Team, Benefits Advisor, Community Housing Officer, IT help with emails, word processing, file management etc	10.30 -12.00pm	FREE	
	<b>LUNCH</b> – it's either homemade soup, jacket potato, cottage pie, sausage & mash or pasta etc! and cake – all welcome! Lunch is <b>FREE</b> for Community Garden volunteers.	12.15pm	£1.50	
Friday				
Saturday	Marches Polio Group – 2nd Saturday every month (except Dec & Jan) – bring and share lunch	12pm - 3pm		Dorothy Crook: 07890 972011

**Ludlow Churches** provide Emergency Food Parcels (by referral only through Housing Officer or Citizens Advice Bureau at Ludlow Youth Centre, Lower Galdeford, Ludlow Tel: 08444 99 11 00 ) these can be collected: Monday, Wednesdays, Thursdays & Fridays 11am – 1pm.

**Rockspring Community Garden** – run by volunteers for the community. To offer help contact: Chris Perkins - 01584 874922

**Community Directory**, information on health and care services available to people living in the Southern Shropshire area. Contact: Elaine Duggan 01584 874922 or 07896642018 Email: elaine@furniturescheme.co.uk

November 2015

**Sandford Road, Ludlow, Shropshire SY8 1SX**  
[rockspring@furniturescheme.co.uk](mailto:rockspring@furniturescheme.co.uk) [www.furniturescheme.co.uk](http://www.furniturescheme.co.uk)

**01584  
874922**





Community Garden

## ROCKSPRING THURSDAYS

Access tenancy support and benefit advice with Sue Wilson from Sustain and Emily Oswald from Bromford Housing every Thursday between 10am and 12pm, this is available to all, private tenants, home owners and Housing Association tenants.

**IT help and support** is available from 9.30am to 12pm learn how to use the internet, apply for jobs online, sending emails etc.

**At 12.15pm** we have a **Community Lunch** which only costs **£1.50**—it's either jacket potato, cottage pie, sausage & mash/chips, chicken pie or spaghetti bolognese (requests welcome within reason!) and slice of home made cake. Everyone welcome, no need to book, but if you are vegetarian it would be useful to know. See our website or call in to find out what the dish of the week is: [www.furniturescheme.co.uk](http://www.furniturescheme.co.uk)

**Credit Union** is available between 1pm and 4pm.

During the summer months volunteers are welcome to come and work in the Community Garden between 10am and 4pm. **All garden volunteers will have lunch for FREE.**



### ROCKSPRING COMMUNITY CENTRE

#### HIRE PRICES



RATE PER HOUR OR PART THEREOF	WEEKDAYS 9AM-5PM	WEEKDAYS 5PM-9PM	SATURDAYS 9AM-5PM	SATURDAYS 5PM-9PM
COMMUNITY GROUPS MAIN HALL - SEATS 60	£8.00	£12.00	£12.00	£15.00
PRIVATE HIRE MAIN HALL - SEATS 60	£10.00	£15.00	£15.00	£20.00
COMMUNITY GROUPS TEME - SEATS 20 - 25	£7.00	£10.00	£10.00	£14.00
PRIVATE HIRE TEME - SEATS 20 - 25	£9.00	£13.00	£13.00	£18.00
COMMUNITY GROUPS CORVE - SEATS 10 - 12	£6.00	£9.00	£9.00	£12.00
PRIVATE HIRE CORVE - SEATS 10 - 12	£7.00	£10.00	£10.00	£14.00

Payment in advance is requested for all private parties.

Please note, the centre is not licensed to sell alcohol.

To book a room or for more information contact: 01584 874922 or email [rockspring@furniturescheme.co.uk](mailto:rockspring@furniturescheme.co.uk)



## Youth Forum

Every November South Shropshire Youth Forum (SSYF) hold its annual general meeting. It's a time to report on the work we have been doing over the past 12-18 months and it's also a time to reflect on all the things we are doing.

SSYF's work in Ludlow has been extremely successful over the 2014/15 period. We delivered the second year of the Rockspring garden project, continued to work with Rockspring Youth Forum on the development of

the Skate park at the REC and the bike track on Gallows Bank. We also provided a Leader-in-charge for the Rockspring Playscheme. We delivered a street project in the area and in the town to ensure that young people are not causing too much of a disturbance but more importantly are being safe. A free weekly youth club is starting up again from November for years 4-8 on a Tuesday at the Rockspring Centre from 3.30-5pm.

A summary of our activities across South Shropshire include:

- This last year 14 local residents directly benefited from the work being done by the Rockspring garden project with 26 young people taking part in all activities. 9 young people were trained in first aid for the project. The demand for help far out ways our capacity, so if you have sent in a referral form we will be in touch!
- Homework club – 12 young people aged 8-13 attended over the period Sept 2014 – January 2015. Youth club has restarted every Tuesday in term time at the Rockspring centre from 3.30-5pm for the same age group.
- Playscheme – over 20 young people aged 8-13 took part in art sessions, bushcraft, sports games, activities at the Assembly rooms and outdoor activities.
- Rockspring Youth Forum – over 6 young people and 30+ members of the community helped to fundraise for the garden project – practical sessions on the REC and Gallows Bank were delivered by over 20 young people aged 9-19

1 young person was nominated for a West Mercia Police Young Active Citizen Award for services to their community through their involvement in Rockspring Youth Forum activities. This individual has also set up their own garden enterprise scheme and helps with the aftercare of gardens maintained on the garden project.

An average of 20-30 young people per week were engaged with on the street/detached project during the period April and October 2014.

In August we started a new fishing project with 6 young people taking part in the first session.

Not bad for a small charity such as ours and even more impressive when you consider we do equally as much in the Church Stretton, Craven Arms and Cleobury Mortimer areas. We couldn't do it without the support of organisations like the Furniture Scheme who continue to support the work that we do.

We still need help! If you are interested in helping the Youth Forum, either by getting directly

involved with activities or if you think you could help behind the scenes then please contact the Rockspring centre and book an appointment with us. There are loads of things we need help with from fundraising to youth work.

Richard Morley - SSYF



### Rockspring Community Choir

Wednesday Evenings 7.15pm—8.45pm—Rockspring Community Centre  
£3.00 a week subs

We have capacity for more members, so if you like singing why not come along for a taster session this Wednesday?

Music/Song sheets are provided, so all you need to bring is yourself!

A warm welcome awaits

For more information contact Chris on 01584 874922 or [chrisp@furniturescheme.co.uk](mailto:chrisp@furniturescheme.co.uk)



*Outdoor  
Carols By Candlelight  
On Ludlow's  
Dinham  
Millennium Green  
7.00pm - 8.15pm  
Thursday 10th December  
Come along and sing With  
Rockspring Community Choir  
All Welcome  
Bring a Torch/Lantern—Carol sheets provided  
Refreshments in the form of  
Mince Pies and Mulled Wine  
Available  
Any Collected donations to  
Severn Hospice  
For further information please contact  
01584 874922*







## Shropshire Highland Challenge 14th June 2015



On Sunday 14th June this year I completed the Shropshire Highland Challenge, and a challenge it was! I cycled 68.5 miles of picturesque, very steep and demanding Shropshire Hills. All for a good cause, Macmillan Cancer Support. This was particularly poignant as my friend Dawn was receiving treatment for her cancer at the time. My personal trainer was Dave Grace, a known keen cyclist and regular user of the library at CasCA who I approached one Wednesday afternoon and who took on the role of being my mentor with great enthusiasm. Furthermore, I was introduced to his son Steve and well lets just say the rest is history!!!!



Dave Grace, Jackie Bowen & Steve Grace.



Dawn Walker & Jackie Bowen



## University of Worcester Academic Scholarship Award 2015



On Tuesday 20th October this year I was presented with an Academic Scholarship Award from the University of Worcester by Professor David Green, Vice Chancellor and Chief Executive of Worcester University. This scholarship was awarded to me in recognition of my excellent academic achievements during the 2014/2015 Academic Year. The scholarship is tenable for one year and is worth £1000. I am currently studying a BA (Hon) in Sociology, this a three year full time degree that wouldn't be possible without the support of my partner, daughters, family and CasCA who very kindly allow me to work around my modules.



### ACADEMIC SCHOLARSHIP AWARD

*Jacqueline Bowen*  
In recognition of your Academic Scholarship Award

20 October 2015

*David Green*  
Professor David Green  
Vice Chancellor and Chief Executive

*Kevin Pickess*  
Kevin Pickess  
Academic Registrar





## Reader in Residence

Craven Arms library is delighted to have been chosen by arts council England to host reader in residence Deborah Alma otherwise known as the emergency poet. This is an exciting opportunity for the local community to take part in a number of different events over the coming months, for further details please contact [library@furniturescheme.co.uk](mailto:library@furniturescheme.co.uk)

'West Midlands Readers Network is delighted to have secured funding from Arts Council England for our reader-in--residence programme. The aim is to place a practitioner in a host library in order for them to initiate and test out new ways of engaging readers. We are very happy to have appointed Deb Alma aka The Emergency Poet to work with Craven Arms library to develop a really exciting programme of activity over the autumn and winter months. Look out for special reading events, work with local schools and even the launch of a new writing group. This residency is sure to be something very special.'

More sessions planned for the new year on 21st January and 18th February 2016.

## Café @ CasCA

## Menu

Full menu available Monday, Tuesday, Wednesday 10am-2pm

### Sandwiches £3.00 / Panini's £3.50

- ♦ Egg & Cress ♦ Ham Salad ♦ B.L.T
- ♦ Cheese & Onion ♦ Cheese & Pickle ♦ Tuna Mayo
- ♦ Bacon, Brie & Cranberry £3.60 ♦ Cheese & tomato
- ♦ Bacon Butty £2.50 ♦ Tuna Salad
- All Sandwiches/ Panini are served with a fresh seasonal side salad and crisps.*

### Jacket Potatoes £2.50 with one filling

- ♦ Cheese ♦ Beans
- ♦ Tuna, Sweetcorn & Mayonnaise ♦ Homemade Chilli
- 50p per extra filling*

### Toasties £2.50

- ♦ Ham ♦ Ham & Cheese ♦ Cheese & Pickle
- ♦ Cheese & Tomato

All items prepared fresh on order



## Menu



### Cakes £1.50 per slice

- ♦ Victoria Sponge ♦ Coffee & Walnut
- ♦ Chilli & Chocolate ♦ Lemon Curd

### Hot Snacks £1.50

- ♦ Egg on Toast ♦ Beans on Toast
- ♦ Cheese on toast ♦ burger
- ♦ Cheeseburger

### Snacks

- ♦ Flapjacks 50p
- ♦ Packet of Crisps 60p ♦ Chocolate Bar 30p

### Drinks

- ♦ Selection of Coffee £1.50
- ♦ Tea £1.00
- ♦ Hot Chocolate £1.50
- ♦ Cans 80p

Craven Arms Community  
Centre, Newington Way,  
Craven Arms, Shropshire,  
SY7 9PS

T: 01588 672847







The **Library** at CasCA, opening hours are Monday to Thursday 9am – 9.30pm, Friday 9am – 7.30pm & Saturday 9am – 12 noon.

**Craven Arms and District History Group** are based here on Friday mornings 10am–1pm, just drop in to view parish records, old photographs, maps, documents etc. For more information contact: Russell Jones 01584 861547

**Cafe @ CasCA**—on Monday, Tuesday & Wednesdays 10am – 2pm, offering sandwiches, Panini's, cakes and more! See menu on page 26.

**Children's Party Packages** are available, see our website for more details or call into the Centre and pick up a leaflet.

We have a **Bouncy Castle** which we hire out for parties held at the Centre.

## WALK IN WEDNESDAYS AT CasCA 9am–12 noon

Support team from Sustain Consortium (Main office based at The Gateway)



Helen & Sue at the Drop-in

Drop in and meet members of the team, who will be available between 9am and 12 noon every Wednesday morning at Craven Arms Community Centre, to help with Housing issues, Debt related problems, Benefit advice.

It may be as simple as helping someone make a phone call, or if long term support is needed, this can be arranged. If the Team do not know the answer, they can refer onto other Agencies that do! The service is free, confidential and open to everyone living in Craven Arms and surrounding area.

**COMMUNITY LUNCH** at 12.15pm it's either jacket potato, cottage pie, sausage & mash or spaghetti bolognese followed by a slice of cake for only **£2.50**.

**KNIT AND NATTER** bring your knitting and have a cuppa while having a natter!

**FREE IT** support also available.



Day	Activity	Time	Cost	Other Notes
Monday	Art Group	1.00pm – 3.00		Call 07891106669
	KFA Karate	5.30 - 6.30pm		All Ages Tony – 07773 506468
	CA Men's Chorus	7.30 - 9.00pm		Not in Jan or Aug
Monday- Friday	Craven Arms Childcare & Pre School	9am – 3pm – flexible hours		Birth to 11yrs Wendy 07891106339

Tuesday	Indoor Bowls	2.00 - 4.30pm	£3.00	October – March ONLY

Wednesday	Knit & Natter	10.00am – 12.00 noon	FREE	
	Support from Sustain Consortium / Housing support	9.00am - 12.00pm	FREE	Pop in for tea/cake and a natter.
	Basic IT skills	10am – 1pm	FREE	Adrian
	Community Lunch	12.15pm	£2.50	Hot meal and slice of cake
	Tea Dance	2.00 - 4.00pm	£2.50	2 <sup>nd</sup> & 4 <sup>th</sup> Wednesday
	Junior Football 8 – 9yrs	5.30 – 6.30pm		Dave Rowley 07976 241 463
	Slimming World	5.30pm and 7.30pm	£4.95	Alan - 01584 874430
	Corvedale Badminton	8.15 – 10.00pm		

Thursday	Rhyme Time – under 5's	1.30pm – 2pm	FREE	Last Thur of month
	Gymnastics 3-16yrs	3.45 – 6pm	£3.00	07769151649
	Taekwon-Do	6.00 - 7.00pm	Sue Lloyd	01743 761 818
	Marches Branch Embroiderers Guild	7.00pm – 9.30pm	£1.50 (member) £5.00 (visitors)	1 <sup>st</sup> Thursday of the month

Friday	Local History Group	9.30am – 12pm	FREE	
	CASBA Samba Drumming	4.15pm – 5.45pm	Children £1.50 Adults £3	Carol: 01588 672640
	Flames Netball	4.30 - 5.30pm 5.30 - 6.30pm		U 11's 01584 U 16's 841231

Saturday	Marches Family Network	10.30am – 3.00pm		Once a month
	Empathy	2.00 - 4.00pm		Every Other Saturday

Badminton and Volleyball are available every day and evening upon request Tennis: £8.00 per Court

Badminton: £8.00 Per Court. Volleyball: £8.00 Per Court. CALL 01588 672847

**NOVEMBER 2015**

## HIRE CHARGES FOR CasCA



Room		Corporate per hour	Community per hour	Youth per hour
Welsh Mountain (Sports Hall)	350 Theatre Style 200 Boardroom style	£30.00	£20.00	£15.00
Badminton Court		-	£8.00	-
Bowls per individual		-	£2.60	-
Children's party hire		-	£15.00	-
Shropshire	200 Standing/Theatre 170 seated	£25.00	£17.50	£15.00
Plowden	50 Theatre Style 30 Boardroom Style	£16.00	£12.00	-
Clun	20 Theatre Style 10 Board Room	£10.00	£5.00	-
Kerry	30 Theatre Style 15 Board Room Style	£13.00	£10.00	-
Playroom/pre-school		£13.00	£10.00	£6.00
Pavillion		£15.00	£10.00	£5.00
Small Office			£7.50	
Kitchen		£15.00	£7.50	
Badminton/Tennis/Table		£8.00		
Tennis/Volley Ball				
Bowls per individual		£3.00		
Tea Dance per individual		£2.50		
Art Group per individual		£1.50		
Children's Party Hire		Weekdays £15.00	Weekends £20.00	Bouncy Castle and room hire 3 hrs £100.00
Conference Hire (full use of building)		£1000 per day	£500 per day	

August 2014

## "Memories are made of this Cafe"

With the help of People to People, we have set up a free monthly cafe, designed as a place that anyone can come too, but aimed at those who suffer from memory associated problems, and their carers.

Help and advice is available as well as somewhere to make friends and talk about the issues that looking after someone with memory loss can bring.

As well as free tea/ coffee and a piece of cake, an activity takes place that everyone can take part in. We have enjoyed singing and looking at reminiscence boxes supplied by Lifegoesoncic

The Cafe has only been running for a few months and new ideas come about after every session, so do put the date and time in your diary. We look forward to seeing you soon.

"Memories are made of this Cafe"

**The First Thursday of the month from 10.30am until 12 noon**

**Craven Arms Community Centre ( Casca)**

facebook



## FIND US ON TWITTER & LIKE US ON FACEBOOK !

The Furniture Scheme, Rockspring Community-Centre and CasCA are on Facebook and we welcome anyone who would like to be our friend or like our page!

The Furniture Scheme is also on Twitter which we try to keep regularly updated. Find us at : [www.twitter.com/furniturescheme](http://www.twitter.com/furniturescheme)

Also visit our website for more information about The Furniture Scheme and up to date news [www.furniturescheme.co.uk](http://www.furniturescheme.co.uk)

## VOLUNTEER TRAINING OPPORTUNITIES

There are plenty of volunteer training opportunities in customer services, retail, warehousing and carpentry, these are great opportunities for developing employability skills in a workplace environment and giving something back to the local community.

For more information contact: Di Hyde 01584 877751

## IT Support @ Rockspring & CasCA

You can hardly cross the road these days without needing to be able use a computer. Accessing Government and Local Council services – it's called Digital by Default

At Rockspring and CasCA we offer free support and training to help do many of the things you want to do with the computer in a relaxed and jargon-free atmosphere. People have even said "it's fun"!

Help setting up an email account, preparing a CV, learning to use a Word Processor, finding information. Advice on On-Line Security, help with tablets and E-Book readers (up to a point). You learn in small groups with a patient tutor.

And did we mention that it's free? And fun?

## **SOUTH SHROPSHIRE CARE INFORMATION PROVIDER (SSCIP) COMMUNITY DIRECTORY**

If anyone would like information on where to access a support group or information on a health or care related issue, please contact Elaine Duggan on **01584 874922** Monday – Friday 9am – 5pm, or call into Rockspring Community Centre. Alternatively you can access the Community Directory at: [www.shropshire.gov.uk/community-directory](http://www.shropshire.gov.uk/community-directory)

If you know of a group which is not on there and you feel should be, please let me know. Email: [elaine@furniturescheme.co.uk](mailto:elaine@furniturescheme.co.uk)



## The staff and where they work

### **Rockspring Community Centre, Sandford Road, Ludlow SY8 ISX Tel: 01584 874922**

Jean Jarvis MBE—Chief Executive  
 Rosemary Collie—Social Enterprise Advisor  
 James Cooper—General Manager  
 Gill Pitt—HR Training & Development Manager  
 Elaine Duggan—Community Directory & Marketing  
 Kristine Squires—Administration Assistant/Reception (Wed & Fri)  
 Ben Jenkins—Reception/General Assistant (Mon—Thurs)  
 Christine Perkins—Community Engagement Worker  
 Adrian Copley—IT Technician & Tutor (Thurs)  
 Lynda Hoad—Finance Officer  
 Amy Morling—Management Team Support/Fuse  
 Rob Gardner—Caretaker

[jean@furniturescheme.co.uk](mailto:jean@furniturescheme.co.uk)  
[rosemary@furniturescheme.co.uk](mailto:rosemary@furniturescheme.co.uk)  
[james@furniturescheme.co.uk](mailto:james@furniturescheme.co.uk)  
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[amy@furniturescheme.co.uk](mailto:amy@furniturescheme.co.uk)  
[rob@furniturescheme.co.uk](mailto:rob@furniturescheme.co.uk)

### **Renaissance Centre, 7-8 Tower Street, Ludlow SY8 IRL Tel: 01584 877751**

Di Hyde—Work Placement Officer  
 Paul Francis—Statistics Officer  
 Richard Carpenter—Renaissance Centre Co-ordinator

[diane@furniturescheme.co.uk](mailto:diane@furniturescheme.co.uk)  
[paul@furniturescheme.co.uk](mailto:paul@furniturescheme.co.uk)  
[richard@furniturescheme.co.uk](mailto:richard@furniturescheme.co.uk)

### **Carpentry Workshop, Ludlow Mascall Centre, Friars Walk, Ludlow SY8 IRZ Tel: 01584 877706**

Stefan Laird—Workshop Supervisor  
 Graham Lambourn—Volunteer Support Worker

[carpentry@furniturescheme.co.uk](mailto:carpentry@furniturescheme.co.uk)

### **Re-use Centre, Weeping Cross Lane, Ludlow SY8 IJH Tel: 01584 877788**

Simon Magill—Re-use Centre Manager  
 Gina Whittingham—Customer Services Administrator  
 Tim Stevens—Van Driver  
 Kevin Jones—Van Driver/Recycling Officer  
 Kevin Gubbins—Van Driver  
 Chris Marston—General Assistant  
 Stuart James—General Assistant

[simon@furniturescheme.co.uk](mailto:simon@furniturescheme.co.uk)  
[gina@furniturescheme.co.uk](mailto:gina@furniturescheme.co.uk)  
[kevinj@furniturescheme.co.uk](mailto:kevinj@furniturescheme.co.uk)

### **CasCA (Community arts sports Craven Arms), Newington Way, Craven Arms SY7 9PS**

**Tel: 01588 672847 Email: [casca@furniturescheme.co.uk](mailto:casca@furniturescheme.co.uk)**

Maria Darcy, Community Centres Development Manager  
 Alison Kennedy—CasCA Supervisor  
 Richard Handley—General Assistant  
 Jackie Wright—Finance Administrator  
 Marion Bailey—Domestic Assistant  
 Marilyn de Warrenne—Catering General Assistant

[maria@furniturescheme.co.uk](mailto:maria@furniturescheme.co.uk)  
 Lorna Odour—General Assistant  
 Adrian Copley—IT Tutor/Technician (Wed)  
 Alexis Seaborne—General Assistant  
 Jade Watson—Domestic Assistant

### **Clean Cut Services— [www.cleancutservices.co.uk](http://www.cleancutservices.co.uk) [info@cleancutservices.co.uk](mailto:info@cleancutservices.co.uk)**

Michael Bolton, Business Development Manager 07816 510250 Gareth Roderick, Project Leader 07816 510272

Ian Bossons—Manager of The Longford Centre & Northfield Centre

**The Longford Centre**, Longford Road, Cannock, Staffordshire WS11 1QN [info@longfordcentre.co.uk](mailto:info@longfordcentre.co.uk)

Tel: 01543 571157 [www.longfordcentre.co.uk](http://www.longfordcentre.co.uk)

**The Northfield Centre**, Magnolia Avenue, Stone Road, Stafford ST16 3DU [info@northfieldcentre.co.uk](mailto:info@northfieldcentre.co.uk)

Tel: 01785 248 733 [www.northfieldvillage.co.uk](http://www.northfieldvillage.co.uk)

### **DIRECTORS**

Chris Boote Julian Price—Co-opted  
 Clare Ratcliff Steve Price Chris Horton—Company Secretary

**Reviive, Unit 4, Knights Park, Battlefield Enterprise Park, Shrewsbury SY1 3AB Tel 01743 588458**

**Reviive, Trench Road, Telford TF2 8AA Tel: 01952 217300**

**Reviive, Sovereign Way, Chester CH1 4QJ Tel: 01244 297396**

**Reviive, Unit 1 Mile Oak Industrial Estate, Maesbury Rd, Oswestry SY10 8GA Tel: 01691 679817**