



Day	Activity	Time	Cost	Other Notes
Monday	Art Group	1.00pm – 3.00		Call 07891106669
	CA Men's Chorus	7.30 - 9.00pm		Not in Jan or Aug
Monday- Friday	Craven Arms Childcare & Pre School	9am – 3pm – flexible hours		Birth to 11yrs Wendy 07891106339

Tuesday	Indoor Bowls	2.00 - 4pm	£3.00	October – March ONLY
	Kick Boxing	5pm – 6pm		price300@googlemail.com
	Youth Forum Football	6 – 7pm	FREE	Rich Morley

Wednesday	MumMe Fitness	9.10 – 10am		nina@futurefamilyfitness.co.uk
	Knit & Natter	10.00am – 12.00 noon	FREE	
	Yoga	11am – 12.30pm		01694 724317
	Community Lunch	12.15pm	£3	Meal and slice of cake
	Tea Dance	2.00 - 4.00pm	£2.50	2 nd & 4 th Wednesday
	C/A Football (under 11)	5.30 – 6.30pm		Dave 07976241463
	Slimming World	5.30pm and 7.30pm	£4.95	Alan - 01584 874430
	Zumba Fitness Class	7.00pm - 8.00pm	£5	07740835673
	Corvedale Badminton	8.00pm – 9.30pm		

Thursday	Gymnastics 3-16yrs	3pm – 6pm		07769151649
	Adult Gym	6.15pm – 7.15pm		ssgymnasticclub@btinternet.com
	Yoga with Lec	6.15p – 7.30pm		lecandyoga@hotmail.com
	Marches Branch Embroiderers Guild	1.30pm – 4pm	£1.50 (member) £5.00 (visitors)	3 rd Thursday of the month marhcesembrodierers@hotmail.co.uk

Friday				
	Craven Arms Samba Circle	4.15pm – 5.45pm	Children £1.50 Adults £3	Carol: 01588 672640
	Flames Netball	4.30 - 5.30pm 5.30 - 6.30pm	Term time only	U 11's 01584 U 16's 841231

Saturday	Empathy	2.00 - 4.00pm		Every Other Saturday

Badminton and Volleyball are available every day and evening upon request Tennis: £8.00 per Court

Badminton: £8.00 Per Court. Volleyball: £8.00 Per Court. CALL 01588 672847

November 2017