

SUMMER 2018 JUNE/JULY/AUGUST

READ IT AND PASS IT ON PLEASE

Furniture Scheme News!

FREE - PLEASE TAKE A COPY



Ludlow Civic Award Ceremony see page 12

The Furniture Scheme is multi-faceted and at the core of our activities is supporting local people and developing their full potential. At all of our facilities we provide numerous volunteer opportunities, ranging from retailing to working in our community garden. We provide a safe and caring environment where people are respected, encouraged and

Our sites include two community centres, Rockspring in Ludlow and CASCA in Craven Arms, Craven Arms Charity Bookshop, Renaissance in Ludlow, The Reuse Centre in Weeping cross Lane and our Carpentry Workshop at The Ludlow Mascall Centre.

We work hard to achieve our three primary objectives of improving peoples life chances, strengthening communities and increasing environmental sustainability.

Picture above—Front left to right: James Cooper, Jean Jarvis MBE, Terry Round, Diane Hyde, behind left to right: Graham Lambourn and Stefan Laird.

SNAPSHOT OF THE FURNITURE SCHEME What happens where...

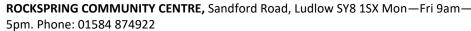
WAREHOUSE, Weeping Cross Lane, Ludlow SY8 1JH Mon, Tue, Thur & Fri 9.30am—3.30pm, Wed 9.30am—1.30pm, Sat 10am—2pm **Phone: 01584 877788 for furniture donations**

- ⇒ Trading site
- ⇒ Computer recycling workshop
- ⇒ Wood & Metal recycling facility
- ⇒ Bulky waste base
- ⇒ Bicycle refurbishment
- ⇒ Volunteering and placement opportunities
- ⇒ Donation point
- ⇒ Two vans based here
- ⇒ Recycling Banks for textiles, wood & metal

RENAISSANCE, 7-8 Tower Street, Ludlow SY8 1RL Mon—Sat 9.30am—5pm.

Phone: 01584 877751

- ⇒ Trading site
- ⇒ Bookshop and vinyl records
- ⇒ Art —selling local art
- ⇒ Information Board
- ⇒ Volunteering and placement opportunities
- ⇒ Household battery recycling point
- \Rightarrow Donation point



- ⇒ Head office
- ⇒ Volunteering and placement opportunities
- \Rightarrow Rooms for hire
- ⇒ Events and activities
- ⇒ Donation point for clothing, textiles, books etc
- ⇒ Community Garden

FRIARS WALK, Ludlow Mascall Centre, Ludlow SY8 1RZ

- ⇒ Carpentry workshop
- ⇒ Furniture restoration
- ⇒ Training facility
- ⇒ Training, volunteer and placement opportunities available

CasCA, Newington Way, Craven Arms SY7 9PS

Mon—Wed 9am—10pm, Thur & Fri 9am—9pm, - by arrangement at other times. Phone: 01588 672847

- ⇒ Volunteering and placement opportunities
- ⇒ Rooms for hire
- ⇒ Events and activities
- ⇒ Donation point for clothing, textiles, books etc

THE CHARITY BOOKSHOP, Unit 2 Drover's House, Auction Yard, Craven Arms SY7 9BZ Open: Mon—Fri 9.30am – 4.30pm and Sat 9.30am – 1pm. Phone: 01588 673902

- ⇒ Trading site
- ⇒ Donation of books, jigsaw puzzels, CDs and DVDs















Volunteer News

Di Hyde-Volunteer Co-ordinator

Di Hyde—Volunteer Co-ordinator 01584 877751 diane@furnitureshcme.co.uk

We continue to receive invaluable support across our sites from our dedicated Volunteers. There are, however, many opportunities still available particularly in our Warehouse, Carpentry Workshop and Craven Arms Community Centre. Whatever your interest we can find you a niche here at The Furniture Scheme.

You may need help to develop new skills, help with job search updating your C.V. or you may want to make new friends whilst giving your time supporting your local community.

If you would like an informal chat about availability please contact either myself or Justin Griffiths (details below) by phone or email. Whatever time and help you can give will be very much appreciated.

Week commencing 1st June 2017 sees the start of National Volunteer Week. This gives our organisation a good opportunity to thank our current volunteers and hopefully encourage new interest.

This year in July (weather permitting) we will be holding our annual volunteers BBQ at our Rockspring Community Centre, volunteers from all our sites are invited so there is a great opportunity for 'comparing notes', forging new friendships and generally having a lovely time.

Justin Griffiths phone 01584 874922 email: justin.griffiths@furniturescheme.co.uk





Would you like to get back into work after a lengthy absence? Are you currently looking for jobs through Job Centre Plus? Have you been turned down for a job because of lack of experience?

Why don't you consider joining up on one of our work experience programmes so that you can get the right experience for the career you'd like.

We can help with CV writing, job searches and interview preparation, so that you can focus on getting a job that you enjoy.

We are jointly funded by the European Social Fund and The Big Lottery Fund.

For more information call Di Hyde on 01584 877751 or email her diane@furniturescheme.co.uk or Justin Griffiths on 01584 874922 or email Justin.Griffiths@furniturescheme.co.uk

VOLUNTEERING OPPORTUNITIES WITH THE FURNITURE SCHEME

All of the volunteering opportunities provided by the Furniture Scheme come with full training and an allowance for travel expenses.

10 week placements for a part or full day per week are available in the first instance with opportunities for feedback and review to make sure all is going well for you.

All volunteers have the opportunity to take a qualification and get employability support if required.

For more information on any of these opportunities please contact:

Di Hyde Tel: 01584 874922 or email: diane@furniturescheme.co.uk

The Charity Bookshop

Unit 2 Drovers House, Auction Yard, Craven Arms SY7 9BZ

Selling books, jigsaw puzzles, CD's and DVD's.

If anyone is interested in volunteering here, or as an irregular volunteer for holiday cover, please contact Di Hyde on the number above.

CasCA—General Assistants

Newington Way, Craven Arms SY7 9PS

Evening general assistants needed to answer phones, set up the rooms, make refreshments (tea and coffee) and meet and greet.

Waste Management Project

Could you help us to dismantle sofas, washing machines and other items ready for the recycling process? Times to suit you, but you will need to be reasonably fit as it's quite hard work!

Rockspring Community Centre

Volunteers are needed to help in our Community Garden on Thursdays 9am— 12pm.

Customer Service Assistant

At the Warehouse and Renaissance we need help with answering telephone calls, dealing with enquiries, making sales, using the till and credit card machine, keeping displays looking attractive and using a computer.

We are flexible with time as you are being generous with yours, but ideally either 9.30am - 1pm or 1pm - 5pm.

Warehouse

Weeping Cross Lane, Ludlow SY8 1JH

- customer service assistants
- warehouse assistants
- van drivers and van buddies

You will need to be physically fit and able to lift items of furniture.

Carpentry Workshop Lower Galdeford SY8 1RZ

Volunteers carry out a variety of tasks from stripping and polishing donated furniture to more challenging projects.

Morning or afternoon sessions available, starting with a half day taster. You will be provided with full workshop training and support.



Jean Jarvis MBE—Chief Executive

We've had a lot of recent publicity which you've probably seen or heard. The article is below.

As my Social Enterprise role develops within the Wrekin Housing Group, I'm spending less time at The Furniture Scheme, and more time in Telford and Wrekin and Staffordshire. James has been stepping up for some time now and the intention is that I will act in more of an ambassadorial capacity to be called in (by James) to deal with a specific issue - I've been leading on this latest campaign to stop people donating/dumping things that we can't use.

We'll keep you posted...

South Shropshire charity makes cry for help as rubbish is dumped on site

A charity in South Shropshire is temporarily suspending all collections of donations as it struggles to cope with rubbish dumped on its doorstep. Staff say the problem has increased 'out of all proportion' in the last few months and dedicated volunteers are becoming increasing stressed about keeping on top of it.

Chief Executive Jean Jarvis MBE said: "We've always been so grateful to the local public for their donations of unwanted household items which we use to help people in need. "We've been struggling to keep up with the increase of uncontrolled deliveries to our premises but we've reached breaking point and this is a cry for help.

"A once a month community skip would help, as would fencing and gating our yard because, as a charity, we can't afford the fencing and gates needed to control the site. "We've contacted the local council to start the process of helping us solve what has

become a very real problem to us."

Jean said the problem started when the civic amenity site in Coder Road, Ludlow, closed in 2014, since then there has been a steady increase in items being left outside either out of hours or when the team are dealing with customers." Over the last few month this has increased out of all proportion and people are dumping trailer and van loads of household items that cannot be recycled repaired or reused," she added.

"Staff and volunteers are now spending a lot of time sorting and processing what they can and driving the rest to the waste centre at Craven Arms."There is a huge cost and time implication to this, besides the stressful conditions that staff and volunteers are now under as they try to deal with this alongside their normal roles."

The charity, which was launched over 20 years ago to benefit some of the most excluded members of the community, is now getting complaints from neighbours because the yard at the back of the warehouse on Weeping Cross Lane is unsightly as staff and volunteers struggle to keep it clear and tidy under the pressure of this increased demand. As a result, the charity is

suspending all collections - other than those already booked in - through July to deal with this problem. When they restart the free collection service they will only collect items that can be reused or repaired.

Shropshire Councillor Vivienne Parry, for Ludlow South, is fully supporting the charity and will spearhead a campaign to help improve the situation.

She said: "The Furniture Scheme does some wonderful work in Ludlow and the people of this town are at the heart of what they do. It is a shame some people feel they can treat the site as a dumping ground, this greatly hampers the work they do. "I would call upon these people to use the designated recycling centre in Craven Arms and think before they either donate items or leave items outside the charity. I do appreciate that sometimes people do not have the money or the transport to dispose of it properly and I am going to talk to the council and see if they can put a skip out occasionally and try to get the leader of the Council Peter Nutting to come down to Ludlow and see the problem. "It is terrible the way Shropshire Council has dumped everything in people's laps."

Anyone who would like to volunteer or answer this cry for help, or for more information about The Furniture Scheme, should call 01584 874922, email info@furniturescheme.co.uk or visit http://www.furniturescheme.co.uk.





James Cooper—Operations Manager

Over the last few months we've received fantastic support from a number of charitable trusts who have helped fund our workshop. They have recognised that the workshop is a crucial resource and performs vital services for the Furniture Scheme and our community. The team lovingly and skilfully restore and repair donated furniture, saving it from landfill and helping to generate an income to help pay for our charitable activities. The workshop also provides a safe and supportive environment for people to get together, socialise, learn new skills and improve their wellbeing. Currently there is a wide range of ages volunteering at the workshop, our youngest is 17 and the oldest 80. On page 12 you'll see that one of our most experienced volunteers, Terry Round, was awarded a much deserved Civic Award at the recent Mayor Making Ceremony in Ludlow.

At the end of August our workshop will be moving from the Mascall Centre to Renaissance. This will be a positive move and we have lots of ideas about how we can make the most of a town centre workshop. We are looking at offering a furniture repair service and bespoke upcycling where customers will be able to choose paint colours and order alterations to our stock. Visitors will be able to see where and how the furniture is produced. We will also be able to run more economically and operate with more financial sustainability. The next two months will be hard work and we are grateful to the staff and volunteers who will help us to make the move.

Across all of our sites the staff team have been incredibly resilient when faced with challenges and change. Their commitment and passion for the work we carry out is amazing and I'm grateful to all of them. Over the coming months there will be more challenges and more changes but with the help of our supporters and the support of the Wrekin Housing Group I'm sure we will come out the other side a stronger and more effective organisation. The volunteers that support the Furniture Scheme are incredibly committed and we couldn't survive without them. If anyone is interested in becoming a volunteer, please get in touch with Di Hyde by emailing diane@furniturescheme.co.uk or phoning 01584 877751. We have also benefitted from the generous financial support of our Friends – for more information on how to become a Friend see page 17.

Thank you to everyone who helps to keep the Furniture Scheme show on the road – as a result of your kindness we continue to make a difference to the people we support.

Gill Pitt - Social Inclusion Manager



moneygioing Virgin Money London Marathon raising funds for The Furniture Scheme



I can't believe it was a month ago that I was on the start line of the famous London Marathon, nor more importantly the finish line with my medal and finishers tee shirt. As everyone knows it was the hottest on record at 24.2 degrees and more like 27 or 28 out on the tarmac.

The marathon was everything I was led to believe, it really is one 26.2 mile street party - the crowds are amazing and them calling out my name every step of the way definitely drove me on. Many of the water stations running out of water made it doubly difficult but the ice lollies from the spectators were amazing!

At half way I was on target but some cramp, which I had a quick sports massage for en route, and seeing record numbers drop out or pass out, made me take the decision to just get to the end. Miles 12 to 22 are the worst but once I hit 10 miles to go counting down the miles spurred me on again and soon passed the time with 1 mile to go then 800m, 600m, 400m and rounding the corner down The Mall to the finish line.

Surprisingly I was able to walk (slowly although quite oddly) over Westminster Bridge back to my hotel and to sleep for 12 hours before the train journey home the next day.

Thank you so much to those who have sponsored me. I know that donations continue to come in both on and off line. It is very much appreciated and we will give a final total in the next few weeks. Thank you for your good wishes and the support you have shown for The Furniture Scheme.

I did say never again but you never know!









Gill Pitt - Social Inclusion Manager

Many of you will have heard by now that I am leaving the Furniture Scheme to take on a new role heading up Social Inclusion at Wrekin Housing Trust in July.

I first came to The Furniture Scheme nearly 15 years ago now when we were based in Church Stretton. My role in those days was administrating and capturing all the evidence of the work we did in supporting and training volunteers. I was responsible for submitting claims to the funder and went on to expand the number of qualifications from largely craft and recycling to include Personal Learning, Work Experience and Health & Safety. In those days we had one site in a dilapidated old motorbike repair shop and a handful of volunteers answering the phones and doing all sorts of craft and woodwork classes. I think we had about 20 volunteers at the time and had the ambitious idea that we could engage 150 in volunteering and training. We did it with a lot of hard work!

Now The Furniture Scheme has 6 sites and has a core team of approximately 75 regular volunteers doing a huge range of activities as well as delivering community services through our centres in Ludlow and Craven Arms, anything from Zumba and martial arts to bingo nights and family fun days. What a long way we have come!

The Furniture Scheme has made a name for itself and developed a fantastic reputation for volunteering and the work it does supporting individuals and communities to build confidence, improve skills and get involved. I am extremely proud of The Furniture Scheme and everything it has achieved and will continue to achieve in the future.

Very best wishes,

Gill



Computers

The Warehouse, Weeping Cross Lane

TO DONATE FURNITURE PLEASE TELEPHONE: 01584 877788

The Warehouse has a wide range of household items from washing machines and cookers, refrigerators, tables, chairs, sofas, lamps, beds, mattresses, crockery etc at reasonable prices and is **open to the general public**, not just people on benefits.

The Warehouse is open: Monday, Tuesday, Thursday, Friday 9:30am-3:30pm, Wednesdays 9:30am – 1:30pm and Saturdays 10am-2pm. Do call in and have a browse.

Don't Dump it, Donate it!

Donating furniture to the Furniture Scheme is easy and it goes a long way towards helping your community.

Here are some of the items we accept:

Sideboards

Electrical	Kitchen & Household	Living	Bedroom Beds
Fridges	Saucepans	Settees/sofas	
Cookers	Crockery	Armchairs	Mattresses
Vacuum cleaners	Cutlery	Coffee tables	Chests of drawers
Washing machines	Waste bins	TV stands	Wardrobes
Freezers	Washing up bowls	Fireguards	Bedside cabinets
Irons	Baking tins	Mirrors	Sheets
Toasters	Ironing boards	Pictures	Pillowcases
Microwaves	Tables	Rugs	Duvets
Lamps	Chairs	Books	Blankets
Televisions (slim only)	Clocks		Curtains
Stereos	Freestanding cupboards		

Unfortunately we are no longer able to take printers or large Televisions

There are 3 things to remember before you get started:



To donate: please call 01584 877788 or go to www.furniturescheme.co.uk to book your item in online

Finding good quality white goods locally, that are reasonably priced and from a trustworthy source, is not easy.

Did you know we now stock an extensive range of refurbished electrical appliances at our Warehouse?







The machines are refurbished, function and PAT tested by one of the UK's leading electrical retailers and come with a 3 month guarantee. We stock, cookers, washing machines, tumble dryers and much more. If you can't find what you're after just ask and we'll be happy to help.

Visit our Facebook page to see our latest stock or call in to our Warehouse, Weeping Cross Lane, Ludlow SY8 1JH to see for yourself.

We are open Monday, Tuesday, Thursday, Friday 9:30am-3:30pm, Wednesday 9:30am-1:30pm and Saturday 10am to 2pm. Phone 01584 877788 for more information.

Your purchases help to support the work of the Furniture Scheme

Renaissance

Renaissance provides 'reborn' items for the household. Donated items are imaginatively rejuvenated to a condition worthy of resale. **Open Monday—Saturday 9.30am—5pm**.

Book Room sell good quality good value books and a wide selection of rare books and 1st editions. Paperback fiction is always needed as well as interesting non-fiction and quality children's books.

Art selling art by local artists. If you are a local artist and would be interested in selling your work through Renaissance, please talk to a member of staff.

We also sell second hand clothes—shoes, handbags, belts and scarves as well as other items. If you have any donations of these items, we would love to have them, they can be dropped off at any of our Ludlow sites: Warehouse, Weeping Cross Lane, Rockspring Community Centre, Sandford Road or at Renaissance.

Julie Nash, Renaissance Retail Manager Telephone: 01584 877751

The Charity Bookshop Craven Arms

The Charity Bookshop is continuing to be a great success. We are very grateful for the support of our customers and volunteers who are helping us to raise vital funds.

If you would like to volunteer here please contact Di Hyde on 01584 877751 or email diane@furniturescheme.co.uk



Thank you Rockspring Community Choir

A big thank you to the Rockspring Community Choir who continue to generously support the Furniture Scheme. The choir recently performed a concert at the Ludlow Methodist Church and raised over £150! Thank you very much to everyone involved.

Rockspring Community Choir is held on Wednesday evenings at Rockspring Community Centre 7.15pm to 8.45pm. Subs £3. They have capacity for more members, so if you enjoy singing (you don't need to read music), do come and join them, you will be made very welcome.

Or for more information phone Rockspring on 01584 874922

Ludlow Civic Award Ceremony



A charity stalwart from south Shropshire has been honoured by the mayor of Ludlow for the work he does in the community.

Terry Round, 75, of Ludlow, has been a volunteer at The Furniture Scheme for 12 years and spends most of his time in the charity's workshop in Friars Walk. He will have stripped, polished and painted hundreds of pieces of furniture over the years - and now he has been presented with a Civic Award to say thank you for his hard work.

But modest Terry said he just does it because he enjoys it.

"I was gobsmacked when I was given the award, I thought it was just a meeting," he said. "It was unexpected, I like to stick to the background and just take it as it comes. I don't see what I do as anything special, I am here because I enjoy it and the people and I get to share lots of skills and teach people them as well.

"It gets me out of the house, I don't want to just do jigsaws and read books. I am just another volunteer."

Terry was handed the Civic Award at the Ludlow Mayor Making Ceremony at Ludlow Assembly Rooms on Wednesday night (May 23).

The father of three moved to Ludlow 15 years ago. He has been a decorator all his life, working in the industry from when he left school to when he retired at the age of 66. In his career he has decorated Bromsgrove Hospital and the Queen Elizabeth Hospital - and since joining The Furniture Scheme he has decorated the Renaissance store in Tower Street and the offices at Rockspring Community Centre in Sandford Road, inside and out.

Di Hyde, Volunteer Coordinator at The Furniture Scheme, said Terry was an integral part of the charity.

She said: "We are thrilled that Terry was chosen by the mayor Tim Gill as a recipient of the Civic Award.

"Terry is invaluable to our charity, his contribution is second to none. He spends most of his days in our carpentry workshop and is always willing to give his time to restore and upcycle donated furniture to an extremely high standard. He makes a huge difference not only to our charity and the work we do, but in turn to the people of Ludlow, he is an excellent mentor teaching less able volunteers new skills, creates beautiful pieces of furniture for their homes and this helps to raise much needed funds to support disadvantaged families in the town. He deserves this recognition and celebration."

LUDLOW'S REPAIR CAFÉ IS GROWING!!

Last October Ludlow experienced its first Repair Café; in March, a second Repair Café was held and, despite the third snow storm of the winter, it was a success.

The first two events were run as an experiment, but there has been such interest and support for the Repair Café that organisers, Diane Lyle and Richard Olsen, have decided to run four each year, two at the Ludlow Mascall Centre and two at Rockspring Community Centre.

The next Repair Café is on Saturday 4th August at the Ludlow Mascall Centre, between 10.00am and 1.00pm.

The first Repair Café to happen at Rockspring will happen on Saturday 27th October, between 10.00am and 1.00pm.

What happens at a Repair Café? You can bring along all sorts of items which have broken, or aren't working like they should – which you don't want to throw away or perhaps can't afford to replace right now – and a team of volunteers do their best to fix whatever comes through the door!

They love the challenge of not knowing what they are going to get and love the fact that their skills have given something a longer life and stopped it from being thrown into landfill. Of course, there are a few occasions where it isn't possible to repair an item but mostly people who bring things to these Repair Cafés take those things back home working again.

There is no charge at these events although a donation is asked for to help cover the costs – and you can only bring two items. The positive is that they can be pretty well be anything you can carry through the doors!

So, come along on 27^{th} October and if you can't wait until then, bring your item along to the Mascall Centre on 4^{th} August.

If you want to know more, or if you fancy joining the team of volunteer 'fixers', just get in touch with Diane Lyle: 07786 620 624 or email: diane.lyle@btinternet.com



Justin Griffiths— Community Engagement & Volunteer Support Officer

Hello everybody, strap yourself in for an exciting update on what's been going on in the world of community engagement. Since my last article I have been busy rolling out the short education courses with great success. The courses have been well received, especially the customer services and the warehousing and storage principles courses – keep checking in for future enrolment dates if you want to get in on the action!

We have also witnessed an upsurge in the numbers of volunteers coming to us, with many signing up for our Building Better Opportunities project – this was highlighted by a radio interview that I participated in on BBC radio Shropshire (no autographs please!). We are continuing to help those in need of support with CV creation and job searching, added to this was a six week "Taking Charge of Your Life" course at Craven Arms and a six week basic IT skills course – keep your eyes open for future IT opportunities at the Furniture Scheme.

During the Easter half term we staged some exciting children's activities at CasCA, roller discos and bingo to name a couple – the children who attended had a great time and gave us some fresh ideas for activities in the School holidays, it just goes to show how inventive our youth can be given the chance. Unfortunately, some of the ideas were too inventive, however, we intend on implementing some of their ideas in the foreseeable future. In other news, I have made links with the charity FareShare – this is a charity that redistributes surplus food, preventing it from going to landfill. I went to their regional centre in Birmingham for a presentation and was startled to discover how much food we waste as a nation, it was staggering. The upshot was that we signed up to FareShare Go, which means we can access food at the end of its shelf life from a local supermarket. Rob has been able to utilise this amazing resource in the community lunches and we have also been able to give some away for free, so it benefits many people.

I am also looking to create more activities at CasCA with my "Walking Sport Initiative". Walking Football and Walking Netball are very popular and it would be well worth making provision for those sports at CasCA. We are currently looking to gauge local interest in these activities and would appreciate feedback from local people, we have a pro forma questionnaire and will happily email it to those who wish to give their opinion on the subject – email me at: justin.Griffiths@furniturescheme.co.uk to get a form.

Other ideas are still in the pipeline; however, I am always open to new suggestions, initiatives and volunteers. Get in touch if you would like to discuss the opportunities available at The Furniture Scheme. In the meantime good luck to England at the upcoming FIFA World Cup!

Justin Griffiths 01584 874922 Email: <u>Justin.Griffiths@furniturescheme.co.uk</u>





Walking Sport initiative
Would you be interested in walking
football or netball?

Ask at Casca for a questionnaire or contact Justin 01584 874922

Justin.griffiths@furnituresheme.co.uk



Youth Forum Spring 2018 Rich Morley—Youth Forum Manager

Hi everyone, it's been a long time since we contributed to the Furniture Scheme news, but **SOUTH SHROPSHIRE YOUTH FORUM** are very much still about supporting local young people and working with local partners such as the Furniture scheme. We may not operate from the Rockspring centre anymore but we still organise activities and youth projects from

there.

This summer we are planning to run the Garden project again and also work on helping to improve some of the nearby youth facilities such as the Gallows Bank bike track and the area by the skate park. We also run an outreach/detached project in partnership with Wesley's Methodist Church and they offer the Wesley's café as a drop-in centre on a Friday evening over the colder parts of the year. As the project includes street work you may see us from time to time chatting to young people. We are making sure that they are staying safe and not causing too much disruption in public areas. Remember we were all young once and young people have got very few places to socialise and hang about with their friends.



We also run activities in Craven Arms from CasCA, including a Tuesday youth activity night with free football for under 16's and an outreach project that includes drop-in café sessions for young people. We have also just started a new youth volunteer scheme at the Shropshire Hills Discovery centre. It's so pleasing to see that given the opportunity so many young people are so willing to do something for their community.

So as I said the Youth Forum is still very much active in your area. For a small charity we really do amazing work.

If you'd like more information or would like to get involved we are always looking for help. Contact Rich Morley the Youth Forum manager via email on richssyf@yahoo.com.

WE NEED YOUR HELP



Would you like to become a Friend of The Furniture Scheme?

Your annual donation will directly contribute towards the charitable work of The Furniture Scheme, helping people facing disadvantage or hardship in South Shropshire.

Friends Membership is £30 per year.

You could opt to donate more and if you can Gift Aid your donation that helps too.

In the past 12 months The Furniture
Scheme has supported 40 households
in crisis with emergency furniture
packages. This can be for a number of
reasons including victims of domestic
violence.

We offer low cost furniture and household equipment to everyone, re-using, recycling and minimising waste.

We have provided 108 work experience placements with 25 participants securing employment as a direct result of their time with us. By becoming a Friend you will be directly supporting this important work and making a difference to local people's lives.

We are facing considerable challenges in this difficult financial climate and as a Friend you can help us to secure the future of the Furniture Scheme.

There are a number of ways you can help, including hosting or helping to organise fundraising events, sponsorship opportunities or activities.

To become a Friend of The Furniture Scheme download a registration form from our website www.furniturescheme.co.uk or call us on 01584 874922

Registered charity number 1082068 | Registered Company 4041051





Community Garden

ROCKSPRING THURSDAYS

At 12.15pm we have a **Community Lunch** which only costs **£2**—it's either jacket potato, cottage pie, sausage & mash/chips, potato & cheese pie, pasta bake etc (requests welcome within reason!) and slice of home made cake. **Everyone welcome**, no need to book, but if you are vegetarian it would be useful to know. See our website or call in to find out what the dish of the week is: www.furniturescheme.co.uk

During the summer months volunteers are welcome to come and work in the Community Garden between 10am and 4pm. All garden volunteers are offered a free Community Lunch.



Find out what's going on at Rockspring and what's on the menu for our Community Lunch by following our Facebook page: <u>Rockspring Community Centre</u>

Telephone: 01584 874 922 Email: rockspring@furniturescheme.co.uk



ROCKSPRING COMMUNITY CENTRE

ROOM HIRE PRICES



RATE PER HOUR OR PART THEREOF	9am - 5pm	WEEKDAYS 5pm – 9pm	SATURDAYS 9am – 5pm	SATURDAYS 5pm – 9pm
PRIVATE HIRE MAIN HALL - SEATS 60	£11.00	£16.00	£16.00	£21.00
PRIVATE HIRE TEME - SEATS 20 - 25	£10.00	£14.00	£14.00	£19.00
PRIVATE HIRE CORVE - SEATS 10 - 12	£8.00	£11.00	£11.00	£15.00
COMMUNITY GROUPS MAIN HALL - SEATS 60	£9.00	£13.00	£13.00	£16.00
COMMUNITY GROUPS TEME - SEATS 20 - 25	£8.00	£11.00	£11.00	£15.00
COMMUNITY GROUPS CORVE - SEATS 10 - 12	£7.00	£10.00	£10.00	£13.00

Payment in advance is requested for all private parties.

Please note, the centre is not licensed to sell alcohol.

To book a room or for more in for more information contact: 01584 874922 or email rockspring@furniturescheme.co.uk

APRIL 2018

rockspring community

MONDAY	Baptist Church Lunch Club			
	2 nd Monday of the month	12 noon – 2pm	£2.50	
	GKY Dance - Ballet, Lyrical,	Between 4pm – 7pm		Phone Grace to book
	Jazz, Street Dance etc	Age 4 – 16 years		07939638637
TUESDAY	Basic Flower Arranging	10am – 12pm	FREE but bring your own flowers	Every three weeks
	The Creation Station – creative play	9.30am – 10.15am 6 mths – 18 mths	£5 a session £4.50 for 5 £4 for 10	Beatrice: 07788914347
	The Creation Station – Little Explorers	10.45am – 11.30am 18 months +	£5 a session £4.50 for 5 £4 for 10	Beatrice: 07788914347
WEDNESDA	Y Tai-Chi	10am – 12 noon	£9 a session or conces £7	Susan: 01584 874296
	Singing for Lung Health	2.30pm – 3.30pm	£4 a session	Kate: 01584 890284
	Rockspring Community Choir	7.15pm – 8.45pm	£3 sub	01584 874922
	Zumba	6pm – 7pm	£4.50	Lu: 07709301030
THURSDA <mark>Y</mark>	LUNCH – it's either soup, baked potato, cottage pie, sausage & mash or pasta bake etc followed by a dessert – all welcome! Lunch is FREE for community garden volunteers.	12.15pm	£2	
FRIDAY	Get together Fridays - Cooking or craft	10am – 12.30 <mark>pm</mark>	FREE	Craft every week but once a month it will be cooking.
SATURDAY	Marches Polio Group – every 3 months – bring and share lunch	12pm - 2 <mark>pm</mark>		Ask at Rockspring fo next meeting date

Ludlow Churches provide Emergency Food Parcels (by referral only through Housing Officer or Citizens Advice Bureau at Ludlow Youth Centre, Lower Galdeford, Ludlow Tel: 08444 99 11 00) these can be collected: Monday, Wednesday, Thursday & Friday 11am – 1pm.

 $Rock spring\ Community\ Garden-run\ by\ volunteers\ for\ the\ community.\ Contact:\ Justin\ Griffiths\ -\ 01584\ 874922$

Computers are available Monday, Tuesday, Thursday & Friday 9am - 4.30pm PLEASE NOTE - NOT AVAILABLE ON WEDNESDAY MORNINGS

MAY 2018



Telephone: 01588 672 847
Email: casca@furniturescheme.co.uk



The **Library** at CasCA, opening hours are Monday to Wednesday 9am – 10pm, Thursday & Friday 9am – 9pm.

IT suite with free access to computers (for the first 60 minutes) and unlimited free WiFi for using with your own devices available during opening hours.

Children's Party Packages are available, call into the centre and pick up a leaflet.



Find out what's going on at CasCA by following our Facebook page: <u>Craven Arms Community Centre</u>

Café @ CasCA open Monday, Tuesday, Wednesday 10am—2pm

Community arts sports Craven Arms Sandwiches £3.00 Soup of the day Monday lunch Egg and cress Homemade soup with Served with crusty Ham salad crusty bread bread £3.00 (first week) Cheese and pickle Jacket potato with a Cheese and tomato Chips £1.50 choice of Cheese salad toppings Toasties:-

Bacon
Sausage
Fried egg
Any two hot fillings for an
extra 50pence
Served on brown or white bread
With a salad garnish

A selection of Homemade cakes and biscuits from 30p bread £3.00
Chips £1.50
Toasties:Cheese
Ham
Tomato
Onions
£3.00 for 1 filling
Add an extra filling for 30p

Wednesday
community lunch
A changing menu of
hot meals with a
pudding
£3.50

Tea-£1
Coffee-£2
Cappuccino-£2
Espresso-£2.50
Latte-£2
Hot chocolate-£2
Cans-£1
Water-80p
Fruit juice-50p

Hot food is served from 10am—2pm Monday to Friday

Drinks, cakes and snacks available during our regular opening times.

01588 672847

WALK IN WEDNESDAYS AT CasCA 10am-12 noon

COMMUNITY LUNCH at 12.15pm it's either baked potato, cottage pie, sausage & mash, spaghetti bolognese, cheese & potato pie etc followed by a slice of cake or a pudding for only **£3.50**





KNIT AND NATTER bring your knitting and have a cuppa while having a natter!



Day	Activity	Time	Cost	Other Notes
Monday	Art Group	1.00pm – 3.00		Call 07891106669
	CA Men's Chorus	7.30 - 9.00pm		Not in Jan or Aug
Monday- Friday	Craven Arms Childcare & Pre	9am – 3pm – flexible		Birth to 11yrs
	School	hours		Wendy 07891106339

Tuesday	Indoor Bowls	2.00 - 4pm	£3.00	October – March ONLY
	Kick Boxing	5pm – 6pm		price300@googlemail.com
	Youth Forum Football	6 – 7pm	FREE	Rich Morley

Wednesday	Future Family Fitness	9.30am – 10.15am	£6	Nina: 07824508536
	Knit & Natter	10.00am – 12.00 noon	FREE	
	Yoga	11am – 12.30pm		01694 724317
	Community Lunch	12.15pm	£3.50	Meal and slice of cake
	Tea Dance	2.00 - 4.00pm	£2.50	2 nd & 4 th Wednesday
	C/A Football (under 12's)	5.30 – 6.30pm		Dave 07976241463
	Slimming World	5.30pm and 7.30pm	£4.95	Alan - 01584 874430
	Zumba Fitness Class	7.00pm - 8.00pm	£5	07740835673
	Corvedale Badminton	8.00pm – 9.30pm		

Thursday	Strength, Balance &	10.45am –		Nina: 07824508536
	Flex - 50's, 60's, 70's	11.30am		
	Gymnastics 3-16yrs	3pm – 6pm		07769151649
	Marches Branch	1.30pm – 4pm	£1.50	3 rd Thursday of the month
	Embroiderers Guild		(member)	marhcesembrodierers@hotmail.co.uk
			£5.00 (visitors)	
	Adult Gym	6.15pm – 7.15pm		ssgymnasticclub@btinternet.com
	Modified Pilates	6.30pm – 7.30pm	£8 per session	Booking essential 079967814412
		& 7.45pm –	incl equipment	_
		8.45pm		

Friday	Modified Pilates	9.45am - 10.45am & 11am - 12 noon	£8 a session	Book: 079967814412
	Craven Arms Samba Circle	4.15pm – 5.45pm	Children £1.50 Adults £3	Carol: 01588 672640
	Ballroom/Latin Dance	7pm – 8pm & 8pm – 9pm		07904466411

Saturday	Empathy	2.00 - 4.00pm	Every Other Saturday

March 2018

Badminton & Volleyball are available every day ad evening upon request. Tennis: £9 per Court. Badminton: £9 per Court. Volleyball: £9 per Court CALL 01588 672847



Find out what's going on at CasCA by following our Facebook page: <u>Craven Arms Community Centre</u>

CasCA News

We have lots to look forward to here in Craven Arms.

Our new community engagement officer; Justin Griffiths, is hoping to put on some 'walking football' and 'walking netball' sessions. He is also hosting an indoor 'footy fives' on the 7th July 2018 please ring Justin on 01584 874922 if you are interested in playing.

There is work starting imminently on the new outdoor gym equipment just outside our main entrance. For more information on this exciting development please go to either the Town council's web site or CAPFA's web site.

Last quarter we announced the extended menu that is now being offered, it has proved to be very popular, particularly the bacon buns and Marilyn's cooked breakfast which is available for just £5.00.

We are continuing to be busy with both our regular bookings and new users. The Citizen's Advice Bureau will be hosting regular sessions from the beginning of July, there will be a food poverty workshop on 29th June and a free talk from the solicitors Manby Bowdler regarding issues around the care system and topics such as power of attorney, assessment of assets and what care is available and to whom on the 19th July.

Elizabeth Barnfield, Team Leader elizabeth1casca@gmail.com



Room	Corporate	Community	Youth
	Per Hour	Per Hour	Per Hour
Welsh Mountain	£32.00	£21.00	£16.00
Shropshire	£26.00	£18.00	£16.00
Plowden	£18.00	£13.00	
Clun	£12.00	£9.00	
Pavilion	£16.00	£10.50	£8.00
Radnor	£10.00	£8.00	
Kitchen	£16.00	£10.00	
Badminton/Tennis/Table-Tennis/Volley-Ball		£9.00	
Bowls per person		£3.50	
Tea Dance per person		£3.00	
Art Group per person		£2.00	
Writing group per person		£3.50	
Children's Roller party	Weekdays	Weekends	
	£30.00	£50.00	
Weekend rates from £30 per hour 9.0	00 -17.00 and fro	m £40 per hour 1	7.00-24.00
'			

Valid from 1st April 2018 until 31st March 2019

Please join our



Your donation will directly contribute towards our charitable work

To join, please complete the form on our website

www.furniturescheme.co.uk | info@furniturescheme.co.uk

facebook



Find us on Twitter and Like us on Facebook!

<u>The Furniture Scheme</u>, <u>Rockspring Community Centre</u> and <u>Craven Arms Community Centre (CasCA)</u> are on Facebook and we welcome anyone to who would like to be our friend or like our page!

The Furniture Scheme is also on Twitter which we try to keep regularly updated. Find us at : www.twitter.com/furniturescheme

Also visit our website for more information about The Furniture Scheme and up to date news www.furniturescheme.co.uk

Volunteer Training Opportunities

There are plenty of volunteer training opportunities in customer services, retail, warehousing and carpentry, these are great opportunities for developing employability skills in a workplace environment and giving something back to the local community. For more information contact: Di Hyde 01584 877751 diane@furniturescheme.co.uk

IT @ Rockspring & CasCA

Rockspring have a computer suite with free access to computers and WiFi which are usually available Monday – Friday 9am – 4.30pm (excluding Wednesday mornings and Bank Holidays).

CasCA have a computer suite with free access to computers (for the first 60 minutes) and unlimited free WiFi for using with your own devices available during opening hours.

Visit our website for up to date news: www.furniturescheme.co.uk

The staff and where they work

Rockspring Community Centre, Sandford Road, Ludlow SY8 1SX Tel: 01584 874922

Jean Jarvis MBE—Chief Executive jean@furniturescheme.co.uk James Cooper—Operations Manager james@furniturescheme.co.uk Gill Pitt—Social Inclusion Manager gill@furniturescheme.co.uk Gaynor Abel—Executive Support & HR Administration Officer gaynor.abel@furniturescheme.co.uk justiin.griffiths@furniturescheme.co.uk Justin Griffiths—Community Engagement Officer Elaine Duggan—Marketing, Administration & Newsletter elaine@furniturescheme.co.uk Rob Gardner—Caretaker Lynda Hoad—Finance Officer rob@furniturescheme.co.uk accounts@furniturescheme.co.uk

Renaissance, 7-8 Tower Street, Ludlow SY8 1RL Tel: 01584 877751

Julie Nash—Renaissance Retail Manager Julie.Nash@furniturescheme.co.uk Richard Carpenter—Retail & Systems Administrator richard@furniturescheme.co.uk Di Hyde—Volunteer Co-ordinator diane@furniturescheme.co.uk Paul Francis—Statistics Officer paul@furniturescheme.co.uk Lisa Jacks—Customer Service Assistant

Carpentry Workshop, Ludlow Mascall Centre, Friars Walk, Ludlow SY8 1RZ Tel: 01584 877706

Stefan Laird-Workshop Supervisor carpentry@furniturescheme.co.uk Graham Lambourn—Volunteer Support Worker

Warehouse, Weeping Cross Lane, Ludlow SY8 1JH Tel: 01584 877788

Simon Magill—Warehouse Centre Manager simon@furniturescheme.co.uk Kevin Jones—Assistant Manager Stuart James—General Assistant stuart.james@furniturescheme.co.uk Tim Stevens- Van Driver Daniel Price-Van Driver Antony Brooks—Van Driver

CasCA (Community arts sports Craven Arms), Newington Way, Craven Arms SY7 9PS Tel: 01588 672847 Email: casca@furniturescheme.co.uk

Alison Kennedy—Team Leader Elizabeth Barnfield—Team Leader Jackie Wright—Finance & Administration Officer Marilyn de Warrenne—Catering General Assistant Ben Jenkins—General Assistant Chris Prayel—General Assistant Jenny Corney—Cleaner Krisztina Racz-Fabri-Cleaner

ali@furniturescheme.co.uk elizabeth1casca@gmail.com

The Charity Bookshop, Unit 2, Drover's House, Auction Yard, Craven Arms SY7 9BZ **Tel: 01588 673902** Monday to Friday 9.30am - 4.30pm and Saturday 9.30am - 1pm. charitybookshop@furniturescheme.co.uk











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