

Furniture Scheme News!

F R E E — PLEASE TAKE A COPY



Small Gardens Festival 7th August—see page 13

The Furniture Scheme is a dynamic social enterprise and charity. We collect donated furniture and re distribute to people in need.

We manage two Community Centres and support other Social Enterprises.

We offer a range of volunteering and training opportunities across all of our sites.

We are passionate about relieving poverty, protecting the environment, enabling the disadvantaged and encouraging a thriving Social Enterprise sector.

Visit our website for up to date news: www.furniturescheme.co.uk

SNAPSHOT OF THE FURNITURE SCHEME

What happens where...

RE-USE CENTRE, Weeping Cross Lane, Ludlow SY8 1JH Mon—Fri 10am—4pm, Sat 10am—2pm **Tel: 01585 877788 for furniture donations**

- ⇒ Trading site
- ⇒ Computer recycling workshop
- ⇒ Wood & Metal recycling facility
- ⇒ Bulky waste base
- ⇒ Removal of handles, knobs, hinges and screws for re-use
- ⇒ Volunteering and placement opportunities
- ⇒ Recycling point for mobile phones, ink cartridges and household batteries
- ⇒ Donation point
- ⇒ Two vans based here
- ⇒ Recycling Banks for textiles, wood & metal
- ⇒ Tools for Africa collection point



RENAISSANCE, 7-8 Tower Street, Ludlow SY8 1RL Mon—Sat 9.30am—5pm.
Tel: 01584 877751

- ⇒ Trading site
- ⇒ Bookshop and vinyl records
- ⇒ Flea Market
- ⇒ Information Board
- ⇒ Volunteering and placement opportunities
- ⇒ Household battery recycling point
- ⇒ Donation point



ROCKSPRING COMMUNITY CENTRE, Sandford Road, Ludlow SY8 1SX Mon—Fri 9am—5pm. Tel: 01584 874922

- ⇒ **Head office**
- ⇒ Volunteering and placement opportunities
- ⇒ Rooms for hire
- ⇒ Events and activities
- ⇒ Donation point for clothing, textiles, books etc



FRIARS WALK, Ludlow Mascall Centre, Ludlow SY8 1RZ

- ⇒ Carpentry workshop
- ⇒ Furniture restoration
- ⇒ Training facility
- ⇒ Training, volunteer and placement opportunities available
- ⇒ One van based here



CasCA, Newington Way, Craven Arms SY7 9PS
Mon—Thur 9am—10pm, Fri 9am—8pm, Sat 9am—12 noon - by arrangement at other times. Tel: 01588 672847

- ⇒ Volunteering and placement opportunities
- ⇒ Rooms for hire
- ⇒ Events and activities
- ⇒ Donation point for clothing, textiles, books etc



THE CHARITY BOOKSHOP, Unit 2 Drover's House, Auction Yard, Craven Arms SY7 9BZ Open: Mon—Fri 9.30am – 4.30pm and Sat 9.30am – 1pm.

- ⇒ Trading site
- ⇒ Donation of books, jigsaw puzzles, CD's and DVD's



OUR WONDERFUL VOLUNTEERS!

Di Hyde—Volunteer Co-ordinator

At last the wet dreary winter is disappearing and spring has arrived.

Here at the Furniture Scheme we have two new courses running in partnership with the BUPA foundation. The first is a half day ten week course in our Carpentry Workshop specifically designed to help people coping with confidence and stress related issues.

Working with wood can be a very therapeutic and rewarding experience. The Carpentry Workshop offers a very supportive environment where participants can work very much to their own pace in a very relaxed atmosphere.

The second is a half day workshop designed specifically for women to help build confidence and learn basic DIY skills.

If anyone would like further details on these courses do contact me at the Furniture Scheme. Alternatively information is available at both Ludlow doctors surgeries and the library.

We continue to get a steady flow of excellent Volunteers without whom we could not provide the services that we do.

Availability of jobs is quite low locally at the moment so volunteering provides an excellent stepping stone. Help and support is available to all our volunteers with CV's job applications and interview skills.

There is always availability throughout our sites so if you're interested in volunteering please do contact me. We really do appreciate whatever help/time you can give.

Congratulations to Aaron Hawkins. Aaron has been volunteering at The Warehouse since December and he's now starting a new full time job at Spencers on their assembly line.

Di Hyde—Volunteer Co-ordinator 01584 877751
diane@furniturehcme.co.uk

Simon Magill, Re-use Centre Manager passed his Institute of Fire Engineers qualification in Fire Risk Assessment in March—well done Simon!

YOUR SUGGESTIONS AND IDEAS COUNT !

The Autumn edition of the Furniture Scheme News will be out at the end of August, if you have something to include, do let me know!

Would you please send contributions by Friday 12th August 2016.

Elaine Duggan 01584 874922 elaine@furniturescheme.co.uk

VOLUNTEERING OPPORTUNITIES WITH THE FURNITURE SCHEME

All of the volunteering opportunities provided by the Furniture Scheme come with full training and an allowance for travel expenses.

10 week placements for a part or full day per week are available in the first instance with opportunities for feedback and review to make sure all is going well for you.

All volunteers have the opportunity to take a qualification and get employability support if required.

For more information on any of these opportunities please contact:

Di Hyde Tel: 01584 874922 or email: diane@furniturescheme.co.uk

The Charity Bookshop

Unit 2 Drovers House, Auction Yard,
Craven Arms SY7 9BZ

The Charity Bookshop has now been open for two months! Thank you to everyone who has supported us, it has got off to a great start.

If anyone is interested in volunteering here please contact Di Hyde on the number above.



Customer Service Assistant

In Renaissance we need help with answering telephone calls, dealing with enquiries, making sales, using the till and credit card machine, keeping displays looking attractive and using a computer.

We are flexible with time as you are being generous with yours, but ideally either 9.30am - 1pm or 1pm - 5pm.

We also need assistants in our Flea Market

CasCA—General Assistants

Newington Way, Craven Arms SY7 9PS

General assistants needed to answer phones, set up the rooms, make refreshments (tea and coffee) and meet and greet.



Waste Management Project

Could you help us to dismantle sofas, washing machines and other items ready for the recycling process? Times to suit you, but you will need to be reasonably fit as it's quite hard work!



Electrical Testing

We would like volunteers to assist with the function testing of the electrical appliances.

You would work alongside a trained member of staff for this role - times to suit you.



Carpentry Workshop

Lower Galdeford SY8 1RZ

Volunteers carry out a variety of tasks from stripping and polishing donated furniture to more challenging projects.

Morning or afternoon sessions available, starting with a half day taster. You will be provided with full workshop training, support and the opportunity to gain a qualification.



James Cooper—General Manager

In April, Simon and I attended the Furniture Re-use Network (FRN) Conference. As ever it was a great event and we came away with lots of ideas and enthusiasm and some new contacts. Talking to people who are working for organisations similar to ourselves helps us to feel part of a larger movement, beyond our own region, and reminds us of how important the work of Furniture Re-use Organisations is. One of the things that each of the network members had in common is that they benefit from fantastic support from volunteers and supporters in the area they work in. This year we have gained many new friends as a result of us taking over the management of the Charity Bookshop in Craven Arms. The volunteer team are doing a great job and the proceeds raised from the shop sales will be a boost to our prospects of long term financial sustainability. If you haven't visited the Charity Bookshop yet, please do! They have a great range of fiction and non-fiction and you will receive a warm welcome. You can find the shop at Unit 2 Drover's House, The auction Yard, Craven Arms SY7 9BZ. (Next to Swifts!)

We want to be able to secure the future of our core charitable services through our own income streams but we still need the support of donors and grant giving organisations. We strongly believe that the social impact we achieve is great value for money and this year we are working on new ways to report our social value. We are also working hard to ensure as many people as possible know about us – how we can help relieve poverty and enable people. Visit www.furniturescheme.co.uk to find out more about how you can access our services or help us to deliver them. We're also very keen to continue to find more ways to re-use and recycle – we are currently diverting 14 tonnes from landfill every month and with the help of other local environmental organisations we hope to achieve even more. See Diane Lyle's article on pages 10 and 11 for more information.

There's lots of exciting things happening this summer, especially at our community centres and we hope to see as many of you as possible over the coming months. We might even get round to our re-launch of Renaissance soon, which will include a Summer Sale!

James Cooper, General Manager

The Furniture Scheme Tel: 01584 874922

Rockspring Community Centre, Sandford Road, Ludlow, Shropshire, SY8 1SX

www.furniturescheme.co.uk



Jean Jarvis MBE—Chief Executive

In March this year we received the exciting news that we'd been successful in our bid to the **Cabinet Office Local Sustainability Fund (LSF)**

The funding will allow us to 'carry out a business review and change plan that will lead to greater organisational sustainability'.

James and I often mention sustainability in this newsletter and over the 22 years we've been operating we've never quite achieved it, although of course we are still here!

As a social enterprise we are always looking for new and innovative ways to raise income whilst supporting those most in need in our community. We are looking at everything we do to make sure we are as efficient as possible.

If you have any suggestions of how we can increase income or raise funds then please get in touch, we are always interested to hear people's good ideas.

To help us kick start new opportunities our LSF approval will allow us to invest in:

- improved marketing and communications including increasing The Furniture Scheme profile, improved signage, PR, promotional material including customer facing videos;
- developing new income streams including for example the handy man scheme, PAT testing, weekend workshops, on line shop;
- a staff training and development programme including customer services, social media, desk top publishing, PR writing;

All of the above will take us closer to our sustainability goal, so look out for a higher profile, more visible Furniture Scheme over the coming months.

Introducing Partners in Social Enterprise (PSE)

I've been involved in this for a number of years it's a network of social enterprise practitioners working in the Marches. We meet up quarterly and the meetings are a great way to get busy social enterprises time to raise their heads above the parapet and hear what others are doing. It encourages joint working and pilots ideas through the group. Well worth the membership fee and £5 to attend meetings, with lunch thrown in.

The next meeting is at Wyldwoods CIC on 15th July at 10.30am. We are looking forward to tour and a talk by Steph Brett.



Wyldwoods CIC was set up in September 2007 by Stephanie Brett.

Based at Dean Corner Farmhouse near Broseley, Shropshire, the organisation is there to "meet the needs of disadvantaged individuals through meaningful, practical, rural experiences." It aims to achieve this by offering unique opportunities in arts and craft, horticulture, cooking, rural skills and other activities to those for whom mainstream education doesn't provide suitable stimulus.

Wyldwoods also offers a range of other opportunities to groups and individuals from Shropshire and the West Midlands that find themselves disadvantaged financially, geographically or socially. www.wyldwoods.co.uk

To find out more or book a place contact Amy amy.morling@ignitingambitions.co.uk or telephone her 01584 874922



RE-USE CENTRE, WEEPING CROSS LANE

TO DONATE FURNITURE PLEASE TELEPHONE: 01584 877788

The Re-use Centre has a wide range of household items from washing machines and cookers, refrigerators, tables, chairs, sofas, lamps, beds, mattresses, crockery etc at reasonable prices and is **open to the general public**, not just people on benefits.

**The Re-use Centre is open: Monday—Friday 10am—4pm & Saturday 10am—2pm
Do call in and have a browse, all welcome!**

Don't Dump it, Donate it.

Donating furniture to the Furniture Scheme is easy and it goes a long way towards helping your community.

Here are some of the items we accept:

Electrical	Kitchen & Household	Living	Bedroom
Fridges	Saucepans	Settees/sofas	Beds
Cookers	Crockery	Armchairs	Chest of drawers
Vacuum cleaners	Cutlery	Coffee tables	Wardrobes
Washing machines	Waste bins	TV stands	Bedside cabinets
Freezers	Washing up bowls	Fireguards	Sheets
Irons	Baking tins	Mirrors	Pillowcases
Toasters	Ironing boards	Pictures	Duvets
Microwaves	Tables	Rugs	Blankets
Lamps	Chairs	Books	Curtains
Televisions (slim only)	Clocks		
Stereos	Freestanding cupboards		
Computers	sideboards		

Unfortunately we are no longer able to take printers

There are 3 things to remember before you get started:

1 We pick-up
Mon-Thurs
9am-4pm

**MON
TO
THURS**

* We will contact you to confirm your donation

2 Your item must be
in good condition

3 This must be
on your sofa*

* If you're donating a sofa!

**To Donate: Please Call 01584 877788
or go to www.furniturescheme.co.uk to book your item in online
Open: Monday—Friday 10am—4pm; Saturday 10am—2pm**



Renaissance

Renaissance provides 'reborn' items for the household. Donated items are imaginatively rejuvenated to a condition worthy of resale. Open Monday—Saturday 9.30am—5pm.

The Book Shop selling good quality good value books and a wide selection of rare books and 1st editions. Paperback fiction is always needed as well as interesting non-fiction and quality children's books.

The Flea Market Open Monday—Saturday 9.30am—5pm and Sundays 10am—4pm.

Carpentry Workshop

Did you know our **Carpentry Workshop** team can carry out competitively priced repairs and restoration to your furniture?

We also make bird boxes, bee boxes and house name plaques.

For more information contact the team on 01584 877706.

Re-use Centre

We provide PAT testing carried out by a trained tester. Fully mobile service—we'll come to you. Full test records for you to keep on file.

We charge £1.50 + VAT per item which includes free fuse and plug replacement as required—minimum charge of £30. We travel 10 miles from Ludlow at no cost to you, a charge of £1 per mile may be applied thereafter.
To book please phone 01584 874922 and speak to James



Reviive in Shrewsbury



Unit 4, Knights Park, Battlefield Enterprise Park,
Shrewsbury SY1 3AB

Open: Monday to Friday 9am—5pm,
Saturday 10am—5pm, Sunday 10am—4pm

Tel: 01743 588458 or 01743 442642
info@reviive.co.uk

Reviive is a community interest company and is a partnership between the Furniture Scheme and the Shropshire Housing Alliance. Both charities are committed to relieving poverty and protecting the environment and supporting a range of people in need, including victims of domestic violence, families living in poverty through unemployment and those excluded through disadvantage.

Reviive, Trench Road, **Telford** TF2 8AA Tel: 01952 217300

Reviive, Sovereign Way, **Chester** CH1 4QJ Tel: 01244 297396

Reviive, Unit 1 Mile Oak Industrial Estate, Maesbury Rd, **Oswestry** SY10 8GA

Tel: 01691 679817 Website: www.reviive.co.uk

Goodbye and thank you to Kristine



So long, Farewell.....

Back in October 2011, when my son left to start at University, I decided that I needed to do 'something else' and learn new skills and meet new people. Volunteering seemed like a good idea, so I went into The Renaissance Centre to meet up with the lovely Serena, who was then the Work Placement Officer for The

Furniture Scheme. She was very positive and helpful, and told me that sometimes volunteers were taken on as staff, when positions in the organisation were available, I thought at the time that this was wishful thinking - little did I know!!

I started volunteering at the Carpentry Workshop, with Bob, an incredibly talented woodworker, Graham, who always made me laugh (maybe we share the same weird sense of humour!) and Stef, who was always patient, even when I proved to have no strength whatsoever, and was not tall enough to use some of the machines without a box to stand on!! The banter and camaraderie in the workshop was great, and I am now fantastic at stripping furniture.

In 2012 I started volunteering in the office upstairs at Renaissance with Gill and Mike, to get back into admin work, and I met all the wonderful eclectic staff there! Chris was now in charge of volunteers, and was just as lovely as Serena! (This must always be the case as the present Work Placement Officer, Di, is also such a warm person, try it and volunteer, she will put you at your ease!) Also at this time we tried some Shabby Chic furniture in the Workshop, though alas, it was not very successful!! Who knew that chalk paint made so much dust and was so hard to paint on evenly???

Then in 2013, an Admin job came up in the Rockspring Centre, as TFS had just taken over CasCA and Maria was working there for half the week. I applied thinking I did not have much chance and was delighted to be offered the job!! It's a great place to work, as you never quite know what will happen next, and I have met some lovely people there! (Rob must be the kindest caretaker ever, and Elaine never gets annoyed, no matter how many times you ask her something!!) Though I must admit I'm still sad I never got to work on a Thursday to take advantage of the great value lunch, including Marilyn's sumptuous cakes.

For me, that is the most important thing about the Furniture Scheme, the people who work for it, and those who volunteer. I shall certainly miss being part of such a great team. Hopefully I will find work 'Up North', though I'm sure it couldn't be as interesting.

I shall definitely keep in touch!!

Kristine Squires

Admin Assistant/ Receptionist, Rockspring Centre

'What a load of Rubbish!' by Di Lyle—Ludlow 21 & Town Councillor

If you're of a 'certain age', the expression '3Rs' conjures up school days – and the three 'Rs' associated with that: Reading, (w)Riting and 'Rithmetic! If only it were that simple now!

The '3Rs' I'm writing about here still link, in a way, with school because they are about making you think about Rubbish!!!

Reducing (what you throw away)

Reusing (what you don't need to throw away)

Recycling (what you thought you might throw away)

There are some sums in there too because whatever you can reuse will save you some money and might remind you of a lost skill too! And, of course, everything you don't throw away means you are doing your bit to help the planet because it won't go into landfill which will make the world a much better place for those who have to live here after us!

There are quite a lot of exciting ideas being developed in the 3Rs group. Some of you might have heard about the 'Rubbish Diet'. This is a really clever and simple idea getting you to think – not about what goes into your stomach, but what goes into your black bin!



There's a lot of information to help you take part in the Rubbish Diet and you don't need to have an internet connection to do it. If you do – it's really easy to sign up. Just enter www.therubbishdiet.org.uk in your search engine and follow the links! If you don't have internet there will be paper details coming soon. It lasts for just 3 weeks by which time your rubbish habits will have changed and you will have learned loads about what can be recycled and where!

There will of course still be a need to throw some things away – and maybe you can think about organising a 'Tip-Share' in your street or neighbourhood so people with a car can take turns to go to the Tip in Craven Arms. This will cut down the number of journeys along the A49 – and save you some fuel costs too if the trips are shared.

On the Reusing side, plans are being developed to set up some repair workshops where you can learn how to fix various things either to take home again so you can carry on using them for a bit longer, or to make them good for other people to own. They can then be sold – which will help the Furniture Scheme to make a little bit of money as well!



The idea of setting up a Ludlow Bike Project is also being explored - at the moment there are two parts to the ideas: one to try and get some bike repair and maintenance classes running for all age groups but with a focus on children's bikes to get them in good working order for the cycling proficiency tests at school but also so the kids get to learn how to look after their bikes. This of course will also help to make them last a bit longer and if another idea of a 'bike swap' scheme takes off that will help to keep costs down for families and if a bike is no longer wanted, the Furniture Scheme can sell it once it's been repaired which will help them!



The other part of the idea is to try and set up a bike cafe in Ludlow where cyclists can meet up, share news of bike events and possibly buy basic spares. If you're interested in getting involved in this, please let me know!

The other 3Rs project is for Ludlow to have a Toy Library - and plans are well underway for this!!! It will be based at Appletree, just down the road from the Co-op, opposite the Queens Pub, and will open one day each week, either on Mondays or Tuesdays. So, instead of having to buy toys - and we all know how quickly kids grow out of things or get bored with them - you can borrow them for a very small charge. And if you have toys that are no longer played with, please donate them to the Toy Library.



You can tell Chris Perkins at Rockspring if you have any toys to give away and if you fancy helping to run the Library that would be great!

As soon as I have more details about these 3Rs projects, I will let Rockspring know - but will also keep you updated in future newsletters.

If you have any ideas to add to the 3Rs, or would like to get involved in helping to make things happen, please let me know - 01584 876854 or

diane.lyle@btinternet.com

Happy Recycling!



Community News – by Christine Perkins – Community Engagement Worker

Community Garden

I am very pleased to say that at last the weather seems to be turning after a very cold spell. We purchased a “walk in Greenhouse” to help with getting our plants off to a flying start, and as you can see, both myself and John one of our regular volunteers, look pretty pleased at the end result.



Unfortunately this was short lived – a gust of wind the next day blew the thing away!!! So – if anyone has a green house they would like to donate to the Community Garden please get in touch.

Undeterred by this set back, we have been using a propagator and have now got a range of plants doing well. These include, runner beans, leeks, turnips, onions, courgettes. All will be of use in the community lunches and any surplus will be offered to the food bank.



Turnips and Kale hardening off in the garden ready for planting out.

We always welcome anyone who would like to volunteer in the garden, and remember all volunteers are entitled to a free community lunch.

Even if you don't want to volunteer, these lunches consisting of a main dish and a piece of homemade cake are still incredible value at only £2.00. So why not come along on a Thursday and join us?

Ludlow's Small Gardens Festival 7th August 2016



12 noon until 6pm

For one summer's afternoon some of Ludlow's smaller gardens, outside the town centre, will be opening for visitors to wander and enjoy.

The Festival, which was the brainchild of Angela Siminson, first opened in 2013 and ran for two years. In 2015 Angela stepped down from running the event, giving us the opportunity to continue and build on her ideas.

Plans are in progress to make this a really great day out, with plenty of interesting gardens on show. This year there will be 12 gardens opening to the public in Gravel Hill, Julian Road, New Road, Whitefriars and on the Sandpits estate.

Free transport will be available throughout the afternoon to help get around the gardens with ease, as well as refreshments stops at Rockspring Community Centre and Whitefriars.

Four of the gardens will play host to exhibits by two local sculptors, and Mynd Hardy plants will have plants for sale at Rockspring Community Garden.

There will also be a free Plant 'Swap' Stall along the route – a gardeners' 'lucky-dip' as to what's on the stall on the day. So make sure you put the date in your diary.

Gardens will be open from 12 noon until 6pm.

Tickets cost £5 and allow entry to all gardens. Advance tickets can be purchased from Rockspring Community Centre, Renaissance Centre and Ludlow Assembly Rooms but all gardens will have entry tickets available on the day.

If anyone would like to help on the day, or would like to sponsor the event, please give me a ring on 01584 874922





The regular monthly feature at Rockspring Community Centre continues to be very popular.

The last course will take place on Friday 22nd July. There will then be a short break over the summer holidays. We aim to restart the end of September.

So don't miss your opportunity to come along and with the help of our volunteer tutor learn to cook economic and healthy meals. All ingredients are supplied and the session is Free, but booking is essential as places are quickly filled.

The sessions are very informal and friendly and a great way to meet new people and build confidence. Of course First Aid is on hand if there are any disasters with tins!!!



Shepherds pie/lasagne filling

Crafts

Crafts

Crafts

The now regular craft session is now in its third month and great things are being created! It is amazing what can be produced from essentially scraps of material that would normally be thrown away.

The sessions are a great way of meeting other people and learning a new craft, or rekindling your artistic flair.



All crafts from recycled materials

Remember these craft sessions are free- you may be asked to bring some materials, so why not check out our website to see when the next session is on and what we will be doing?

Alternatively, just give Rockspring Community Centre a ring on 01584 874922.

Rockspring Community Choir

By the time the Newsletter has gone to print we will be well into our summer programme of

Concerts and bookings, but please do not let that put you off joining – our repertoire is usually made up of well known tunes, and help is on hand from our resident Choir Master!

Rehearsals take place on a Wednesday evening at Rockspring Community Centre – 7.15pm – 8.45pm and subscriptions are only £3.

On the 22nd May we will be on the Dinham Millenium Green, supported by Ludlow Concert Band. This concert will celebrate in musical form Queen Elizabeth's 90th Birthday and should be a joyous affair with lots of rowdy audience participation throughout Rule Britannia!

20th June you will find us at The Parish Wives meeting and on 22nd June under the Buttercross as part of the Ludlow Fringe festival. If you are wondering about joining a choir, why not come along and join in the fun, we do expect audience participation at these



**Come along to a free open air concert
on Dinham Millennium Green
Ludlow**

And join with
**Rockspring Community Choir and
Ludlow Concert Band**

To celebrate musically
Queen Elizabeth's 90th Birthday

3.00pm

Sunday 22nd May 2016

Everyone Welcome

Programme to include Traditional/Wartime/Show and
Contemporary

Audience participation required for
Land of Hope and Glory
Rule Britannia etc.





Advance notice of

The Big Music Day

November 12th 2016 at Casca
Craven Arms Community Centre

Following on from last year's Mini Music Festival, we are taking all the successful elements from that event and adding to them.

Plans include The Big Sing, Children's musical workshops, harmony workshops, World music, therapeutic music workshops, and an opportunity to showcase local talent.

As plans progress, more details of the event can be found at www.shropshirehillsmusic.org or on our Furniture scheme website www.furniturescheme.co.uk.

But most importantly, make sure you keep the date free.

Do get in touch with us if you would like to take part in this event, or have other ideas that you think would fit into this event.



Celebration for Volunteers



To celebrate all the volunteering that takes place in Ludlow, and to mark HRH the Queens 90th Birthday, Homestart in conjunction with The Furniture Scheme and Shropshire Council's enablement team have organised an afternoon tea, trying to replicate one of Queens Garden Parties , at Rockspring Community Centre on Friday 10th June.

Invitations have been sent to over 60 local organisations asking them to nominate two volunteers to come along to this event.

It will be a great opportunity to celebrate all their achievements - a full report with pictures will feature in our next newsletter.





Community Garden

ROCKSPRING THURSDAYS

FREE IT help and support is available from 9.30am to 12pm learn how to use the internet, apply for jobs online, sending emails etc.

At 12.15pm we have a **Community Lunch** which only costs **£2**—it's either jacket potato, cottage pie, sausage & mash/chips, chicken pie or spaghetti bolognese (requests welcome within reason!) and slice of home made cake. Everyone welcome, no need to book, but if you are vegetarian it would be useful to know. See our website or call in to find out what the dish of the week is: www.furniturescheme.co.uk

Credit Union is available between 1pm and 4pm.

During the summer months volunteers are welcome to come and work in the Community Garden between 10am and 4pm. **All garden volunteers will have lunch for FREE.**



ROCKSPRING COMMUNITY CENTRE

HIRE PRICES



RATE PER HOUR OR PART THEREOF	WEEKDAYS 9AM-5PM	WEEKDAYS 5PM-9PM	SATURDAYS 9AM-5PM	SATURDAYS 5PM-9PM
COMMUNITY GROUPS MAIN HALL - SEATS 60	£8.00	£12.00	£12.00	£15.00
PRIVATE HIRE MAIN HALL - SEATS 60	£10.00	£15.00	£15.00	£20.00
COMMUNITY GROUPS TEME - SEATS 20 - 25	£7.00	£10.00	£10.00	£14.00
PRIVATE HIRE TEME - SEATS 20 - 25	£9.00	£13.00	£13.00	£18.00
COMMUNITY GROUPS CORVE - SEATS 10 - 12	£6.00	£9.00	£9.00	£12.00
PRIVATE HIRE CORVE - SEATS 10 - 12	£7.00	£10.00	£10.00	£14.00

Payment in advance is requested for all private parties.

Please note, the centre is not licensed to sell alcohol.

To book a room or for more information contact: 01584 874922 or email rockspring@furniturescheme.co.uk

rockspring community centre



WHAT'S ON AT ROCKSPRING

Day	Activity	Time	Cost	Other Notes
Monday	Baptist Church Lunch Club 2 nd Monday of the month	12 noon – 2pm	£2.50	
Tuesday	Basic Flower Arranging	10am – 12pm	DONATION	Every two weeks
	IT Drop in support - help with emails, word processing, file management etc	9.30am – 12pm	FREE	Every week
Wednesday	Tai-Chi	10am – 12 noon		Susan: 01584 874296
	Singing for Lung Health	4pm – 5pm	FREE	Kate: 01584 890284
	Rockspring Community Choir	7.15pm – 8.45pm	£3 sub	Chris: 01584 874922
Thursday	Drop in – IT drop in support - help with emails, word processing, file management etc	9.30 -12.00pm	FREE	
	LUNCH – it's either homemade soup, jacket potato, cottage pie, sausage & mash or pasta etc! and cake – all welcome! Lunch is FREE for Community Garden volunteers.	12.15pm	£2	
Friday	Let's Get Cooking / Rag Rug making / crafts	10am – 12.30pm	FREE	Every other week
Saturday	Marches Polio Group – 2 nd Saturday every month (except Dec & Jan) – bring and share lunch	12pm - 3pm		Dorothy Crook: 07890 972011

Ludlow Churches provide Emergency Food Parcels (by referral only through Housing Officer or Citizens Advice Bureau at Ludlow Youth Centre, Lower Galdeford, Ludlow Tel: 08444 99 11 00) these can be collected: Monday, Wednesdays, Thursdays & Fridays 11am – 1pm.

Rockspring Community Garden – run by volunteers for the community. To offer help contact: Chris Perkins - 01584 874922

Community Directory, information on health and care services available to people living in the Southern Shropshire area. Contact: Elaine Duggan 01584 874922 or 07896642018 Email: elaine@furniturescheme.co.uk

May 2016

Sandford Road, Ludlow, Shropshire SY8 1SX
rockspring@furniturescheme.co.uk www.furniturescheme.co.uk

01584
874922



The **Library** at CasCA, opening hours are Monday to Thursday 9am – 10pm, Friday 9am – 8pm & Saturday 9am – 12 noon.

Craven Arms and District History Group are based here on Friday mornings 10am–1pm, just drop in to view parish records, old photographs, maps, documents etc. For more information contact: Russell Jones 01584 861547

Cafe @ CasCA—on Monday, Tuesday & Wednesdays 10am – 2pm, offering sandwiches, Panini's, cakes and more! See menu on page 22.

Children's Party Packages are available, see our website for more details or call into the Centre and pick up a leaflet.

We have a **Bouncy Castle** which we hire out for parties held at the Centre.

WALK IN WEDNESDAYS AT CasCA 10am–12 noon

COMMUNITY LUNCH at 12.15pm it's either jacket potato, cottage pie, sausage & mash or spaghetti bolognese followed by a slice of cake or a pudding for only **£2.50**.



KNIT AND NATTER bring your knitting and have a cuppa while having a natter!

FREE IT support also available 10am–1pm.



Café @ CasCA

Menu

Full menu available Monday, Tuesday, Wednesday 10am-2pm

Sandwiches £3.00 / Panini's £3.50

- ♦ Egg & Cress ♦ Ham Salad ♦ B.L.T
 - ♦ Cheese & Onion ♦ Cheese & Pickle ♦ Tuna Mayo
 - ♦ Bacon, Brie & Cranberry £3.60 ♦ Cheese & tomato
 - ♦ Bacon Butty £2.50 ♦ Tuna Salad
- All Sandwiches/ Panini are served with a fresh seasonal side salad and crisps.*

Jacket Potatoes £2.50 with one filling

- ♦ Cheese ♦ Beans
 - ♦ Tuna, Sweetcorn & Mayonnaise ♦ Homemade Chilli
- 50p per extra filling

Toasties £2.50

- ♦ Ham ♦ Ham & Cheese ♦ Cheese & Pickle
- ♦ Cheese & Tomato

All items prepared fresh on order

Menu

Cakes £1.50 per slice

- ♦ Victoria Sponge ♦ Coffee & Walnut
- ♦ Chilli & Chocolate ♦ Lemon Curd

Hot Snacks £1.50

- ♦ Egg on Toast ♦ Beans on Toast
- ♦ Cheese on toast ♦ burger
- ♦ Cheeseburger

Snacks

- ♦ Flapjacks 50p
- ♦ Packet of Crisps 60p ♦ Chocolate Bar 30p

Drinks

- ♦ Selection of Coffee £1.50
- ♦ Tea £1.00
- ♦ Hot Chocolate £1.50
- ♦ Cans 80p

Craven Arms Community
Centre, Newington Way,
Craven Arms, Shropshire,
SY7 9PS
T: 01588 672847

Walking Into The Light

A night with an excellent Medium
at **CASCA**

Craven Arms Community Center
SY7 9PS

Starts April 12th

To be held on the 2nd Tuesday of
every month

Doors open 7:30 Pm

£5 a ticket

For information please contact
Trudi on 07947157848

Hosted By

Hillary, Trudi, Angela, Colleen,
Kelly and Les

Corvedale badminton club



Wednesdays 8:00 - 9.30pm
All abilities are welcome



We are a friendly and sociable group of badminton
players looking for new members to join us.

Contact

Val Fotheringham on 01584841331
Or CasCa on 01588 672847



Day	Activity	Time	Cost	Other Notes
Monday	Art Group	1.00pm – 3.00		Call 07891106669
	KFA Karate	5.30 - 6.30pm		All Ages Tony – 07773 506468
	CA Men's Chorus	7.30 - 9.00pm		Not in Jan or Aug
Monday- Friday	Craven Arms Childcare & Pre School	9am – 3pm – flexible hours		Birth to 11yrs Wendy 07891106339

Tuesday	Rhyme Time - under 5's	11am – 11.30am	FREE	Last Tuesday of month
	Indoor Bowls	2.00 - 4.30pm	£3.00	October – March ONLY
	Walking in to the Light	7.30 – 9.30pm		Every second Tuesday
	Youth Forum Football	6 – 7pm	FREE	

Wednesday	Knit & Natter	10.00am – 12.00 noon	FREE	
	Basic IT skills	10am – 1pm	FREE	Adrian
	Yoga	11am – 12.30pm		01694 724317
	Community Lunch	12.15pm	£2.50	Hot meal and slice of cake
	Tea Dance	2.00 - 4.00pm	£2.50	2 nd & 4 th Wednesday
	Junior Football 8 – 9yrs	5.30 – 6.30pm		Dave Rowley 07976 241 463
	Slimming World	5.30pm and 7.30pm	£4.95	Alan - 01584 874430
	Corvedale Badminton	8pm – 9.30pm		

Thursday	Rhyme Time – under 5's	1.30pm – 2pm	FREE	Last Thur of month
	Gymnastics 3-16yrs	3pm – 6pm	£3.00	07769151649
	Fusion Dance/Bounce Dancefit			Sarah: 07779281831
	Marches Branch Embroiderers Guild	7.00pm – 9.30pm	£1.50 (member) £5.00 (visitors)	1 st Thursday of the month

Friday	Local History Group	9.30am – 12pm	FREE	
	CASBA Samba Drumming	4.15pm – 5.45pm	Children £1.50 Adults £3	Carol: 01588 672640
	Flames Netball	4.30 - 5.30pm 5.30 - 6.30pm		U 11's 01584 U 16's 841231

Saturday	Empathy	2.00 - 4.00pm		Every Other Saturday

Badminton and Volleyball are available every day and evening upon request Tennis: £8.00 per Court
 Badminton: £8.00 Per Court. Volleyball: £8.00 Per Court. CALL 01588 672847 MAY 2016

HIRE CHARGES FOR CasCA



Room		Corporate per hour	Community per hour	Youth per hour
Welsh Mountain (Sports Hall)	350 Theatre Style 200 Boardroom style	£30.00	£20.00	£15.00
Badminton Court		-	£8.00	-
Bowls per individual		-	£2.60	-
Children's party hire		-	£15.00	-
Shropshire	200 Standing/Theatre 170 seated	£25.00	£17.50	£15.00
Plowden	50 Theatre Style 30 Boardroom Style	£16.00	£12.00	-
Clun	20 Theatre Style 10 Board Room	£10.00	£5.00	-
Kerry	30 Theatre Style 15 Board Room Style	£13.00	£10.00	-
Playroom/pre-school		£13.00	£10.00	£6.00
Pavillion		£15.00	£10.00	£5.00
Small Office			£7.50	
Kitchen		£15.00	£7.50	
Badminton/Tennis/Table Tennis/Volley Ball		£8.00		
Bowls per individual		£3.00		
Tea Dance per individual		£2.50		
Art Group per individual		£1.50		
Children's Party Hire		Weekdays £15.00	Weekends £20.00	Bouncy Castle and room hire 3 hrs £100.00
Conference Hire (full use of building)		£1000 per day	£500 per day	

April 2016

Every 2nd & 4th Wednesday

Tea Dance

£2.50 PER PERSON INCLUDING Tea & Biscuits

2PM-4PM

CasCA
Community arts sports Craven Arms

Craven Arms Community Centre **01588672847**



Over the last 12 months CASCA has continued to build on its work engaging the community into activities and services. Through the focus of Walk in Wednesdays at CASCA we have not only been able to strengthen links with the local community and partners, but really bring to life the vision of a lively hub at the heart of Craven Arms.

This past year, with thanks to Craven Arms Town Council we have been able to update the lighting in the library and cafe area. This has made a huge difference! Not only can we now see, we are also saving money on our energy bills (although these are still high, due the age of the equipment and energy costs).

We are now looking to update the lighting and heating throughout the rest of centre, prioritising the sports hall as this room is used most, and the current lighting is inadequate.

Whilst a few regular bookings have been lost over the past year due to certain groups losing their funding, we have gained several new regular bookings, including:

- Circuit Training
- Walk Into The Light
- Street Dance
- Writing Group
- ESOL courses
- Author Talks

One of our most popular groups, Tea Dance is thriving, with numbers increasing massively since April last year. Conference and business bookings are also on the rise, as we are now able to offer improved internet access and catering.

As the playing fields are now well maintained, local parents have commented CasCA is a great place to bring their children as the centre has great facilities. In 2015 The Furniture Scheme organised the Craven Arms Christmas Fayre in the square. This was a highly successful event and despite the weather it was enjoyed by the local community. We hope to be able to organise this year's Christmas Fayre, providing we receive more assistance.

Continued ...

Last Christmas we also hosted Christmas day lunch for local residents. We were able to do this through funding from Craven Arms Town Council and Church Stretton Rotary Club among other kind donations, as well as CASCA staff and volunteers giving their time for free.

Despite the many challenges CASCA has faced this year, income and usage figures have continued to increase, although our outgoing costs have also grown. This increase is mainly due to energy and staff costs. For the safety of our staff, we have felt it necessary to increase staff presence in the evening due to ongoing youth issues.

We are now into our final year of the library Service Level Agreement which is on a sliding scale. We are soon to start discussions with Shropshire Libraries on the future of Craven Arms library. We hope to be able to continue to house the library, but this of course depends on funding from Shropshire Council.

As always, I would like to thank all of the CasCA staff and volunteers for their hard work and continued support.

Maria Darcy, Centre Manager



Now offering rural respite

For further details contact us:
wyldwoods.co.uk
E: respite@wyldwoods.co.uk
T: 01952 884224
Wyldwoods, Dean Corner Paddock, Broseley TF12 5JH
f Wyldwoods CIC

Owner Stephanie Brett is delighted to announce that creative arts and training centre Wyldwoods is now able to offer a beautiful haven for respite. Stephanie says, "Our lovely space will be available to those who are in need of some peace and tranquillity away from the regular hustle and bustle of life."

"We have a **newly furnished twin bedroom**, with a wood-burning stove and somewhere to store your belongings. You can access the kitchen if you'd like to prepare your own meals or there are many places to eat in Broseley from cafes and restaurants to pubs and takeaways – and several of them deliver!"

"We also have an **authentic Mongolian yurt**, which sleeps four – though you'll need your own sleep bags. It's beautiful and cosy, with a wood-burning stove that really adds to the feeling of security and warmth."

Wyldwoods' respite facilities would suit carers, adults and children with additional needs (along with support), and anyone needing a short break, and the team can also provide arts and crafts workshops and activities by prior arrangement (at additional cost).





FIND US ON TWITTER & LIKE US ON FACEBOOK !

The Furniture Scheme, Rockspring Community-Centre and CasCA are on Facebook and we welcome anyone who would like to be our friend or like our page!

The Furniture Scheme is also on Twitter which we try to keep regularly updated. Find us at : www.twitter.com/furniturescheme

Also visit our website for more information about The Furniture Scheme and up to date news www.furniturescheme.co.uk

VOLUNTEER TRAINING OPPORTUNITIES

There are plenty of volunteer training opportunities in customer services, retail, warehousing and carpentry, these are great opportunities for developing employability skills in a workplace environment and giving something back to the local community.

For more information contact: Di Hyde 01584 877751
diane@furniturescheme.co.uk

IT Support @ Rockspring & CasCA

You can hardly cross the road these days without needing to be able use a computer. Accessing Government and Local Council services – it's called Digital by Default

At Rockspring and CasCA we offer free support and training to help do many of the things you want to do with the computer in a relaxed and jargon-free atmosphere. People have even said "it's fun"!

Help setting up an email account, preparing a CV, learning to use a Word Processor, finding information. Advice on On-Line Security, help with tablets and E-Book readers (up to a point). You learn in small groups with a patient tutor. And did we mention that it's free? And fun?

South Shropshire Care Information Provider (SSCIP) Shropshire Community Directory

If anyone would like information on where to access a support group or information on a health or care related issue, please contact Elaine Duggan on **01584 874922** Monday – Friday 9am – 5pm, or call into Rockspring Community Centre.

Alternatively you can access the Community Directory at:

www.shropshire.gov.uk/community-directory

If you know of a group which is not on there and you feel should be, please let me know. Email: elaine@furniturescheme.co.uk



Visit our website for up to date news: www.furniturescheme.co.uk

The staff and where they work

Rockspring Community Centre, Sandford Road, Ludlow SY8 1SX Tel: 01584 874922

Jean Jarvis MBE—Chief Executive

jean@furniturescheme.co.uk

James Cooper—General Manager

james@furniturescheme.co.uk

Gill Pitt—HR Learning & Development Manager

gill@furniturescheme.co.uk

Amy Morling—Management Team Support/Fuse

amy@furniturescheme.co.uk

Elaine Duggan—Community Directory & Marketing

elaine@furniturescheme.co.uk

Christine Perkins—Community Engagement Worker

chrisp@furniturescheme.co.uk

Rob Gardner—Caretaker

rob@furniturescheme.co.uk

Kristine Squires—Administration Assistant/Reception (Wed & Fri)

kristine@furniturescheme.co.uk

Ben Jenkins—Reception/General Assistant (Mon—Thurs)

ben@furniturescheme.co.uk

Lynda Hoad—Finance Officer

accounts@furniturescheme.co.uk

Adrian Cobley—IT Technician & Tutor (Tue & Thur 9am—12.30pm)

adrian@furniturescheme.co.uk

Renaissance, 7-8 Tower Street, Ludlow SY8 1RL Tel: 01584 877751

Julie Nash—Renaissance Centre Retail Manager

Julie.Nash@furniturescheme.co.uk

Richard Carpenter—Renaissance Centre Coordinator

richard@furniturescheme.co.uk

Di Hyde—Volunteer Coordinator

diane@furniturescheme.co.uk

Paul Francis—Statistics Officer

paul@furniturescheme.co.uk

Lisa Jacks—Customer Service Assistant

Carpentry Workshop, Ludlow Mascall Centre, Friars Walk, Ludlow SY8 1RZ Tel: 01584 877706

Stefan Laird—Workshop Supervisor

carpentry@furniturescheme.co.uk

Graham Lambourn—Volunteer Support Worker

Re-use Centre, Weeping Cross Lane, Ludlow SY8 1JH Tel: 01584 877788

Simon Magill—Re-use Centre Manager

simon@furniturescheme.co.uk

Kevin Jones—Assistant Manager

kevinj@furniturescheme.co.uk

Stuart James—General Assistant

stuart.james@furniturescheme.co.uk

Tim Stevens—Van Driver

Kevin Gubbins—Van Driver

Chris Marston—General Assistant

CasCA (Community arts sports Craven Arms), Newington Way, Craven Arms SY7 9PS

Tel: 01588 672847 Email: casca@furniturescheme.co.uk

Maria Darcy, Community Centres Development Manager

maria@furniturescheme.co.uk

Alison Kennedy—CasCA Supervisor

Lorna Odour—General Assistant

Richard Handley—General Assistant

Adrian Cobley—IT Tutor/Technician (Wed)

Jackie Wright—Finance Administrator

Alexis Seaborne—General Assistant

Marion Bailey—Domestic Assistant

Jade Watson—Domestic Assistant

Marilyn de Warrenne—Catering General Assistant

The Charity Bookshop, Unit 2, Drover's House, Auction Yard, Craven Arm SY7 9BZ Tel: 01588 673902

charitybookshop@furniturescheme.co.uk

DIRECTORS

Chris Horton—Company Secretary

Julian Price—Co-opted

Chris Boote

Clare Ratcliff

Steve Price

Graeme Perks

Mike Beazley

Bryan Powell

Louise Holland