

Furniture Scheme News!

F R E E — PLEASE TAKE A COPY



The Furniture Scheme annual celebration event—see page 6

The Furniture Scheme is multi-faceted and at the core of our activities is supporting local people and developing their full potential. At all of our facilities we provide numerous volunteer opportunities, ranging from retailing to working in our community garden. We provide a safe and caring environment where people are respected, encouraged and valued.

Our sites include two community centres, Rockspring in Ludlow and CASCA in Craven Arms, Craven Arms Charity Bookshop, Renaissance in Ludlow, The Reuse Centre in Weeping cross Lane and our Carpentry Workshop at The Ludlow Mascall Centre.

We work hard to achieve our three primary objectives of improving peoples life chances, strengthening communities and increasing environmental sustainability.

Visit our website for up to date news: www.furniturescheme.co.uk

WHEN YOU HAVE READ THIS, PLEASE PASS IT ON



SNAPSHOT OF THE FURNITURE SCHEME

What happens where...

WAREHOUSE, Weeping Cross Lane, Ludlow SY8 1JH Mon—Thur 9am—1pm, Fri 9am—4pm, Sat 10am—2pm **Phone: 01585 877788 for furniture donations**

- ⇒ Trading site
- ⇒ Computer recycling workshop
- ⇒ Wood & Metal recycling facility
- ⇒ Bulky waste base
- ⇒ Removal of handles, knobs, hinges and screws for re-use
- ⇒ Volunteering and placement opportunities
- ⇒ Donation point
- ⇒ Two vans based here
- ⇒ Recycling Banks for textiles, wood & metal
- ⇒ Tools for Africa collection point



RENAISSANCE, 7-8 Tower Street, Ludlow SY8 1RL Mon—Sat 9.30am—5pm.

Phone: 01584 877751

- ⇒ Trading site
- ⇒ Bookshop and vinyl records
- ⇒ Flea Market
- ⇒ Information Board
- ⇒ Volunteering and placement opportunities
- ⇒ Household battery recycling point
- ⇒ Donation point



ROCKSPRING COMMUNITY CENTRE, Sandford Road, Ludlow SY8 1SX Mon—Fri 9am—5pm. Phone: 01584 874922

- ⇒ **Head office**
- ⇒ Volunteering and placement opportunities
- ⇒ Rooms for hire
- ⇒ Events and activities
- ⇒ Donation point for clothing, textiles, books etc



FRIARS WALK, Ludlow Mascall Centre, Ludlow SY8 1RZ

- ⇒ Carpentry workshop
- ⇒ Furniture restoration
- ⇒ Training facility
- ⇒ Training, volunteer and placement opportunities available
- ⇒ One van based here



CasCA, Newington Way, Craven Arms SY7 9PS Mon—Thur 9am—10pm, Fri 9am—8pm, Sat 9am—12 noon - by arrangement at other times. Phone: 01588 672847

- ⇒ Volunteering and placement opportunities
- ⇒ Rooms for hire
- ⇒ Events and activities
- ⇒ Donation point for clothing, textiles, books etc



THE CHARITY BOOKSHOP, Unit 2 Drover's House, Auction Yard, Craven Arms SY7 9BZ Open: Mon—Fri 9.30am – 4.30pm and Sat 9.30am – 1pm. Phone: 01588 673902

- ⇒ Trading site
- ⇒ Donation of books, jigsaw puzzles, CD's and DVD's





OUR WONDERFUL VOLUNTEERS!

Di Hyde—Volunteer Co-ordinator

Di Hyde—Volunteer Co-ordinator 01584 877751
diane@furnitureshcme.co.uk

It would be impossible for The Furniture Scheme to continue successfully without the help and commitment of our Volunteers. We are extremely fortunate that so many people give their time and help with such enthusiasm.

So far this year three of our Volunteers have left us to move on to full time employment.

We're so delighted for them & pleased that we could give support to enable them to move on to such positive outcomes.

Volunteering can be such an excellent stepping stone to further education, training or work. It can also be an ideal way to improve social skills or just make new friends. Here at The Furniture Scheme we are very excited to be involved in a lottery funded project called Building Better Opportunities. Those who sign up to this project will have access to craft and cookery workshops and short courses in our Carpentry Workshop. There will also be support available in all aspects of moving forward to further opportunities such as employment.

You may be retired and looking to help others whilst making new friends or you may be between jobs but wanting to stay motivated or you may be interested in taking part in our new project.

Whatever your situation we would love to hear from you as there is Volunteering availability throughout our sites on a variety of days and hours to suit.



YOUR SUGGESTIONS AND IDEAS COUNT !

The Summer edition of the Furniture Scheme News will be out at the end of May if you have something to include, do let me know!

Would you please send contributions by Friday 12th May 2017.

Elaine Duggan 01584 874922 elaine@furniturescheme.co.uk

VOLUNTEERING OPPORTUNITIES WITH THE FURNITURE SCHEME

All of the volunteering opportunities provided by the Furniture Scheme come with full training and an allowance for travel expenses.

10 week placements for a part or full day per week are available in the first instance with opportunities for feedback and review to make sure all is going well for you.

All volunteers have the opportunity to take a qualification and get employability support if required.

For more information on any of these opportunities please contact:

Di Hyde Tel: 01584 874922 or email: diane@furniturescheme.co.uk

The Charity Bookshop

Unit 2 Drovers House, Auction Yard,
Craven Arms SY7 9BZ

Selling books, jigsaw puzzles, CD's
and DVD's.

If anyone is interested in volunteering
here please contact Di Hyde on the
number above.



Customer Service Assistant

At the Warehouse and Renaissance we
need help with answering telephone
calls, dealing with enquiries, making
sales, using the till and credit card
machine, keeping displays looking
attractive and using a computer.

We are flexible with time as you are
being generous with yours, but ideally
either 9.30am - 1pm or 1pm - 5pm.

We also need assistants in our Flea
Market.

CasCA—General Assistants

Newington Way, Craven Arms SY7 9PS

General assistants needed to answer
phones, set up the rooms, make
refreshments (tea and coffee)
and meet and greet.



Waste Management Project

Could you help us to dismantle sofas,
washing machines and other items
ready for the recycling process?

Times to suit you, but you will need to
be reasonably fit as it's quite hard
work!

Warehouse

Weeping Cross Lane, Ludlow SY8 1JH

- ◆ customer service assistants
- ◆ warehouse assistants
- ◆ van drivers and van buddies

You will need to be physically fit and
able to lift items of furniture.

Rockspring Community Centre

We would like volunteers to assist with
reception duties, cleaning and
administration.

We also need volunteer gardeners for
our community garden.



Carpentry Workshop

Lower Galdeford SY8 1RZ

Volunteers carry out a variety of tasks
from stripping and polishing donated
furniture to more challenging projects.

Morning or afternoon sessions
available, starting with a half day
taster. You will be provided with full
workshop training and support.



Jean Jarvis MBE—Chief Executive

We're about to launch a campaign in support of the legacy of the murdered MP Jo Cox by highlighting the work we do to help tackle loneliness. For many years we've been aware that loneliness is a huge problem for many people and can affect anyone at any stage of their life. It's a massive factor in people's recovery from illness, grief and injury and can be brought on by a change in lifestyle such as retiring, bereavement or people's children growing up and moving away.

Research shows us the impact loneliness can have on a person's health is comparable to smoking and obesity, so we know it's vital that we act to try to reduce its effects. Our community centres aim to combat loneliness by offering a variety of activities and courses, as well as a place people can come and meet others, have conversations and begin to improve their confidence. In fact the staff and volunteers across the whole of our charity are geared up to welcome people through which ever door they arrive.

We've been inspired by the work being done by Jo Cox's family and friends to continue her efforts to set up a Commission on Loneliness before she was killed in June last year. There are organisation like us across the whole of the UK who provide similar services in their efforts to combat loneliness, so we're not saying that we're the only ones, we just want to remind people what we do, were we are and how to contact us. You can find out more as you read on.

In January I was invited by Veolia to meet HRH The Princess Royal when she officially opened the Battlefield Energy Recovery Facility in Shrewsbury. I talked to Her Royal Highness about the community groups that we are involved with, including Reviive, and social enterprise in Shropshire.





James Cooper—General Manager

At our annual celebration event, which took place in December, we launched the 'Friends of the Furniture Scheme'. Since then, a number of people have signed up and made a donation towards the charitable work of the Furniture Scheme. We would like to say thank you to our new friends, whose contributions will help us to continue to make a difference to local people.

This year we are aiming to better showcase the social value of the Furniture Scheme's activities. We also want to make it easier for people to get involved and support the work of the charity. As an organisation we cover a lot of ground and the sale of furniture, books and rooms simply isn't enough to cover the cost of all our charitable services. That's why we need more 'friends' as well as grants, donations and volunteer support.

We recently wrote to a number of charitable trusts asking for support for our workshop. This isn't something we are in the habit of doing so we asked an expert to help us; we're pleased to say that so far we have had a positive response (for more details see page 11) and we hope this will continue throughout the year.

If anyone would like more information on how they can help us or indeed how the Furniture Scheme can help them, please get in touch.

James Cooper, General Manager
The Furniture Scheme Tel: 01584 874922

Building Better Opportunities



We are delighted to announce that The Furniture Scheme is a partner in a new project in Shropshire Telford & Wrekin. The Building Better Opportunities project brings together funding from the Big Lottery Fund and the European Social Fund (ESF) to help tackle the poverty and social exclusion faced by the most disadvantaged people in England. Run in conjunction with The Marches Local Enterprise Partnership (LEP), the project aims to provide pre-employment support within Shropshire and Telford and Wrekin for disadvantaged people aged 19 and over who are not in work.

Here at the Furniture Scheme it is a great opportunity to support local people to get involved in activities that promote self-confidence and increase skills through volunteering opportunities and activities such as Let's Get Cooking and Crafty Crafter sessions which are held here at The Rockspring Centre. So if you are looking for something whether it be a little more confidence, help to brush up your skills or CV then do get in touch.

This is a new and long awaited funded programme supporting projects in England that tackle poverty and promote social inclusion. It is funded by the Big Lottery Fund and the European social Fund. To be eligible people need to be unemployed or economically inactive and also have the right to live and work in the UK.

For more info and to book please call, text or email either Chris or Di.

Chris: 01584 874922 chrisp@furniturescheme.co.uk

Di: 01584 877751 diane@furniturescheme.co.uk

www.furniturescheme.co.uk



THE WAREHOUSE, WEEPING CROSS LANE

TO DONATE FURNITURE PLEASE TELEPHONE: 01584 877788

The Warehouse has a wide range of household items from washing machines and cookers, refrigerators, tables, chairs, sofas, lamps, beds, mattresses, crockery etc at reasonable prices and is **open to the general public**, not just people on benefits.

The Warehouse is open: Monday— Thursday 9am—1pm, Friday 9am—4pm & Saturday 10am—2pm. Do call in and have a browse, all welcome!

Don't Dump it, Donate it!

Donating furniture to the Furniture Scheme is easy and it goes a long way towards helping your community.

Here are some of the items we accept:

Electrical

Fridges
Cookers
Vacuum cleaners
Washing machines
Freezers
Irons
Toasters
Microwaves
Lamps
Televisions (slim only)
Stereos
Computers

Kitchen & Household

Saucepans
Crockery
Cutlery
Waste bins
Washing up bowls
Baking tins
Ironing boards
Tables
Chairs
Clocks
Freestanding cupboards
Sideboards

Living

Settees/sofas
Armchairs
Coffee tables
TV stands
Fireguards
Mirrors
Pictures
Rugs
Books

Bedroom

Beds
Mattresses
Chests of drawers
Wardrobes
Bedside cabinets
Sheets
Pillowcases
Duvets
Blankets
Curtains

Unfortunately we are no longer able to take printers

There are 3 things to remember before you get started:

<p>1 We pick-up Mon-Thurs 9am-4pm</p> <p>MON TO THURS</p> <p><small>* We will contact you to confirm your donation</small></p>	<p>2 Your item must be in good condition</p>  	<p>3 This must be on your sofa*</p>  <p><small>* If you're donating a sofa!</small></p>
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To donate: please call 01584 877788

or go to www.furnitureScheme.co.uk to book your item in online

Open: Monday—Thursday 9am—1pm, Friday 9am—4pm, Saturday 10am—2pm

The Warehouse

We provide PAT testing carried out by a trained tester. Fully mobile service—we'll come to you. Full test records for you to keep on file.

We charge £1.50 + VAT per item which includes free fuse and plug replacement as required—minimum charge of £30. We travel 10 miles from Ludlow at no cost to you, a charge of £1 per mile may be applied thereafter.

To book please phone 01584 874922 and speak to James

News from the Warehouse, Weeping Cross Lane

Well what a productive start to 2017 we're having so far - good staff, good volunteers and some great donated furniture from the local community and surrounding areas.

Towards the end of 2016 we came to an agreement that changing our opening hours would increase our stock flow and enable us to create a higher level of customer service. By shortening our opening hours we are able to give a more personnel and efficient service to customers.

We are open 9am – 1pm Monday to Thursday, 9am – 4pm on Friday and 10am – 2pm on Saturday. We are trialling these times for now to see how successful they are and will keep everyone updated if any changes are made.

As you may all be aware we had our collection van stolen last summer which has had a devastating effect on our organisation. Since then we have struggled on to the best of our ability which at times has been very challenging. They do say that every cloud has a silver lining, and with the delivery of our new van in April we will be back to full strength once again.

So if you're looking for some good quality furniture and a great customer experience then pop in to our Warehouse on Weeping Cross Lane and meet the staff and volunteers.

I look forwards to seeing you all in the coming months.

Simon Magill, Warehouse Manager Tel: 01584 877788



Renaissance

Renaissance provides 'reborn' items for the household. Donated items are imaginatively rejuvenated to a condition worthy of resale. Open Monday—Saturday 9.30am—5pm.

The Book Shop selling good quality good value books and a wide selection of rare books and 1st editions. Paperback fiction is always needed as well as interesting non-fiction and quality children's books.

The Flea Market Open Monday—Saturday 9.30am—4.30pm.

Renaissance, 7—8 Tower Street, Ludlow

Tel: 01584 877751

News from Renaissance

We are now selling second hand clothes—shoes, handbags, belts and scarves as well as other items in our upstairs room above the flea market called "The Attic."

If you have any donations of these items, we would love to have them, they can be dropped off at any of our Ludlow sites:

Warehouse, Weeping Cross Lane, Rockspring Community Centre, Sandford Road or here at Renaissance.

Julie Nash, Renaissance Retail Manager, Tower Street, Ludlow.

Open Monday—Saturday 9.30am—5pm.

Telephone: 01584 877751 Email: Julie.Nash@furniturescheme.co.uk



Carpentry Workshop

Did you know our **Carpentry Workshop** team can carry out competitively priced repairs and restoration to your furniture?

We also make bird boxes, bee boxes and house name plaques.

For more information contact the team on 01584 877706.

Carpentry Workshop

The Carpentry Workshop has recently received donations from the Euro Quality Charitable Trust, Westcroft Trust and The Walker Trust. These generous contributions will go towards the cost of the vital work carried out in our workshop where volunteers and trainees are able to learn new skills and gain confidence while helping to restore and upcycle furniture. In the last 12 months we supported 60 individuals at our Workshop who attend part time on 10-week placements.

We would like to say a big thank you to those Charitable Trusts that have donated to us and also the volunteers and staff who make the workshop such a positive part of the Furniture Scheme.

If you or any one you know would like to help by donating or volunteering, please get in touch.

James Cooper, General Manager 01584 874922

The Charity Bookshop in Craven Arms

March is a very special month for the Charity Bookshop since it marks the one-year anniversary of the reopening of the shop. In light of this I thought I'd say a few words to sum up the year.

Initially, being a bit of a worrier, I was nervous at the prospect of managing over 20 volunteers who would be overseeing the day-to-day decision-making and running of a bookshop. During the initial meeting, I saw just how passionate this group of people were and just how much work they were willing to put in to make the shop a success.

Volunteers jumped straight into action, with the support of the Furniture Scheme. They decided amongst themselves the best fit for each of their skills. Within the space of a week my worries had faded and in its place was a sense of excitement at the prospect of helping the team push forward.

These qualities have been heavily reflected in many aspects of the shop. Sales have been consistently strong throughout the year, exceeding targets and setting record weeks, time after time. The shop is repeatedly complimented by many customers that I speak to, all commenting on how professionally laid out it is, and how well organised whilst stock is kept up to date and is always sold at a reasonable price.

To celebrate our first fantastic year, the volunteers at the Charity Bookshop have decided to have a 3 for 2 sale throughout March, so get in there and buy some books! I promise you that you will get more than your money's worth.

Richard Carpenter, Renaissance Coordinator
Renaissance, 7-8 Tower Street, Ludlow SY8 1RL
01584 877751

Tales from the Book Room at Renaissance

Book £1 shop latest.

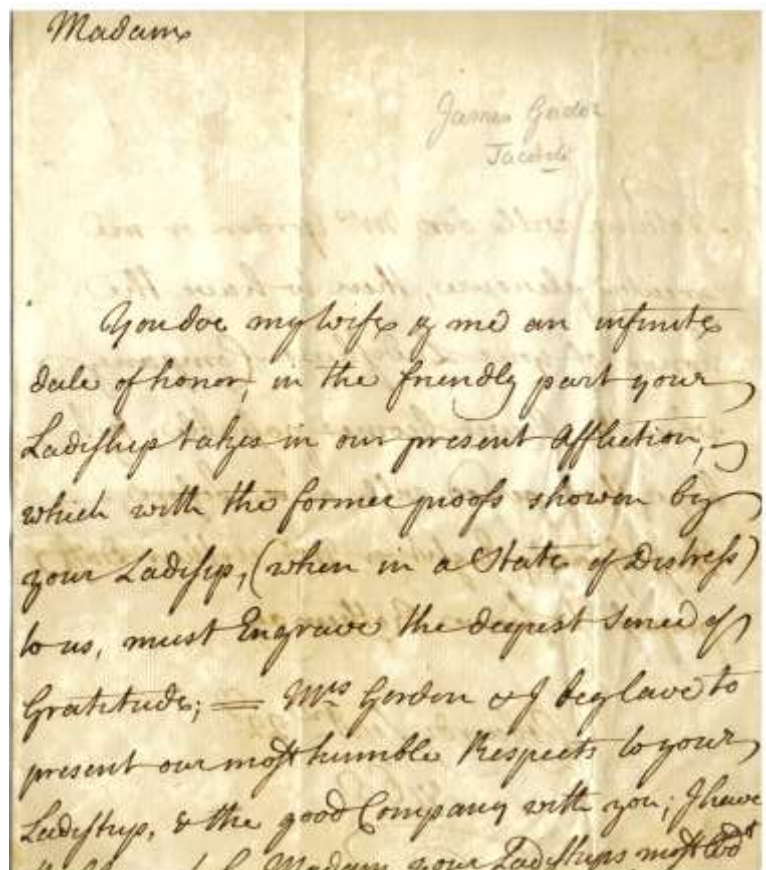
The big news this month is the opening of our new £1 shop. Some of you may remember that the books used to live in the glassed area in the alleyway. Well now they are going back there as our bargain basement. Books on all subjects, fiction and non-fiction, will be just £1 each.

We can do this thanks to the generosity of our supporters who keep sending us so many books that there is not enough room for them all in the Book Room and even at Craven Arms!

The main Book Room will continue to stock the usual wide choice of reading matter with a bit more room to expand the antiquarian section.

Other news - for keen students of the American Civil War (a subject with some current relevance) we have received the entire collection of a local scholar amounting to several hundred titles. They will be on sale in March.

If you are interested in Scottish history we can also offer a new selection of antiquarian titles mainly concerned with the Jacobite rising of 1745. Among them is an original letter from an attainted Jacobite lord.





Community News – by Christine Perkins – Community Engagement Worker

2017 – Here we go!

Spring is here, snowdrops and daffodils out and I am looking forward to a great year of community engagement.

The Furniture Scheme has been included in the Building Better Opportunity project which has been funded through the Big Lottery Fund and European Union Social Fund.

This three year project aims to help people, who are economically Inactive or unemployed, overcome barriers so that they will be able to take part in volunteering opportunities, activities, or gain employment in the future.

If you would like to know more about this or interested in taking part in the project, please do get in touch with either myself, or Di Hyde the Volunteer Co-ordinator.



By the time this edition has gone to press, we will have already had 2 let's get cooking sessions, and our Crafty Crafter sessions have now been rebranded as Get together Fridays.

Both sessions take place at Rockspring Community Centre on a fortnightly basis.

The Get together Friday sessions are mainly craft based, and I have attached details of the programme of activities up to March.

Future sessions will be advertised through Facebook and our website, so look out for these and get your creative juices flowing!!!!

Remember to contact Rockspring Community Centre to book your space.



Are now

Get Together Fridays

At Rockspring Community Centre

10.00am – 12.00noon

Spring Programme 2017

February 17th – Printing workshop; make your own designs for printing onto fabric.

February 24th – Let's Get Cooking; practical cookery session making a delicious meal using economic and healthy ingredients. (For the cookery sessions it is advisable to bring something suitable to take the finished product home in)

March 3rd – Needle Felting with Loudwater Studios

All of the above are free to attend – No need to bring anything as all materials are provided.

To avoid disappointment, Please contact Rockspring Community Centre on 01584 874922 to book your place





The annual call goes out for any budding Alan Titchmarsh's or Monty Don's out there.

If you are interested in helping our dedicated team of volunteers transform the community garden from the above to



Please get in touch – it's a great way to meet people, learn new skills, or teach skills, and know that whatever is grown is used in the community.

Chris Perkins, Community Engagement Officer

Tel: 01584 874922

chrisp@furniturescheme.co.uk

Ludlow Small Gardens Festival



With gardens beginning to show welcome signs that Spring is just around the corner we've started to think about this year's Small Gardens Festival.

As its name suggests, this is all about 'small' and what can be done in a small space and, with the gardens located around Sandpits and the Rockspring area, it's also about what can be done without a huge budget.

And of course it's about people who enjoy gardens and gardening from all parts of our town sharing experiences, time and ideas together.

The 12 gardens which opened to the public last year were a delight – all of them different and all showing such a range of clever ideas of making the most of limited or 'interesting' space. Over 350 people came to browse and admire and the weather was kindly. However, holding the Small Gardens Festival in August meant that however clever the designs and ideas, however pretty the gardens, they were just past their best.

So we've made a change for this year – and for future years – and we have moved the date from August to the first Sunday in July. This year the Small Gardens Festival will happen on Sunday 2nd July and it will be a whole-day event starting at 10.30 am, ending at 6.00 pm. Early July means the gardens will still be wearing their summer colours, so will provide a better showcase for them and for all the hard work their owners have been doing. It also coincides with the last day of the Ludlow Fringe Festival which we hope will attract more visitors to the Small Gardens Festival!

To make the event appealing and to keep past visitors interested and keen to return, we are looking to make it more 'festive' an exhibition of local artists' work at Rockspring Community Centre as well as local sculptors' work displayed in some of the gardens; a variety of stalls appearing along the route the minibus will take on the day and a 'party' atmosphere at the open garden space created by Andrew Osborne at the corner of Sandpits Avenue – seating, a jazz band, Pimms, ice creams and gazebos, of course, just in case the weather isn't supportive!!!

We also hope to launch a range of local-garden produce – under the label 'Shropshire Hills Produce' so anyone living in this beautiful part of England who uses what they grow in their gardens or on their allotments can join in. By doing so, they will be helping to raise money for the Small Gardens Festival to continue into the future and also helping to support the work of the Furniture Scheme who adopted the event in 2015 and run it as part of their community programme.

So ... if you have a garden you are proud of or have a garden which is a 'work in progress' ... if you can donate some local produce ... if you would like to be part of the stewards' team ... please get in touch!

Diane Lyle 01584 876 854 / diane.lyle@btinternet.com

HR Update

by Amy Morling, Executive Support Officer, PA to CEO Jean Jarvis MBE

At the start of 2017 we unfortunately had to say goodbye to one of our most popular members of staff, Ben Jenkins.

Ben, who began life at The Furniture Scheme as a volunteer receptionist, became a full time apprentice and gained a Level 2 NVQ in Business Administration. He has now moved into employment in Grounds Maintenance.

We have also said goodbye to Richard Handley, a General Assistant at CASCA and a TFS employee for 2 years. Richard now has a new role at Tuffins in Craven Arms.

We wish both Ben and Richard the best of luck in their new jobs.

We would also like to welcome Dan Price to our Warehouse Team. Dan is currently a Van Driver, collecting your lovely donated furniture. If you see him, make sure to give him a wave!



I don't often write about myself in the newsletter (or anyone else for that matter!) but I thought I would take this opportunity to share my good news...

After lots of lessons and three attempts I have finally passed my driving test! This was kick started by a grant I received more than two years ago, when I was a volunteer with The Furniture Scheme, which paid for some of my lessons and my theory test. I'm now employed by The Furniture Scheme and the grant has enabled me to be more independent and take on new responsibilities at work. So I'd like to say a big thank you to TFS and the HGEF.

WE NEED YOUR HELP



Would you like to become a Friend of The Furniture Scheme?

Your annual donation will directly contribute towards the charitable work of The Furniture Scheme, helping people facing disadvantage or hardship in South Shropshire.

Friends Membership is £30 per year.

You could opt to donate more and if you can Gift Aid your donation that helps too.

In the past 12 months The Furniture Scheme has supported 40 households in crisis with emergency furniture packages. This can be for a number of reasons including victims of domestic violence.

We offer low cost furniture and household equipment to everyone, re-using, recycling and minimising waste.

We have provided 108 work experience placements with 25 participants securing employment as a direct result of their time with us.

By becoming a Friend you will be directly supporting this important work and making a difference to local people's lives.

We are facing considerable challenges in this difficult financial climate and as a Friend you can help us to secure the future of the Furniture Scheme.

There are a number of ways you can help, including hosting or helping to organise fundraising events, sponsorship opportunities or activities.

To become a Friend of The Furniture Scheme download a registration form from our website www.furniturescheme.co.uk or call us on 01584 874922

Registered charity number 1082068 | Registered Company 4041051

There are many ways you can help The Furniture Scheme...

Donate

unwanted furniture,
household equipment,
bric-a-brac, books,
vintage clothing

Become a



The Furniture Scheme

Buy

from any of our shops:

The Warehouse
Renaissance
The Charity Bookshop
or our online shop
www.furnitureScheme.co.uk

Sponsor

a work placement trainee;
a Furniture Scheme van &
driver; an emergency
home starter pack

Leave us a legacy

gift some money to us in
your will and make a
difference to someone
in need

Volunteer

an hour, a day, a week
regularly or every now
and again - we have lots of
volunteer opportunities

Fundraise for us

for example host a coffee
morning, run a marathon
and nominate us through:
www.giveasyoulive.com

Support

our community events
and activities, hire rooms
in our community
buildings, follow us on
social media

Tell your friends and help us spread the word...



Community Garden

ROCKSPRING THURSDAYS

At 12.15pm we have a **Community Lunch** which only costs **£2**—it's either jacket potato, cottage pie, sausage & mash/chips, potato & cheese pie, pasta bake etc (requests welcome within reason!) and slice of home made cake. Everyone welcome, no need to book, but if you are vegetarian it would be useful to know. See our website or call in to find out what the dish of the week is: www.furniturescheme.co.uk

During the summer months volunteers are welcome to come and work in the Community Garden between 10am and 4pm. **All garden volunteers will have lunch for FREE.**



ROCKSPRING COMMUNITY CENTRE

HIRE PRICES



RATE PER HOUR OR PART THEREOF	WEEKDAYS 9AM-5PM	WEEKDAYS 5PM-9PM	SATURDAYS 9AM-5PM	SATURDAYS 5PM-9PM
COMMUNITY GROUPS MAIN HALL - SEATS 60	£8.00	£12.00	£12.00	£15.00
PRIVATE HIRE MAIN HALL - SEATS 60	£10.00	£15.00	£15.00	£20.00
COMMUNITY GROUPS TEME - SEATS 20 - 25	£7.00	£10.00	£10.00	£14.00
PRIVATE HIRE TEME - SEATS 20 - 25	£9.00	£13.00	£13.00	£18.00
COMMUNITY GROUPS CORVE - SEATS 10 - 12	£6.00	£9.00	£9.00	£12.00
PRIVATE HIRE CORVE - SEATS 10 - 12	£7.00	£10.00	£10.00	£14.00

Payment in advance is requested for all private parties.

Please note, the centre is not licensed to sell alcohol.

To book a room or for more information contact: 01584 874922 or email rockspring@furniturescheme.co.uk

Tea/coffee and a biscuit can be provided for 50p per person.

rockspring community centre



WHAT'S ON AT ROCKSPRING

Day	Activity	Time	Cost	Other Notes
Monday	Baptist Church Lunch Club 2 nd Monday of the month	12 noon – 2pm	£2.50	
Tuesday	Basic Flower Arranging	10am – 12pm	DONATION	Every two weeks
Wednesday	Tai-Chi	10am – 12 noon	£9 a session or concession £7	Susan: 01584 874296
	Singing for Lung Health	2.30pm – 3.30pm	FREE	Kate: 01584 890284
	Rockspring Community Choir	7.15pm – 8.45pm	£3 sub	Chris: 01584 874922
Thursday	LUNCH – it's either soup, baked potato, cottage pie, sausage & mash or pasta bake etc followed by a slice of cake – all welcome! Lunch is FREE for Community Garden volunteers.	12.15pm	£2	
Friday	Let's Get Cooking / Rag Rug making / crafts	10am – 12.30pm	FREE	Every other week
Saturday	Marches Polio Group – 2nd Saturday every month (except Dec & Jan) – bring and share lunch	12pm - 3pm		

Ludlow Churches provide Emergency Food Parcels (by referral only through Housing Officer or Citizens Advice Bureau at Ludlow Youth Centre, Lower Galdeford, Ludlow Tel: 08444 99 11 00) these can be collected: Monday, Wednesdays, Thursdays & Fridays 11am – 1pm.

Rockspring Community Garden – run by volunteers for the community. To offer help contact: Chris Perkins - 01584 874922

Community Directory, information on health and care services available to people living in the Southern Shropshire area. Contact: Elaine Duggan 01584 874922 or 07896642018 Email: elaine@furniturescheme.co.uk

February 2017

Sandford Road, Ludlow, Shropshire SY8 1SX
rockspring@furniturescheme.co.uk www.furniturescheme.co.uk

**01584
874922**

We have a computer suite with free access to computers and WiFi which are usually available Monday – Friday 9am – 4.30pm (excluding Wednesday mornings and Bank Holidays).

**Do you have
breathing
difficulties?**

**British
Lung
Foundation**

**Join a singing for lung health group today.
It may help you to breathe better and it's fun.**

Everyone welcome – no previous singing experience necessary.

**Contact Kate Jones
on 01584 890 284/07817 250 762**

**We meet on Wednesdays 2.30pm—3.30pm
at Rockspring Community Centre, SY8 1SX**

The group leader above can explain more about singing for lung health classes. They are a singing professional who has completed a BLF endorsed training course to provide safe and relevant singing instruction to people with lung conditions.

Contact the British Lung Foundation for more information about lung health
Helpline: 03000 030 555 www.blf.org.uk

Reprinted: Singing for Lung Health (2014) BLF, Ludlow (2014) and the BLF (2015)

Ludlow Singing for Lung Health group at Rockspring Community Centre.

The first 12 weeks were funded by the British Lung Foundation who also gave other practical support for setting up the group.

Anyone with breathing problems and their partners are welcome to attend. It may help you breathe better and it's fun!

New members are welcome to join any time.

Contact Kate: Tel: 01584 890 284
email:
singlaughbreathe@gmail.com

For this group to continue they need to raise funds and are holding an Easter Tea Party and Cake Sale on Wednesday April 12th.

Please come along and support them.

Sing Laugh Breathe

Invites you to join us for an

EASTER TEA PARTY AND CAKE SALE



3.30 pm - 5.00 pm Wednesday 12th April

at Rockspring Community Centre,
Sandford Road Ludlow SY8 1SX

Entry is free

In aid of the Ludlow Singing for Breathing group

Cakes and other delicious
bakes for sale including
gluten free and low sugar.

Come at 2.30 pm and join us for a sing!
No need to read music, just come and
have a go.

Easter Bonnet Competition:

come in an Easter Bonnet - prize for the best one!

www.sing-laugh-breathe.co.uk



IT suite with free access to computers (for the first 60 minutes) and unlimited free WiFi for using with your own devices available during opening hours.

Cafe @ CasCA—on Monday, Tuesday & Wednesdays 10am – 2pm, offering sandwiches, Panini's, cakes and more!

Children's Party Packages are available, call into the centre and pick up a leaflet.

WALK IN WEDNESDAYS AT CasCA 10am–12 noon



KNIT AND NATTER bring your knitting and have a cuppa while having a natter!

Sandwiches

£2.90



- Egg & Cress
- Ham Salad
- Cheese & pickle
- Cheese & Tomato

*served on white or brown bread
with a salad garnish*

- Bacon £2.50
- Sausage £2.50
- Egg £2.00

Or add any one of the 3
above for a extra 50p
Served on white or brown bread

Toasties

A choice from the
following fillings:

- ♦ Cheese
- ♦ Tomato
- ♦ Onions
- ♦ Ham
- ♦ Beans

1 Filling £2.50

Home Made Soup of the day



*Served with fresh
bread*
£2.50

Omelettes

Plain omelette £2.50

*For filling of the day please
see a member of staff*

50p per extra filling

Special of the day

£3.00 inc a cuppa

A Selection of

*Homemade cakes
&
Homemade Biscuits*

Please take a look at the counter



Coffee	£1.50
Tea	£1.00
Hot Chocolate	£1.50
Choco milk	£1.50
Cafe Latte	£1.50
Cappuccino	£1.50
Espresso	£1.50
Cans	80p
Squash	30p

*Bikers &
Walkers
Welcome*

*Photo copying
&
Printing*

Buffets

*Hot & Cold
Drinks and
Snacks*

*Eat in or
Take Away*

*FREE
WiFi*

*FREE
Use of
Computers*

Local Information Centre



**Craven Arms Community Centre
& Library**
Newington Way, Craven Arms
Shropshire . SY7 9PS
01588 672847
casca@furniturescheme.co.uk
www.facebook.com/casca.centre



Day	Activity	Time	Cost	Other Notes
Monday	Art Group	1.00pm – 3.00		Call 07891106669
	CA Men's Chorus	7.30 - 9.00pm		Not in Jan or Aug
Monday- Friday	Craven Arms Childcare & Pre School	9am – 3pm – flexible hours		Birth to 11yrs Wendy 07891106339

Tuesday	Indoor Bowls	2.00 - 4.30pm	£3.00	October – March ONLY
	Hula Hooping (Kids)	4.00 – 5.00pm		
	Spirit Light & Soul	7.30 – 9.30pm		Every second Tuesday
	Youth Forum Football	6 – 7pm	FREE	Rich Morley
	Glow Jive (Clubbercise)	6.30 – 7.30pm		

Wednesday	MumMe Fitness	9.10 – 10am	FREE	nina@futurefamilyfitness.co.uk
	Knit & Natter	10.00am – 12.00 noon	FREE	
	Yoga	11am – 12.30pm		01694 724317
	Community Lunch	12.15pm	£2.50	Meal and slice of cake
	Tea Dance	2.00 - 4.00pm	£2.50	2 nd & 4 th Wednesday
	C/A Football (under 11)	5.30 – 7.30pm		Dave 07976241463
	Slimming World	5.30pm and 7.30pm	£4.95	Alan - 01584 874430
	Zumba Fitness Class	7.00pm-8.00pm		07740835673
	Corvedale Badminton	8.00pm – 9.30pm		
	Zumba Fitness	7.00pm – 8.00pm	£5	07740835673

Thursday	Gymnastics 3-16yrs	3pm – 6pm		07769151649
	Adult Gym	6.15pm – 7.15pm		
	Yoga with Lec	6.15p – 7.30pm		lecandyoga@hotmail.com
	Marches Branch Embroiderers Guild	7.00pm – 9.30pm	£1.50 (member) £5.00 (visitors)	1 st Thursday of the month

Friday	Local History Group	9.30am – 1pm	FREE	
	CASBA Samba Drumming In Pavilion	4.15pm – 5.45pm	Children £1.50 Adults £3	Carol: 01588 672640
	Flames Netball	4.30 - 5.30pm 5.30 - 6.30pm	Term time only	U 11's 01584 U 16's 841231

Saturday	Empathy	2.00 - 4.00pm		Every Other Saturday

Badminton and Volleyball are available every day and evening upon request Tennis: £8.00 per Court
 Badminton: £8.00 Per Court. Volleyball: £8.00 Per Court. CALL 01588 672847 February 2017

HIRE CHARGES FOR CasCA



Room		Corporate per hour	Community per hour	Youth per hour
Welsh Mountain (Sports Hall)	350 Theatre Style 200 Boardroom style	£30.00	£20.00	£15.00
Badminton Court		-	£8.00	-
Bowls per individual		-	£2.60	-
Children's party hire		-	£15.00	-
Shropshire	200 Standing/Theatre 170 seated	£25.00	£17.50	£15.00
Plowden	50 Theatre Style 30 Boardroom Style	£16.00	£12.00	-
Clun	20 Theatre Style 10 Board Room	£10.00	£5.00	-
Kerry	30 Theatre Style 15 Board Room Style	£13.00	£10.00	-
Playroom/pre-school		£13.00	£10.00	£6.00
Pavillion		£15.00	£10.00	£5.00
Small Office			£7.50	
Kitchen		£15.00	£7.50	
Badminton/Tennis/Table Tennis/Volley Ball		£8.00		
Bowls per individual		£3.00		
Tea Dance per individual		£2.50		
Art Group per individual		£1.50		
Children's Party Hire		Weekdays £15.00	Weekends £20.00	Bouncy Castle and room hire 3 hrs £100.00
Conference Hire (full use of building)		£1000 per day	£500 per day	

April 2016



Alexis Seaborne—General Assistant at CasCA

In December 2016 I gained a diploma level 3 in teaching Yoga. Thanks to The furniture scheme who helped me secure the funding and helped me achieve the qualification I can now teach

Yoga classes and have a new career path to look forward to.

I'm really looking forward to being able to progress with the yoga in all areas and get a local class up and running in craven arms.

In the future I would like to work more with specific needs and yoga and know that I will be fully supported by the Furniture Scheme in the future.

A class will start at CasCA in Craven Arms on the 2nd March 2017 every Thursday from 6.15pm —7.30pm.

We look forward to seeing you. Alexis

Please join our



Your donation will directly contribute towards our charitable work
To join, please complete the form on our website

www.furniturescheme.co.uk | info@furniturescheme.co.uk

facebook



Find us on Twitter and Like us on Facebook!

The Furniture Scheme, Rockspring Community-Centre and CasCA are on Facebook and we welcome anyone who would like to be our friend or like our page!

The Furniture Scheme is also on Twitter which we try to keep regularly updated. Find us at : www.twitter.com/furniturescheme

Also visit our website for more information about The Furniture Scheme and up to date news www.furniturescheme.co.uk

Volunteer Training Opportunities

There are plenty of volunteer training opportunities in customer services, retail, warehousing and carpentry, these are great opportunities for developing employability skills in a workplace environment and giving something back to the local community. For more information contact: Di Hyde 01584 877751 diane@furniturescheme.co.uk

IT @ Rockspring & CasCA

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CasCA have a computer suite with free access to computers (for the first 60 minutes) and unlimited free WiFi for using with your own devices available during opening hours.

The staff and where they work

Rockspring Community Centre, Sandford Road, Ludlow SY8 1SX Tel: 01584 874922

Jean Jarvis MBE—Chief Executive	jean@furniturescheme.co.uk
James Cooper—General Manager	james@furniturescheme.co.uk
Gill Pitt—HR Learning & Development Manager	gill@furniturescheme.co.uk
Amy Morling—Management Team Support/Fuse	amy@furniturescheme.co.uk
Elaine Duggan—Community Directory & Marketing	elaine@furniturescheme.co.uk
Christine Perkins—Community Engagement Worker	chrisp@furniturescheme.co.uk
Rob Gardner—Caretaker	rob@furniturescheme.co.uk
Lynda Hoad—Finance Officer	accounts@furniturescheme.co.uk

Renaissance, 7-8 Tower Street, Ludlow SY8 1RL Tel: 01584 877751

Julie Nash—Renaissance Retail Manager	Julie.Nash@furniturescheme.co.uk
Richard Carpenter—Renaissance Co-ordinator	richard@furniturescheme.co.uk
Di Hyde—Volunteer Co-ordinator	diane@furniturescheme.co.uk
Paul Francis—Statistics Officer	paul@furniturescheme.co.uk
Lisa Jacks—Customer Service Assistant	

Carpentry Workshop, Ludlow Mascall Centre, Friars Walk, Ludlow SY8 1RZ

Tel: 01584 877706

Stefan Laird—Workshop Supervisor	carpentry@furniturescheme.co.uk
Graham Lambourn—Volunteer Support Worker	

Warehouse, Weeping Cross Lane, Ludlow SY8 1JH Tel: 01584 877788

Simon Magill—Warehouse Centre Manager	simon@furniturescheme.co.uk
Kevin Jones—Assistant Manager	kevinj@furniturescheme.co.uk
Stuart James—General Assistant	stuart.james@furniturescheme.co.uk
Tim Stevens—Van Driver	
Daniel Price—Van Driver	
Chris Marston—General Assistant	

CasCA (Community arts sports Craven Arms), Newington Way, Craven Arms SY7 9PS

Tel: 01588 672847 Email: casca@furniturescheme.co.uk

Alison Kennedy—CasCA Supervisor	ali@furniturescheme.co.uk
Lorna Oduor—General Assistant	
Alexis Seaborne—General Assistant	
Jackie Wright—Finance Administrator	
Marion Bailey—Domestic Assistant	
Marilyn de Warrenne—Catering General Assistant	

The Charity Bookshop, Unit 2, Drover's House, Auction Yard, Craven Arm SY7 9BZ

Tel: 01588 673902 Monday to Friday 9.30am - 4.30pm & Saturday 9.30am - 1pm.
charitybookshop@furniturescheme.co.uk

DIRECTORS

Chris Horton—Company Secretary	Julian Price—Co-opted	Chris Boote
Clare Ratcliff	Steve Price—Chair	Graeme Perks
Mike Beazley MBE	Bryan Powell	Louise Holland

Reviive, Unit 4, Knights Park, Battlefield Enterprise Park, Shrewsbury SY1 3AB Tel 01743 588458

Reviive, Trench Road, Telford TF2 8AA Tel: 01952 217300

Reviive, Unit 1 Mile Oak Industrial Estate, Maesbury Rd, Oswestry SY10 8GA Tel: 01691 679817