

READ IT AND PASS IT ON PLEASE

FURNITURE SCHEME NEWS!

F R E E — PLEASE TAKE A COPY

**The Furniture Scheme at Ludlow Charity Market 29th August 2019
Charlotte and Julie were in charge of the stall**

The Furniture Scheme is a Social Enterprise. Supporting local people and developing their full potential is at the core of our activities. At all of our facilities we provide numerous volunteer opportunities, ranging from retailing to working in our community garden. We provide a safe and caring environment where people are respected, encouraged and valued.

Our sites include a Community Centre, Rockspring, in Ludlow, The Charity Bookshop in Craven Arms as well as Renaissance and The Warehouse in Ludlow.

We work hard to achieve our three primary objectives of improving peoples life chances, strengthening communities and increasing environmental sustainability.

SNAPSHOT OF THE FURNITURE SCHEME

What happens where...

WAREHOUSE, Weeping Cross Lane, Ludlow SY8 1JH Mon, Tue, Thur & Fri 9.30am—3.30pm, Wed 9.30am—1.30pm, Sat 9.30am—12.30pm **Phone: 01584 877788 for furniture donations**

- ⇒ Trading site
- ⇒ Computer recycling
- ⇒ Wood & Metal recycling
- ⇒ Bulky waste base
- ⇒ Bicycle refurbishment
- ⇒ Volunteering and placement opportunities
- ⇒ Donation point
- ⇒ Three vans based here
- ⇒ The Workshop



RENAISSANCE, 7-8 Tower Street, Ludlow SY8 1RL Mon—Sat 9.30am—4.30pm. Phone: 01584 877751

- ⇒ Trading site
- ⇒ Bookshop
- ⇒ Art
- ⇒ Information Board
- ⇒ Volunteering and placement opportunities
- ⇒ Donation point
- ⇒ Furniture restoration and upcycling
- ⇒ Furniture repairs



ROCKSPRING COMMUNITY CENTRE, Sandford Road, Ludlow SY8 1SX Mon—Fri 9am—5pm. Phone: 01584 874922

- ⇒ **Head office**
- ⇒ Volunteering and placement opportunities
- ⇒ Rooms for hire
- ⇒ Events and activities
- ⇒ Community Garden



THE CHARITY BOOKSHOP, Unit 2 Drover's House, Auction Yard, Craven Arms SY7 9BZ Open: Mon—Fri 9.30am—4.30pm and Sat 9.30am—1pm. Phone: 01588 673902

- ⇒ Trading site
- ⇒ Donation of books, jigsaw puzzles, CDs and DVDs





James Cooper—Operations Manager

The Furniture Scheme has been getting out and about this summer – promoting our work to more people and making new friends. In July we sponsored and participated in the Ludlow Green Festival where we ran a 'toy swap', which proved to be very popular. In August we were part of the Wrekin Housing Group's presence at the Shrewsbury Flower Show and most recently we had a stall at the Mayor's Charity Market in Ludlow. It's still surprising to find that there are many people in Ludlow who either don't know who we are or what we do. This year the Furniture Scheme is celebrating its 25th birthday. Over the past quarter of a century we have achieved a lot and we hope we have made a real difference to the community we operate in. No matter what new activity or project we have worked on the core objectives at the heart of the organisation have remained. We are not all about furniture, we are about people. Supporting, enabling and encouraging people – no matter what their background, skill set or personal circumstances.

Over the last few months we have been busy across all of our sites. At Rockspring we seem to be busier than ever and the community lunches continue to be popular. The free IT facilities are also well used and when needed we have provided one to one support for those less confident with IT. During May, June, July we supported 21 people in this way and each session lasted around 40 minutes. This is a stretch on our resources but we believe it is an essential service that we must deliver. We are helped by Connexus as well as Hands Together Ludlow who run the weekly Job Club on Fridays.

At Renaissance we have had some great window displays created by our volunteer Liz and we have had lots of visitors over the summer. All of the volunteers have worked hard to improve the layout and look of the shop. We're easy to miss as you walk along Tower Street but do call in and look at our selection of furniture, books and clothes. The Warehouse has been especially busy and we're pleased to have been able to have turned over the stock quickly and ensure that there is always a good selection of items for customers to choose from. The workshop team continue to carry out high quality restoration and repair work but we're struggling to keep up due to a lack of volunteers. Please get in touch if you are interested in helping out and sharing your skills.

The Charity Bookshop has had its own very impressive window display, see page 8 for more information. The team of volunteers continue to make a big contribution to our financial sustainability with their excellent sales.

A big thank you to our staff and supporters and particularly to all of our volunteers, across the Furniture Scheme, who contribute more than 250 hours a week.



**Justin Griffiths—
Community Engagement &
Volunteer Support Officer**

Justin Griffiths 01584 874922

Email: Justin.Griffiths@furniturescheme.co.uk

Hello once again and welcome to the page with all the interesting information about the exciting "Building Better Opportunities Shropshire" (BBO) project at the Furniture Scheme, funded by the European Social Fund and The National Lottery Community Fund. The big news this coming month is that I am going to be off work recovering from a leg operation, time to take all the metal out and stand on my own two feet, hopefully!

This operation couldn't have come at a better time, with the rugby World cup starting on the 20th September. Being hosted by Japan, but won by the mighty Wales – I will get to watch some of the exciting matches, whilst being inundated with get well soon cards and gifts. Enough of all that, what has been going on with the BBO Shropshire project I hear you ask, well my friends, the job centre in Leominster is keeping me extra busy with all of the potential project participants they are referring to me. I am busier than ever with young and old alike, wanting support to finally land that job of their dreams. We have had great success stories with people getting jobs, achieving certificates through a wide variety of training and education courses and gaining valuable skills and experience volunteering here at our very own Furniture Scheme.

If you are interested in signing up to a course, I have a construction course with funded CSCS cards starting on 28th October 2019, here at Rockspring – I have a lot of others in the pipeline, why not have a gander at the BBO Shropshire noticeboard near the reception office in Rockspring, to see if there is anything that takes your fancy.

Something else I mentioned last time is the volunteer dog walking project, something I hope to have operational in the new year – please get in touch if you want to get involved. We can train you up in canine first aid and you can really make the difference to people's and dog's lives.

That's all for now – have a great Autumn and I'll see you all again here in the Winter edition. Come on Wales!!!



**BBO Herefordshire
BBO Shropshire**
where will **your** journey take **you?**



The project is funded by The National Lottery Community Fund and the European Social Fund.

Would you like to get back into work after a lengthy absence? Are you currently looking for jobs through Job Centre Plus? Have you been turned down for a job because of lack of experience? Why don't you consider joining up on one of our work experience programmes so that you can get the right experience for the career you'd like. Funded by the European Social Fund and The Big Lottery Fund. For more information call **Justin Griffiths** on 01584 874922 or email Justin.Griffiths@furniturescheme.co.uk

NEW COURSES COMING SOON!



Courses starting in your area:

- **Digital inclusion course with funded Netbook to keep**
- **Construction course with funded CSCS Cards**
- **Security course with funded SIA license and guaranteed interviews**
- **Warehouse Level 1 & 2 with funded fork lift truck license**
- **Customer Service Level 2 with funded passports**
- **Customer Service Level 2 with funded PAT Testing**
- **Facilities Management Courses**
- **Health and Social Care**
- **Retail Courses**
- **Level 1 Food Hygiene & Food Safety**
- **Business Administration**

Talk to Justin to book your place today!



Justin.griffiths@furniturescheme.co.uk

01584 874922



BBO Shropshire
where will your journey take you?



**COMMUNITY
FUND**



The project is funded by The National Lottery Community Fund and the European Social Fund.

VOLUNTEERING OPPORTUNITIES WITH THE FURNITURE SCHEME

All of the volunteering opportunities provided by the Furniture Scheme come with full training and an allowance for travel expenses.

All volunteers have the opportunity to get employability support if required.

For more information on any of these opportunities please contact:

Di Hyde Tel: 01584 874922 or email: diane@furniturescheme.co.uk

The Charity Bookshop

Unit 2 Drovers House, Auction Yard,
Craven Arms SY7 9BZ

Selling books, jigsaw puzzles, CD's and DVD's.

If anyone is interested in volunteering here, or as an irregular volunteer for holiday cover, please contact Di Hyde on the number above.

Customer Service Assistant

At Renaissance we need help with answering telephone calls, dealing with enquiries, making sales, using the till and credit card machine, keeping displays looking attractive and using a computer.

We are flexible with time as you are being generous with yours, but ideally either 9.30am - 1pm or 1pm - 4.30pm.

Warehouse

Weeping Cross Lane, Ludlow SY8 1JH

We desperately need:-

- ◆ **customer service assistants**
- ◆ **warehouse assistants**
- ◆ **van drivers and van buddies**
- ◆ **sorting and pricing bric-a-brac**

You will need to be physically fit and able to lift items of furniture.

Waste Management Project

Could you help us to dismantle sofas, washing machines and other items ready for the recycling process?

Times to suit you, but you will need to be reasonably fit as it's quite hard work!

Rockspring Community Centre

Volunteers are needed to help in our Community Garden on Thursdays 9am—12pm. April to October

Renaissance Workshop

Tower Street, Ludlow SY8 1RL

Volunteers carry out a variety of tasks from stripping and polishing donated furniture to more challenging projects.

Morning or afternoon sessions available, starting with a half day taster. You will be provided with full workshop training and support.



The Warehouse, Weeping Cross Lane

TO DONATE FURNITURE PLEASE TELEPHONE: 01584 877788

The Warehouse has a wide range of household items from washing machines and cookers, refrigerators, tables, chairs, sofas, lamps, beds, mattresses, crockery etc at reasonable prices and is **open to the general public**, not just people on benefits.

The Warehouse is open: Monday, Tuesday, Thursday, Friday 9:30am-3:30pm, Wednesdays 9:30am – 1:30pm and Saturdays 9.30am-12.30pm. Do call in and have a browse.

Don't Dump it, Donate it!

Donating furniture to the Furniture Scheme is easy and it goes a long way towards helping your community.

Here are some of the items we accept:

Electrical

Fridges
Cookers
Vacuum cleaners
Washing machines
Freezers
Irons
Toasters
Microwaves
Lamps
Televisions (slim only)
Stereos
Computers

Kitchen & Household

Saucepans
Crockery
Cutlery
Waste bins
Washing up bowls
Baking tins
Ironing boards
Tables
Chairs
Clocks
Freestanding cupboards
Sideboards

Living

Settees/sofas
Armchairs
Coffee tables
TV stands
Fireguards
Mirrors
Pictures
Rugs
Books

Bedroom

Beds
Mattresses
Chests of drawers
Wardrobes
Bedside cabinets
Sheets
Pillowcases
Duvets
Blankets
Curtains

Unfortunately we are no longer able to take printers or large Televisions

There are 3 things to remember before you get started:

1 We pick-up
Mon-Thurs
9am-4pm

**MON
TO
THURS**

* We will contact you to confirm your donation

2 Your item must be
in good condition




3 This must be
on your sofa*



* If you're donating a sofa!

**To donate: please call 01584 877788
or go to www.furniturescheme.co.uk to book your item in online**

The Charity Bookshop in Craven Arms



During August there was an amazing display of book art on show in the window of our Charity Bookshop in Craven Arms. Unwanted books were turned into beautiful and interesting art by the 'Book Art' group from Clun. Thank you to all involved, including artists and bookshop volunteers.

Sing for Fun and Better Breathing!

Sing Laugh Breathe Singing for Lung Health continues to sing once a week on Wednesday afternoons at Rockspring. Thanks to a Tesco Bags of Help award the group has been able to continue for another year, celebrating our third birthday this summer.

Participants have a range of conditions that cause their breathing difficulty including COPD, asthma, anxiety and bronchiectasis. New members are always welcome and we are delighted to have had several people give us a try in recent months. The group is friendly and fun, with the aim of helping those with any kind of breathing difficulty to breathe better through singing. Having a 'good' singing voice is not necessary, nor is being able to read music as all the songs are taught by ear.

Here is what some of the group members have said:

"Having been ill for some weeks and finding it difficult to get my breath and at times being short of breath getting up the hills. After two classes things have become much easier for me."

"Thought I would not come but I have and really really enjoy it. Breathe a lot easier"

"Joyful – great togetherness and singing"

"It is very healthy and helpful"

"This is a very worthwhile class and I come away singing little ditties in my head"

So why not come along and give it a try if you enjoy singing?! We meet most weeks 2.30 pm to 3.30 pm at Rockspring. We ask for a contribution of £4.00 but no-one is turned away if unable to pay this.

If you would like a chat before coming please call Kate on 01584 890 284.

South Shropshire Youth Forum

The Youth Forum is pleased to report that the After School Homework club being delivered at the Rockspring centre on Thursdays is going well. We are open to new members, so just turn up and sign in – it's FREE! It's aimed at 8–11 year olds and runs 3.30–5pm during term time. Starting back on 3rd October.



Working Together Ludlow

to include people with learning difficulties

Mini Café Menu

See our specials board
open Monday, Tuesday, Wednesday & Friday 10am–2pm

FOOD (Vegetarian)

	Eat in/Out
Homemade Soup of the Day	2.50
Homemade Vegetable Curry/Chilli	3.50

Sides: Jacket Potato—order before 11am, Bread Roll or Rice .50p
Specials may include: Greek salad, vegetarian pasties, sausage rolls or scotch egg.

CAKE

Slice of homemade cake (selection available)	1.50
Cheese Scones with Butter	1.50
Toast (two slices) with Butter, Jam or Marmalade	1.50

HOT DRINK—bring your own mug for 50p discount

Coffee: Americano, Cappuccino (cup)	1.50
Americano, Cappuccino (mug)	2.00
Espresso	1.50
Double Espresso	2.00
Latte	2.00

Tea (including Speciality varieties)	1.50
Hot Chocolate	2.00

COLD DRINKS

Orange Squash/Blackcurrant	.50p
Mineral Water (sparkling)	1.00
Cartons of Apple and Orange Juice	1.00
Cordials served with sparkling water	1.50

Food Allergies and intolerances: Please speak to one of our staff about ingredients when placing an order.

Working Together (Ludlow) Ltd—To include people with learning disabilities
Rockspring Community Centre, Sandford Road, Ludlow SY8 1SX
Tel: 01584 318925 Email: admin@workingtogetherludlow.co.uk
www.workingtogetherludlow.co.uk
Registered Charity No: 1147358 Company No: 7982400 registered in England and Wales

Working Together, now based at Rockspring Community Centre have their Mini Café where they serve delicious cakes, scones, soup, vegetarian pasties and curries. Open Monday, Tuesday, Wednesday & Friday 10am – 2pm—do call in and see them. Also available to order and enjoy at home as a takeaway.

They also provide a delivery service! Give them a ring to see if it's available in your area on 01584 318925.

All the food produced is made by Working Together's learning disabled members with support from a highly motivated team of staff and volunteers.



Community Garden

ROCKSPRING COMMUNITY CENTRE

The Centre is staffed Monday to Friday 9am to 5pm and hosts a number of activities. Private hires are also accommodated in our hall during the evenings including Saturdays until 9pm, we are unable to take bookings on a Sunday. **N.B. The centre is not licensed to sell alcohol.**

As well as the main hall, the Centre also has two smaller meeting rooms for hire, (Monday - Friday 9am – 5pm only) both with kitchenette facilities, see hire prices below. *Tea/coffee can be provided for 50p + VAT per person.*

We have free WIFI, also projector, projector screen and flip chart available.

Rockspring Community Garden is based here, and sell vegetables grown in the garden on Thursdays during the summer months. Everyone is welcome to come and work in the garden. Our Community Lunch takes place every Thursday at 12.15pm and is only £2 (FREE for Garden volunteers).



Find out what's going on at Rockspring by following our Facebook page: [Rockspring Community Centre](#)

Telephone: 01584 874 922 Email: rockspring@furniturescheme.co.uk

ROCKSPRING COMMUNITY CENTRE ROOM HIRE PRICES

RATE PER HOUR OR PART THEREOF	WEEKDAYS 9am - 5pm	WEEKDAYS 5pm - 9pm	SATURDAYS 9am - 5pm	SATURDAYS 5pm - 9pm
PRIVATE HIRE MAIN HALL - SEATS 60	£11.00	£16.00	£16.00	£21.00
PRIVATE HIRE TEME - SEATS 20 - 25	£10.00	N/A	N/A	N/A
PRIVATE HIRE CORVE - SEATS 10 - 12	£8.00	N/A	N/A	N/A

RATE PER HOUR OR PART THEREOF	WEEKDAYS 9am - 5pm	WEEKDAYS 5pm - 9pm	SATURDAYS 9am - 5pm	SATURDAYS 5pm - 9pm
COMMUNITY GROUPS MAIN HALL - SEATS 60	£9.00	£13.00	£13.00	£16.00
COMMUNITY GROUPS TEME - SEATS 20 - 25	£8.00	N/A	N/A	N/A
COMMUNITY GROUPS CORVE - SEATS 10 - 12	£7.00	N/A	N/A	N/A

Payment in advance is requested for all private parties.

Please note, the centre is not licensed to sell alcohol.

To book a room or for more information contact: **01584 874922** or email rockspring@furniturescheme.co.uk

rockspring community centre

What's on at Rockspring

Day	Activity	Time	Cost	Other Notes
MONDAY	Baptist Church Lunch Club 2 nd Monday of the month	12 noon – 2pm	£2.50	Diane: 01584 831109

WEDNESDAY	Tai-Chi	10am – 12 noon	£9 or concession £7	Susan: 01584 874296
	Singing for Lung Health	2.30pm – 3.30pm	£4 a session	Kate: 01584 890284
	Rockspring Community Choir	7.15pm – 8.45pm	£3 sub	01584 874922

THURSDAY	IT Support - help with Universal Credit, benefits, house search, job applications etc	9am – 12pm	FREE	Drop-in
Term time	Jiggy Wrighglers for 0 – 5 yrs Music & movement group	10am – 11am Starting 19th Sept	£4.50 a family free for under 4mths	No need to book but for more info tel:07966 065 643
	LUNCH – it's either soup, baked potato, cottage pie, sausage & mash or pasta bake etc followed by a dessert – all welcome! Lunch is FREE for community garden volunteers.	12.15pm	£2	No need to book just turn up! Although if you are vegetarian please let us know in advance.
	Ludlow Community Reiki Clinic 2 nd Thurs of the month	1pm – 3.30pm	£5 or conces £2.50	01584 890 284 07817 250 762
Term time	Homework Club – 8 – 11yrs	3.30pm – 5pm		Starting 3rd Oct 19

FRIDAY	Job Club – job search skills, cv creation, interview techniques etc	10am – 1pm includes a free lunch	FREE Drop-in	every week
	Get together Fridays - Craft	10am – 12.30pm	FREE	Craft takes place every week

SATURDAY	Marches Polio Group – every month – bring and share lunch	12.30pm – 2.30pm		Ask at Rockspring for next meeting date
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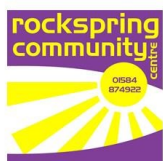
Ludlow Churches provide Emergency Food Parcels (by referral only through Housing Officer or Citizens Advice Bureau at Ludlow Youth Centre, Lower Galdeford, Ludlow Tel: 08444 99 11 00) Food parcels are made up on Monday, Wednesday, Thursday & Friday between 11am – 1pm and can be collected from Rockspring Monday – Friday 9am – 4.45pm.

Rockspring Community Garden – run by volunteers for the community. Contact: Justin Griffiths - 01584 874922

Computers are available Monday, Tuesday & Friday 9am – 4.30pm. PLEASE NOTE – NOT AVAILABLE ON WEDNESDAY MORNINGS OR THURSDAY AFTERNOONS.

SEPTEMBER 2019

ROCKSPRING NOTICE BOARD



ROCKSPRING COMMUNITY LUNCH



WE SERVE LUNCH EVERY THURSDAY AT 12.15pm

It will be either Lasagne, Cottage Pie, Sausage & chips,
Baked Potato, Chilli con Carne, Soup or Chicken Pie.
Followed by a dessert.

No need to book but if you are vegetarian
please let us know in advance.

PLEASE NOTE: All our dishes are prepared in an environment that is NOT free from nuts, seeds,
gluten or lactose, therefore all dishes may contain traces.

ONLY £2

EVERYONE IS WELCOME WHERE EVER YOU LIVE
WHY NOT JOIN US!



IT Support at Rockspring

Did you know we now provide basic support for IT free of charge at Rockspring Community Centre?

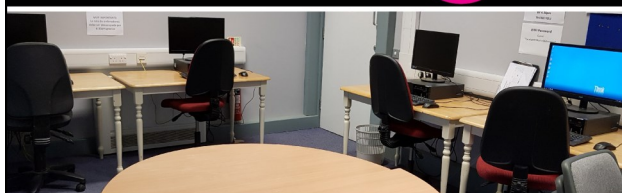
Drop in on a Thursday morning and maybe even enjoy our great value Rockspring Community Lunch afterwards.

We also offer
1 to 1 meetings
for more comprehensive
IT issues by appointment
and can offer help with:

- Universal Credit
- Personal Independence
- Attendance Allowance
- Child Benefit
- Connexus House Search
- License/Passport Applications
- Online Job Applications
- Any other complex online forms

(1 to 1 appointments will always be on a Thursday between 9am and 12pm)

the Furniture
Scheme



Rockspring Community Centre
Sandford Rd, Ludlow
SY8 1SX

01584 874922

info@furniturescheme.co.uk

south shropshire
housing association

Join the Job Club! Fridays, 10-1pm



The Job Club is coming to the Rockspring Centre, Ludlow.

Get help with how to search and apply for jobs online, writing your CV, interview techniques, improving your computer skills and more!
Free hot drinks and free lunch provided by Working Together Café.

Every Friday, 10-1pm.

Rockspring Community Centre, Sandford Road, Ludlow SY8 1SX

 We Are Connexus

shropshirehousing.org.uk



NEW CLASS STARTING @Jiggy Wrigglers Ludlow, Kidderminster and Bewdley on Thursday 19th September, this is for 0—5 years olds.

- ☐ Rockspring Community Centre from 10 - 11am.
- ☐ It's £4.50 per family, siblings go FREE
- ☐ FREE for under 4 months
- ☐ All sessions are "Pay as you go"
- ☐ No need to pre-book or sign up.
- ☐ Free refreshments
- ☐ Card payments now accepted
- ☐ Plenty of FREE parking
- ☐ Discount for childminders

For more information contact: 07966 065 643



Ludlow Baptist Church

LUNCH CLUB

**Every second Monday of the month at 12.30pm
except July & August**

**Home-made soup with bread rolls, butter & cheese,
and desserts plus tea or coffee for £2.50**

After everyone has eaten, there is a short talk based on a Christian theme and also a "sing a long" - members of the Lunch Club love to sing!

If you would like to attend or would like more information
contact: Diane 01584 831109

**Do you have
breathing
difficulties?**



Join Ludlow Singing for Lung Health group
It may help you breathe better and it's fun
No previous singing experience needed

**We meet 2.30 - 3.30 pm on Wednesdays
from 18th September
at Rockspring Community Centre
Sandford Road, Ludlow, SY8 1SX**

Contact Kate Jones on 01584 890 284 or 07817 250 762

Participants say:

"Having been ill for some weeks, and finding it difficult to get my breath, and at times being sort of breath getting up the hills. After two classes, things have become much easier for me."

"This is a very worthwhile class and I come away singing little ditties in my head."

"Thought I would not come but I have and really really enjoy it. Breath a lot easier"

"It is very healthy and helpful"

"Fantastic time singing, enjoy it lots"

Kate Jones is a singing professional who has received training on a British Lung Foundation endorsed course to provide safe and relevant singing instruction to people with lung conditions.

Find out more information about lung health at www.blf.org.uk



Rockspring Community Choir

Wednesday Evenings 7.15pm—8.45pm—Rockspring Community Centre
£3.00 a week subs

We have capacity for more members, so if you like singing why not come along for a taster session this Wednesday?

Music/Song sheets are provided, so all you need to bring is yourself!

A warm welcome awaits

For more information phone Rockspring Community Centre
01584 874922 or email: rockspring@furniturescheme.co.uk



LUDLOW COMMUNITY REIKI CLINIC

1.00pm – 3pm once of month on Thursday

**19th Sept, 10th Oct,
14th Nov, 12th Dec 2019**

At Rockspring Community Centre,
Sandford Road, Ludlow, SY8 1SX

A group of volunteers, all practising Reiki for varying lengths of time, offer you an opportunity to experience this gentle healing technique for yourself. Each one of us has felt the benefits of Reiki in our own lives, have decided to learn it for ourselves and now are pleased to be able to share the gentle touch of our hands with you



To receive a treatment, there is no need to take your clothes off; you just lie down and experience the comforting, relaxing flow of energy in a series of hand positions. Treatment can also be given seated in a chair if this is more comfortable for you.

Each appointment lasts half an hour. Please book your appointment, or just come along to meet us.

We make a charge of £5.00 (waged), £2.50 or what you can afford (low income/on benefits). No one is ever turned away for lack of finances. These charges cover our costs and any surplus is donated to local community causes.

Ask questions or book an appointment by calling Kate on 01584 890 284/07817 250 762



Ludlow's Repair Café 2019 dates

**Saturday 26th October
at
Rockspring Community Centre**

10am— 12.30pm

If you have anything which has broken or is simply not working like it used to bring it along to one of the Repair Cafés and the team of volunteers will fix it if they can!

For more information contact Diane: 07786 620 624
diane.lyle@btinternet.com



Workshop for parents & carers

Getting the right support for your child in school.

Would you like to know more about raising concerns with your child's school, preparing for meetings and what support to expect for your child in school?

If so, you may find it useful to attend this IASS workshop.

**Tuesday 5th November
10.00—12.00 pm
Rockspring, Sandford Road,
Ludlow SY8 1SX**

Please visit Shropshire IASS website and follow the link to book your place(s).

Alternatively, contact IASS directly on 01743 280019.



Shropshire IASS
Tel: 01743 280019
Email: iass@cabshropshire.org.uk



Workshop for parents & carers

Education, Health and Care Plans.

Would you like to know more about assessment for an EHCP, responding to a draft EHCP, the process for reviewing EHCP's and your rights of appeal?

If so, you may find it useful to attend this IASS workshop.

**Tuesday 3rd December
10.00—12.00 pm
Rockspring, Sandford Road,
Ludlow SY8 1SX**

Please visit Shropshire IASS website and follow the link to book your place(s).

Alternatively, contact IASS directly on 01743 280019.



Shropshire IASS
Tel: 01743 280019
Email: iass@cabshropshire.org.uk



Find us on Twitter and Like us on Facebook!

The Furniture Scheme and Rockspring Community Centre are on Facebook and we welcome anyone to who would like to follow our pages!

The Furniture Scheme is also on Twitter which we try to keep regularly updated. Find us at : www.twitter.com/furniturescheme

Also visit our website for more information about The Furniture Scheme and up to date news www.furniturescheme.co.uk

Volunteer Training Opportunities

There are plenty of volunteer training opportunities in customer services, retail, warehousing and carpentry, these are great opportunities for developing employability skills in a workplace environment and giving something back to the local community. For more information contact: Di Hyde 01584 877751 diane@furniturescheme.co.uk

IT @ Rockspring

Rockspring have a computer suite with free access to computers and WiFi which are usually available Monday – Friday 9am – 4.30pm (excluding Wednesday mornings, Thursday afternoons and Bank Holidays).

Visit our website for up to date news: www.furniturescheme.co.uk

The staff and where they work

Rockspring Community Centre, Sandford Road, Ludlow SY8 1SX Tel: 01584 874922

James Cooper—Operations Manager	james@furniturescheme.co.uk
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The Charity Bookshop, Unit 2, Drover's House, Auction Yard, Craven Arms SY7 9BZ
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