# **ISSUE 25**

AUTUMN 2015 SEPT/OCT/NOV

# **FURNITURE SCHEME NEWS!**

FREE - PLEASE TAKE A COPY



Rockspring Summer Holiday Scheme see more on page 8

The Furniture Scheme is a dynamic social enterprise and charity. We collect donated furniture and re distribute to people in need.

We manage two Community Centres and support other Social Enterprises.

We offer a range of volunteering and training opportunities across all of our sites.

We are passionate about relieving poverty, protecting the environment, enabling the disadvantaged and encouraging a thriving Social Enterprise sector.

Visit our website for up to date news: www.furniturescheme.co.uk







# SNAPSHOT OF THE FURNITURE SCHEME What happens where...

### **RE-USE CENTRE, WEEPING CROSS LANE, LUDLOW**

Mon—Fri 10am—4pm, Sat 10am—2pm

- ⇒ Trading site
- ⇒ Computer recycling workshop
- ⇒ Wood & Metal recycling facility
- ⇒ Bulky waste base
- ⇒ Removal of handles, knobs, hinges and screws for re-use
- ⇒ Volunteering and placement opportunities
- ⇒ Recycling point for mobile phones, ink cartridges and household batteries
- ⇒ Donation point
- ⇒ Two vans based here
- ⇒ Recycling Banks for textiles, wood & metal
- ⇒ Tools for Africa collection point



Mon—Sat 9.30am—5pm

- ⇒ Head office
- ⇒ Trading site
- ⇒ Bookshop and vinyl records
- ⇒ Flea Market
- ⇒ Information Board
- ⇒ Volunteering and placement opportunities
- ⇒ Household battery recycling point
- ⇒ Donation point

### **ROCKSPRING COMMUNITY CENTRE, SANDFORD ROAD**

Mon—Fri 9am—5pm

- ⇒ Volunteering and placement opportunities
- ⇒ Rooms for hire
- ⇒ Events and activities
- ⇒ Donation point for clothing, textiles, books etc

# FRIARS WALK, LUDLOW MASCALL CENTRE, LOWER GALDEFORD

- ⇒ Carpentry workshop
- ⇒ Furniture restoration
- ⇒ Training facility
- ⇒ Training, volunteer and placement opportunities available
- ⇒ One van based here

#### CasCA, NEWINGTON WAY, CRAVEN ARMS Mon—Fri

9am—10pm - by arrangement at week ends

- ⇒ Volunteering and placement opportunities
- ⇒ Rooms for hire
- ⇒ Events and activities
- ⇒ Donation point for clothing, textiles, books etc











# **OUR WONDERFUL VOLUNTEERS!**

# **Di Hyde—Work Placement Officer 01584 877751** diane@furnitureshcme.co.uk

The Furniture Scheme continues to flourish with the support and commitment of our wonderful volunteers but we always need extra helping hands. If anyone has a few hours to spare to help the community we would be most grateful. Whatever your work preference we would love to hear from you.

So far this year fifteen of our volunteers have progressed to Employment and here at the Furniture Scheme we are delighted that we have contributed towards making that goal achievable.

We'll be sad to lose two of our excellent volunteers this month but delighted that both are moving into employment. Good luck to Christine Parry and Rhia Gardner and many thanks for all their help.

Finally congratulations to Ben Jenkins and Gina Whittingham. Ben has started an Apprenticeship at Rockspring Community Centre and has already proved to be an invaluable asset on reception. Gina has started work at the Warehouse and has rapidly become a highly motivated, hard working member of the team.

Di Hyde Work Placement Officer

# **VOLUNTEER VOICES**

#### WAREHOUSE VOLUNTEER

I worked at the Furniture Scheme Warehouse as part of my work experience placement for 13 weeks. I did a lot of different jobs at the warehouse including cleaning, serving customers and answering the phone.

I enjoyed working in the warehouse as there is a really good atmosphere and it was usually busy. My favourite part of the job was serving the customers as I enjoyed talking to them and helping them choose nice things for their homes.

#### **COMMUNITY CENTRE VOLUNTEER**

I have now been a volunteer since July, and am finding it very interesting and rewarding. I volunteer for however many hours I want to, and at the same time I am keeping my brain active by learning new skills and refreshing many that have not been used for a while, whilst I search for new employment.

This has been altogether a very good experience for me and I am grateful to everyone for giving me this opportunity.



# Ben Jenkins – Rockspring Community Centre Apprentice General Assistant

# How long have you worked at The Furniture Scheme?

I began as a volunteer with The Furniture Scheme in March 2015 and was placed at the Rockspring Community Centre helping with general computer work, I was then taken on as an apprentice in June 2015.

#### What is your role at The Furniture Scheme?

I am a Rockspring general assistant. I assist with a range of different jobs. These include, filing, photo copying, printing, reception and helping with the daily takings sheets. When I am in reception my duties include answering the phone and assisting the public with their inquiries.

#### What do you most enjoy about your job?

I mostly enjoy being part of such a great team of people at The Furniture Scheme. I also really enjoy meeting new people and learning new skills. I also have gained a lot of confidence while working at the Rockspring Centre. Since I have been here I have learnt a lot of new skills which include IT skills and organisation skills. I really enjoy working here because they help a large community and give a lot of support to the public.

## **VOLUNTEERING OPPORTUNITIES WITH THE FURNITURE SCHEME**

All of the volunteering opportunities provided by the Furniture Scheme come with full training and an allowance for travel expenses.

10 week placements for a part or full day per week are available in the first instance with opportunities for feedback and review to make sure all is going well for you. All volunteers have the opportunity to take a qualification and get employability support if required.

For more information on any of these opportunities please contact: Di Hyde Tel: 01584 874922 or email: diane@furniturescheme.co.uk

#### CasCA—General Assistants

Newington Way, Craven Arms SY7 9PS

General assistants needed to answer phones, set up the rooms, make refreshments (tea and coffee) and meet and greet.



Could you help us to dismantle sofas, washing machines and other items ready for the recycling process? Times to suit you, but you will need to be reasonably fit as it's quite hard work!



#### **Electrical Testing**

We would like volunteers to assist with the function testing of the electrical appliances.

You would work alongside a trained member of staff for this role - times to suit you.

#### **Rockspring Community Centre**

Sandford Road, Ludlow SY8 1SX We sometimes have volunteer vacancies for:

- catering assistant
- caretaker assistant
- event support assistants





### **Customer Service Assistant**

In our shop we need help with answering telephone calls, dealing with enquiries, making sales, using the till and credit card machine, keeping displays looking attractive and using a computer.

We are flexible with time as you are being generous with yours, but ideally either 9.30am - 1pm or 1pm - 5pm.

We also need assistants in our Flea Market

#### **Re-use Centre**

Weeping Cross Lane, Ludlow SY8 1JH

- customer service assistants
- warehouse assistants
- van drivers and van buddies

You will need to be physically fit and able to lift items of furniture.



### **Carpentry Workshop** Lower Galdeford SY8 1RZ

Volunteers carry out a variety of tasks from stripping and polishing donated furniture to more challenging projects.

Morning or afternoon sessions available, starting with a half day taster. You will be provided with full workshop training, support and the opportunity to gain a qualification.



# Jean Jarvis MBE—Chief Executive

I don't think the Furniture Scheme has ever been busier than it is these days. August, usually our quiet month has been exceptional. Our sales have been great and donations up at the same time as staff are taking holidays. With schools on holiday our community centres have been running holiday schemes with a great variety of activities, hence the front page picture, which Chris Perkins explains. But as always our staff and volunteers have been amazing and have filled the holiday gaps and our essential services have continued as usual.

There's a really nice article from our apprentice general assistant, Ben Jenkins, who has become a great member of the team. He's a quick learner, enthusiastic and helpful, which is why we've offered him his apprenticeship, part funded by one of our longstanding supporters, Tottie Aarvold. Our Enabling Fund, administered by James Cooper and funded by The Hallgarth Trust, another longstanding supporter, continues to be well used, enabling us to fund driving lessons, childcare and other essentials, assisting local people to access training and move into employment. We are so grateful for this support which helps fund the social services we provide.

As a charity we also work hard to bring in revenue to support our social aims, which is why it is so important to us that you buy our furniture and continue to donate good quality items to us - as James points out on the next page - we do our very best to squeeze every bit of use out of your donations. Of course we are also very grateful to our huge workforce of volunteers who carry out a multitude of essential tasks that our small team of staff haven't got time to do. It makes such a difference when you know a volunteer is coming to make up the starter packs of crockery, answer the constantly ringing phones at one of our five sites in this area, sort out and price books, collect and deliver furniture, strip the copper out of unusable cable, or to restore and renovate furniture. Our board of directors also give their time voluntarily to make sure we comply with all the regulations that are involved in our varied work, which as you will imagine, are many, they also keep us on plan! These are just a few of the things that volunteers help us with and my thanks go to all of them.

And so The Furniture Scheme continues to grow and develop working with partners to provide essential services to the local community and beyond.

Our sister company Fuse, of which I'm Managing Director, emerged from the shadows of The Furniture Scheme and launched as a CIC on 1st April this year. Fuse Enterprise CIC, already employs more than 30 staff in The Longford Centre in Cannock, The Northfield Centre in Stafford and Clean Cut Services - our grounds maintenance company. We have new work in the pipeline and I'll update you on this in our next newsletter. Our website <a href="https://www.ignitingambitions.co.uk">www.ignitingambitions.co.uk</a> is definitely worth a look.



# James Cooper—General Manager

I can't believe I'm writing this for the 'Autumn' Newsletter! It still feels like Summer to me! By the time this is printed we will have held our inaugural Carpentry Workshop Open Day. Unfortunately this newsletter is too late for advertising the day and too soon for photographs so if you want to see how

the day went, keep an eye on our website and Facebook page. We want everybody to know about the important and positive work that is carried out by the team at our workshop. The volunteers and staff restore and repair furniture so that it can be sold at our Renaissance Centre shop on Tower street, Ludlow. The repair and sale of this furniture helps us to fund the work of the Furniture Scheme and prevents quality items from having to be recycled. Our charity focuses on the top 4 tiers of the hierarchy of waste and we do everything we can to avoid the dreaded 'disposal'



The workshop also provides a great venue for volunteers to get together, do something practical, learn new skills and help the Furniture Scheme achieve its aims.

If you would like to support our workshop you could:

- Register your interest in volunteering by contacting Di Hyde, Work Placement Officer, on 01584 877751 or diane@furniturescheme.co.uk
- Donate money to help pay for supplies and equipment, contact james@furniturescheme.co.uk or 01584 874922
- Buy furniture from one of our shops
- Donate furniture by visiting www.furniturescheme.co.uk/donate-receive/donate-furniture/ or by calling us on 01584 877788

The last 3 months have been incredibly busy and the staff and volunteers across the Furniture Scheme have been great. Everyone who works with us believes in what we are trying to achieve and (hopefully!) enjoys contributing to the work of the charity.



# Community News – By Christine Perkins – Community Engagement Worker

Here we are in August, nights are starting to draw in, and autumn is just around the corner- I won't mention anything about Christmas!!

Let's talk about all the things that have happened and the planned events that will be taking place over the next few months

### **Summer Holiday Scheme**

Thanks to some funding from Shropshire Council's Community Activity fund, we were able to offer Rock climbing and Canoeing with Arthog Outreach during the first two weeks of the summer holidays. Rock climbing took place at the Ipikin Rocks, Much Wenlock and the canoeing on the River Severn at Ironbridge – both were great days out. The young people really enjoyed these activities, and the instructors complimented how well they worked together and supported each other during these activities. Well done everyone who took part – you were a credit to Rockspring!

The following two weeks of the summer holidays saw the young people attending Ludlow Assembly rooms for craft workshops in the morning and then watching the films, Jurassic World and Minions, the final week of the scheme saw young people honing bush craft skills – Bear Grylls eat your heart out!

All the holiday activities proved very popular and all activities were fully booked up.

As you will appreciate, to continue to offer these holiday activities will cost money. We are hoping that we can attract future funding, and donations towards these activities are always very welcome.



" Where's the water?"

Another activity scheduled during the holidays, was the Ludlow Youth Partnership craft afternoons. These free events, organised by the youth partnership, were to be held on Wheeler Road, but the first of the two sessions was relocated to Rockspring Community Centre when it looked as if the venue was in danger of being washed out due to a normal British summer. It was a great afternoon, with lots of young people and families attending, and a real partnership event with Shropshire Housing Group officers, Community Support Officers, Ludlow Foyer and Local councillors helping out with the activities.



Local CSO Lucy getting a glitter tattoo



Making Hedgehogs from recycled books



Hard at work, eating again and it's not me!



Many thanks to all of you who collected tokens for the recent Shropshire Star Cash for your Community prize fund – we have received over £83 to help with community activities at Rockspring Community Centre.



### **Garden tool Hire**

The growing season is coming to an end, and the tools for hire will soon be put away for a well deserved rest during the winter. The scheme has been very well used this year with over 20 households using the machines.

If you want to find out how you can hire the lawn mowers, brush cutter or hedge trimmers, please do get in touch with Rockspring Community Centre.

# **Garden Competition Winners!**

Here are some of the successful competitors, and some of the gardens from the recent Shropshire Housing Groups sponsored Garden Competition, which saw the prize giving ceremony taking place at Whitefriars sheltered housing complex. Look out for a full list of prize winners in our next issue, and get planning for next year's competition!









#### **Ludlow Festival of Small Gardens**

Rockspring Community Centre community garden has taken part in this very successful event for the past two years. The event did not take place this year due to the stepping down of the organiser – Angela Siminson-due to personal circumstances.

As the Community Interest Company, set up by the Ludlow Festival of small gardens, was wound up, Angela was very keen that the final balance from the CIC should go to an organisation that was keen to promote gardening, community activities and may in the future help with a similar garden open scheme incorporating gardens from the local area as well as other parts of Ludlow.

We were very fortunate that Angela decided that the Furniture Scheme and Rockspring Community Centre in particular fitted the bill, and a cheque for £2428.12 was presented to us earlier in the year.

What a fantastic donation!

We are hoping that some kind of open garden event will take place next year – Talks and ideas are in progress as we speak, so look out for information about this event on our website. If you would like your garden to be shown off to the public next year, or have any ideas regarding the open garden event, do get in touch for a chat to see what is involved.



Angela Siminson presenting the cheque to James Cooper (General Manager)

# **Rockspring Community Garden**

The garden has been very productive this year, thanks to all the hard work from our dedicated team of volunteers digging in the compost donated by Shropshire's Incredible Edible scheme.

Excess produce has been used in the community lunches as well as being processed and frozen for future use in either our Community lunches or the Food bank.

A small selection of vegetables is also available for sale at Rockspring Community Centre on Thursday's.





We also had some donated wild flower seeds all the way from Kew Gardens! However, we have not had a very impressive display this year – perhaps next? But I have to say that the garden is an absolute haven for bees, butterflies and other insects.



The garden played a pivotal role in the recent summer BBQ held at Rockspring Community Centre and attended by staff, volunteers and members of the Furniture Scheme board.

The cob oven was in its element and the pizzas that Matt our garden volunteer come chef prepared and Nick another gardening and warehouse volunteer (now known as – the "Fire starter"!), cooked were simply delicious! Look out for this treat in the future at our community lunches.

We all smelt a little rustic and earthy from the experience though!



Nick - our new "Fire starter"









# \*\*\*\*\*\* **ADVANCE NOTICE** \*\*\*\*\*\*\*

# **Bring me Sunshine!**

From September, look out for our nostalgic trip down memory lane before the weekly community lunch at Rockspring Community Centre.

We will be showing episodes of classic TV shows, for example Morecambe and Wise, Dad's Army or even Laurel and Hardy before the excellent community lunch.

Come along and have a laugh before your lunch, it all aids digestion!







We are open to requests, so please let us have ideas of programmes you would like us to feature.



# RE-USE CENTRE, WEEPING CROSS LANE

**TO DONATE FURNITURE PLEASE TELEPHONE: 01584 877788** 

The Re-use Centre has a wide range of household items from washing machines and cookers, refrigerators, tables, chairs, sofas, lamps, beds, mattresses, crockery etc at reasonable prices and is open to the general public, not just people on benefits.

The Re-use Centre is open: Monday—Friday 10am—4pm & Saturday 10am—2pm

Do call in and have a browse, all welcome!



# We can now take clothes and jewellery donations!

#### YOUR SUGGESTIONS AND IDEAS COUNT!

The Winter edition of the Furniture Scheme News will be out at the end of November, if you have something to include, do let me know! Would you please send contributions by Friday 13th November 2015. Elaine Duggan 01584 874922 elaine@furniturescheme.co.uk

# THE RENAISSANCE CENTRE



**The Renaissance Centre** provides 'reborn' items for the household. Donated items are imaginatively rejuvenated to a condition worthy of resale.

**The Book Shop** selling good quality good value books and a wide selection of rare books and 1st editions. Paperback fiction is always needed as well as interesting nonfiction and quality children's books.

**The Flea Market!** this is a great opportunity for vendors of antiques, collectables, upcycled items and handmade objects. From 29th March it will be open on Sundays 10am—4pm.

The Renaissance Centre is open Monday—Saturday 9.30am—5pm. For more information telephone 01584 877751

### **CARPENTRY WORKSHOP**

Did you know our Carpentry Workshop team can carry out competitively priced repairs and restoration to your furniture?

We also make bird boxes, bee boxes and house name plagues.

For more information contact the team on 01584 877706.



Reviive in Shrewsbury



Unit 4, Knights Park, Battlefield Enterprise Park,

Shrewsbury SY1 3AB

**Open:** Monday to Friday 9am—5pm,

Saturday 10am—5pm, Sunday 10am—4pm

**Tel:** 01743 588458 or 01743 442642

info@reviive.co.uk

Reviive is a community interest company and is a partnership between the Furniture Scheme and the Shropshire Housing Alliance. Both charities are committed to relieving poverty and protecting the environment and supporting a range of people in need, including victims of domestic violence, families living in poverty through unemployment and those excluded through disadvantage.

Reviieve stores can be found in Shrewsbury, Oswestry, Telford and Chester for addresses see back page or for more information see their website www.reviive.co.uk

# rockspring community



#### **WHAT'S ON AT ROCKSPRING**

Day	Activity	Time	Cost	Other Notes
Monday	Family Drop in - under 5'	9.30am – 11.30am	FREE	Sure Start 01694 723465
,	Baptist Church Lunch Club			
	2 <sup>nd'</sup> Monday of the month	12 noon – 2pm	£2.50	
Tuesday	Basic Flower Arranging	10am – 12pm	DONATION	Every two weeks
	Family Drop in – under 5's	12 noon – 3.30pm	FREE	Sure Start 01694 723465
Wednesday	Tai-Chi	10am – 12 noon		Susan: 01584 874296
	Bumps & Babes – Family Room	10am - 11.30am	FREE	Sure Start 01694 723465
	Rockspring Community Choir	7.15pm – 8.45pm	£2 sub	Chris: 01584 874922
Thursday	Drop in – staff on hand from the Multi Agency Team, Benefits Advisor, Community Housing Officer, IT help with emails, word processing, file management etc Credit Union (12.30 – 3.30pm)	10.30 -12.00pm	FREE	
	LUNCH – it's either homemade soup, jacket potato, cottage pie, sausage & mash or pasta etc! and cake – all welcome! Lunch is FREE for Community Garden volunteers.	12.15pm	£1.50	
	Childminder's - Family Room	10am – 12pm	FREE	Sure Start 01694 723465
	Yoga for Mums and Babies	afternoon		
Friday				
•				
Saturday	Yoga for Parents	mornings		Liz: 0773 435 8001
	Marches Polio Group – 2nd Saturday every month (except Dec & Jan) – bring and share lunch	12pm - 3pm		Dorothy Crook: 07890 972011

Rockspring Holiday Scheme – free activities take place on Tuesdays every school holiday for 8 – 14 year olds.

**Ludiow Churches** provide Emergency Food Parcels (by referral only through Housing Officer or Citizens Advice Bureau at Ludiow Youth Centre, Lower Galdeford, Ludiow Tel: 08444 99 11 00 ) these can be collected: Monday, Wednesdays, Thursdays & Fridays 11am – 1pm.

Rockspring Community Garden - run by volunteers for the community. To offer help contact: Chris Perkins - 01584 874922

**Community Directory**, information on health and care services available to people living in the Southern Shropshire area. Contact: Elaine Duggan 01584 874922 or 07896642018 Email: elaine@furniturescheme.co.uk

June 2015

Sandford Road, Ludlow, Shropshire SY8 ISX rockspring@furniturescheme.co.uk www.furniturescheme.co.uk

0|584 874922





Community Garden

# **ROCKSPRING THURSDAYS**

Access tenancy support and benefit advice with Sue Wilson from Sustain and Emily Oswold from Bromford Housing every Thursday between 10am and 12pm, this is available to all, private tenants, home owners and Housing Association tenants.

**IT help and support** is available from 9.30am to 12pm learn how to use the internet, apply for jobs online, sending emails etc.

**At 12.15pm** we have a **Community Lunch** which only costs £1.50—it's either jacket potato, cottage pie, sausage & mash/chips, chicken pie or spaghetti bolognese (requests welcome within reason!) and slice of home made cake. Everyone welcome, no need to book, but if you are vegetarian it would be useful to know. See our website or call in to find out what the dish of the week is: www.furniturescheme.co.uk

**Credit Union** is available between 1pm and 4pm.

During the summer months volunteers are welcome to come and work in the Community Garden between 10am and 4pm. **All garden volunteers will have lunch for FREE.** 



# ROCKSPRING COMMUNITY CENTRE HIRE PRICES



RATE PER HOUR OR PART THEREOF	WEEKDAYS 9AM-5PM	WEEKDAYS 5PM-9PM	SATURDAYS 9AM-5PM	SATURDAYS 5PM-9PM
COMMUNITY GROUPS MAIN HALL - SEATS 60	£8.00	£12.00	£12.00	£15.00
PRIVATE HIRE MAIN HALL - SEATS 60	£10.00	£15.00	£15.00	£20.00
COMMUNITY GROUPS TEME - SEATS 20 - 25	£7.00	£10.00	£10.00	£14.00
PRIVATE HIRE TEME - SEATS 20 - 25	£9.00	£13.00	£13.00	£18.00
COMMUNITY GROUPS CORVE - SEATS 10 - 12	£6.00	£9.00	£9.00	£12.00
PRIVATE HIRE CORVE - SEATS 10 - 12	£7.00	£10.00	£10.00	£14.00

Payment in advance is requested for all private parties.

Please note, the centre is not licensed to sell alcohol.

To book a room or for more in for more information contact: 01584 874922 or email rockspring@furniturescheme.co.uk



# Free Children's Books!







# **Rockspring Community Choir**

Wednesday Evenings

7.15pm—8.45pm—Rockspring Community Centre £2.00 a week subs

We have capacity for more members, so if you like singing why not come along for a taster session?

Music/Song sheets are provided, so all you need to bring is yourself!

A warm welcome awaits

For more information contact Chris on 01584 874922 or chrisp@furniturescheme.co.uk







Eaten too much?

Want to burn off some calories?

Want to Come alon on Dir Rocks singing son Sea of Thur Scheme Come along to a free open air concert on Dinham Millennium Green Ludlow

And join with

Rockspring Community Choir

singing songs from traditional to Show stoppers

3.00pm

September 13th 2015

Everyone Welcome

\*Advance notice of \*

Christmas Carols with Rockspring Community Choir on

Dinham Millennium Green

Thursday 10th December 7.00pm





### "Memories are made of this Café"

With the help of People to People, we have set up a free monthly café, designed as a place that anyone can come to, but aimed at those who suffer from memory associated problems, and their carers.

Help and advice is available as well as somewhere to make friends and talk about the issues that looking after someone with memory loss can bring. As well as free tea/coffee and a piece of cake, an activity takes place that everyone can take part in.

We have enjoyed singing and looking at reminiscence boxes supplied by Lifegoesoncic.

The Café has only been running for a few months and new ideas come about after every session, so do put the date and time in your diary. We look forward to seeing you soon.

"Memories are made of this Café"

The First Thursday of the month from 10.30am until 12 noon

**Craven Arms Community Centre (Casca)** 



The end of July saw a new venture being undertaken by the Furniture Scheme in partnership with Shropshire Libraries, at Craven Arms Community Centre (Casca).

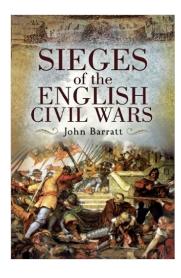
Local authors are being invited to talk about their publication and take part in a question and answer session with the audience. A glass of wine is also included in the ticket price and at only £3.00 this really is a fantastic bargain.

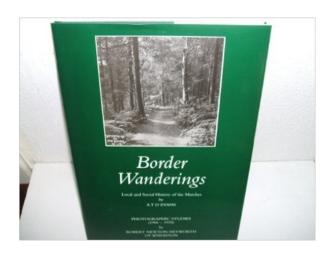
Our first illustrated talk was given by John Barrett on the English Civil War, and focused on the local battles that took place at Hopton Castle and Brampton Bryan.

Our next talk will be given by ATD Evans, author of Border Wanderings, on the "20<sup>th</sup> Century social history of Craven Arms" and will include his new book signing of "Dawdling in the Dales".

For information about this and future talks, please look at our website, or contact Casca direct on 01588 672847

If you are a local author, and would like to take part in this exciting venture, please get in contact with Maria on 01588 672847.









Another very exciting development this year is the inaugural

# Shropshire Hills Mini Music Festival and Eisteddfod

That will be taking place at Casca on

# Saturday 14<sup>th</sup> November

This is the first time we have run this event, and we are hoping that we will have lots of entries.

There should be something for everyone, for those who can play an instrument, sing, compose, and even write a short story, to bands and choirs!!

Running alongside the competition – don't worry the emphasis is on how well the person interprets the music rather than just technical merit, there will be singing and instrumental workshops open to everyone to have a go.

At the end of the competition, there will be a gala concert with section winners taking part as well as guest artists.

Proceeds from the refreshments available throughout the day will go towards

# prøject

An educational charity that specialises in overseas volunteering placements for school leavers.

So look on our website to find entry details or google Shropshire Hills mini music festival & Eisteddfod and have a go!





The **Library** at CasCA, opening hours are Monday to Thursday 9am – 9.30pm, Friday 9am – 7.30pm & Saturday 9am – 12 noon.

**Craven Arms and District History Group** are based here on Friday mornings 10am—1pm, just drop in to view parish records, old photographs, maps, documents etc. For more information contact: Russell Jones 01584 861547

**Cafe @ CasCA**—on Monday, Tuesday & Wednesdays 10am – 2pm, offering sandwiches, Panini's, cakes and more! See menu on page 26.

**Children's Party Packages** are available, see our website for more details or call into the Centre and pick up a leaflet.

We have a **Bouncy Castle** which we hire out for parties held at the Centre.

#### WALK IN WEDNESDAYS AT CasCA 9am-12 noon

Support team from Sustain Consortium (Main office based at The Gateway)



Helen & Sue at the Drop-in

Drop in and meet members of the team, who will be available between 9am and 12 noon every Wednesday morning at Craven Arms Community Centre, to help with Housing issues, Debt related problems, Benefit advice.

It may be as simple as helping someone make a phone call, or if long term support is needed, this can be arranged. If the Team do not know the answer,

they can refer onto other Agencies that do! The service is free, confidential and open to everyone living in Craven Arms and surrounding area.

**COMMUNITY LUNCH** at 12.15pm it's either jacket potato, cottage pie, sausage & mash or spaghetti bolognese followed by a slice of cake for only £2.50.

**KNIT AND NATTER** bring your knitting and have a cuppa while having a natter! **FREE IT** support also available.



Day	Activity	Time	Cost	Other	Notes		
Monday	Art Group	1.00pm – 3.00		Call 07891106669		59	
	KFA Karate	5.30 - 6.30pm		All Ages			
				Tony – o	7773 50	6468	
	CA Men's Chorus	7.30 - 9.00pm		Not in J	an or Au	ıg	
Monday- Friday	Craven Arms Childcare & Pre	9am – 3pm – flexible		Birth to 11yrs			
	School	hours		Wendy 07891106339		6339	
		+					
Tuesday	Indoor Bowls	2.00 - 4.30pm	£3.00	October – March ONLY			
	Craven Arms Junior Football	5.30 – 6.30pm		Dave Ro	Rowley 07976 241 463		
	I						
Wednesday	Knit & Natter	10.00am – 12.00 noon	FREE				
	Support from Sustain	9.00am - 12.00pm	FREE		n for tea/cake and a		
	Consortium / Housing support			natter.			
	Basic IT skills	10am – 1pm	FREE	Adrian			
	Community Lunch	12.15pm	£2.50			ice of cake	
	Yoga	11.00 - 12.30				ord 01694 724317	
	Tea Dance	2.00 - 4.00pm	£2.50		<sup>th</sup> Wednesday		
	Slimming World	5.30pm and 7.30pm	£4.95	Alan - o	01584 874430		
	Corvedale Badminton	8.15 – 10.00pm					
		1	T				
Thursday	Rhyme Time – under 5's	1.30pm – 2pm	FREE		Last Thur of month		
	Gymnastics 3-16yrs	3.45 – 6pm	£3.00		07769151649		
	Taekwon-Do	6.00 - 7.00pm	Sue Lloyc		01743 761 818		
	Marches Branch Embroiderers	7.00pm – 9.30pm	£1.50 (me	,	1 <sup>st</sup> Thursday of the		
	Guild		£5.00 (vis	itors)	month		
	I	1	1 ====				
Friday	Local History Group	9.30am – 12pm		FREE		C 1 00 C C	
	CASBA Samba Drumming	4.15pm – 5.45pm	-		Carol: 01588 672640		
			Adults £3				
	Flames Netball	4.30 - 5.30pm		-	J 11'S	01584	
		5.30 - 6.30pm		L	J 16's	841231	
Catumda	March of Family Naturals	40.202m 2.222==		On an amounth			
Saturday	Marches Family Network	10.30am – 3.00pm		Once a month Every Other Saturday			
	Empathy	2.00 - 4.00pm				Saturday	
Conde	Indoor Con Book Solo	40000 2000	Constable		Lina	in and of	
Sunday	Indoor Car Boot Sale	10am – 2pm	£7 a table			nin end of	
				Sept	ember	2015	

Badminton and Volleyball are available every day and evening upon request Tennis: £8.00 per Court Badminton: £8.00 Per Court. Volleyball: £8.00 Per Court. CALL 01588 672847 JULY 2015

#### **HIRE CHARGES FOR CasCA**



Room		Corporate	Community	Youth
		per hour	per hour	per hour
Welsh Mountain (Sports Hall)	350 Theatre Style	£30.00	£20.00	£15.00
, ,	200 Boardroom style			
Badminton Court	·	-	£8.00	-
Bowls per individual		-	£2.60	-
Children's party hire		-	£15.00	-
Shropshire	200 Standing/Theatre	£25.00	£17.50	£15.00
	Standing/Theatre 170 seated			
Plowden	50 Theatre Style 30 Boardroom Style	£16.00	£12.00	-
Clun	20 Theatre Style 10 Board Room	£10.00	£5.00	-
Kerry	30 Theatre Style 15 Board Room Style	£13.00	£10.00	-
Playroom/pre-school	,	£13.00	£10.00	£6.00
Pavillion		£15.00	£10.00	£5.00
Small Office			£7.50	
Kitchen		£15.00	£7.50	
Badminton/Tennis/Table Tennis/Volley Ball		£8.00		
Bowls per individual		£3.00		
Tea Dance per individual		£2.50		
Art Group per individual		£1.50		
Children's Party Hire		Weekdays £15.00	Weekends £20.00	Bouncy Castle and room hire 3 hrs £100.00
Conference Hire (full use of building)		£1000 per day	£500 per day	

August 2014



# Café @ CasCA



# Menu



#### Full menu available Monday, Tuesday, Wednesday 10am-2pm

#### Sandwiches £3.00 / Panini's £3.50

- ♦ Chicken & Pesto ♦ Coronation Chicken
- ◆ Cheese & Onion ◆ Cheese & Pickle ◆ Tuna Mayo
  - ♦ Bacon, Brie & Cranberry £3.60
    - ♦ Bacon Butty £2.50
  - All Sandwiches/ Panini are served with a fresh seasonal side salad and crisps.

# Jacket Potatoes £2.50 with one filling ◆ Cheese ◆ Beans

- ♦ Tuna, Sweetcorn & Mayonnaise ♦ Homemade Chilli 50p per extra filling
- $\blacklozenge$  Homemade Soup of the Day served with a Roll £2.50
  - ♦ Packet of Crisps 60p ♦ Chocolate Bar 30p

#### **Drinks** ♦ Selection of Coffee £1.50

- ♦ Tea £1.00
- ♦ Hot Chocolate £1.50
  - ♦ Cans 80p







### FIND US ON TWITTER & LIKE US ON FACEBOOK!

The Furniture Scheme, Rockspring Community-Centre and CasCA are on Facebook and we welcome anyone who would like to be our friend or like our page!

The Furniture Scheme is also on Twitter which we try to keep regularly updated. Find us at : www.twitter.com/furniturescheme

Also visit our website for more information about The Furniture Scheme and up to date news www.furniturescheme.co.uk

### **VOLUNTEER TRAINING OPPORTUNITIES**

We will be continuing our popular courses in Customer Service, Mental Health First Aid and Carpentry. Details of courses will be displayed at all sites when courses are finalised so please apply for a place quickly to avoid disappointment!

In addition, we continue to offer national Open College Network qualifications via a range of Work Experience modules.

For more information contact: Gill Pitt 01584 874922

# IT Support @ Rockspring & CasCA

You can hardly cross the road these days without needing to be able use a computer. Accessing Government and Local Council services – it's called Digital by Default

At Rockspring and CasCA we offer free support and training to help do many of the things you want to do with the computer in a relaxed and jargon-free atmosphere. People have even said "it's fun"!

Help setting up an email account, preparing a CV, learning to use a Word Processor, finding information. Advice on On-Line Security, help with tablets and E-Book readers (up to a point). You learn in small groups with a patient tutor.

And did we mention that it's free? And fun?

# SOUTH SHROPSHIRE CARE INFORMATION PROVIDER (SSCIP) COMMUNITY DIRECTORY

If anyone would like information on where to access a support group or information on a health or care related issue, please contact Elaine Duggan on **01584 874922** Monday – Friday 9am – 5pm, or call into Rockspring Community Centre. Alternatively you can access the Community Directory at: <a href="https://www.shropshire.gov.uk/community.nsf">www.shropshire.gov.uk/community.nsf</a> If you know of a group which is not on there and you feel should be, please let me know.



# The staff and where they work

Rockspring Community Centre, Sandford Road, Ludlow SY8 ISX Tel: 01584 874922

Jean Jarvis MBE—Chief Executive Rosemary Collie—Social Enterprise Advisor

James Cooper—General Manager

Gill Pitt—HR Training & Development Manager Elaine Duggan—Community Directory & Marketing

Kristine Squires—Administration Assistant/Reception (Wed & Fri)

Ben Jenkins—Reception/General Assistant (Mon—Thurs) Christine Perkins—Community Engagement Worker Adrian Cobley—IT Technician & Tutor (Thurs)

Lynda Hoad—Finance Officer

Amy Morling—Management Team Support/Fuse

Rob Gardner—Caretaker

jean@furniturescheme.co.uk rosemary@furniturescheme.co.uk james@furniturescheme.co.uk gill@furniturescheme.co.uk elaine@furniturescheme.co.uk kristine@furniturescheme.co.uk ben@furniturescheme.co.uk chrisp@furniturescheme.co.uk adrian@furniturescheme.co.uk accounts@furniturescheme.co.uk amy@furniturescheme.co.uk rob@furniturescheme.co.uk

Renaissance Centre, 7-8 Tower Street, Ludlow SY8 IRL Tel: 01584 877751

Di Hyde—Work Placement Officer Paul Francis—Statistics Officer

Richard Carpenter—Renaissance Centre Co-ordinator Matt Duley—Renaissance Centre Systems Administrator

diane@furniturescheme.co.uk paul@furniturescheme.co.uk richard@furniturescheme.co.uk matthew@furniturescheme.co.uk

Carpentry Workshop, Ludlow Mascall Centre, Friars Walk, Ludlow SY8 1RZ Tel: 01584 877706

Stefan Laird—Workshop Supervisor

Graham Lambourn—Volunteer Support Worker

carpentry@furniturescheme.co.uk

Re-use Centre, Weeping Cross Lane, Ludlow SY8 IJH Tel: 01584 877788

Simon Magill—Re-use Centre Manager

Gina Whittingham—Customer Services Administrator

Tim Stevens— Van Driver

Kevin Jones—Van Driver/Recycling Officer

Kevin Gubbins-Van Driver Chris Marston—General Assistant Stuart James—General Assistant

simon@furniturescheme.co.uk gina@furniturescheme.co.uk

kevinj@furniturescheme.co.uk

CasCA (Community arts sports Craven Arms), Newington Way, Craven Arms SY7 9PS Tel: 01588 672847 Email: casca@furniturescheme.co.uk

Maria Darcy, Community Centres Development Manager

maria@furniturescheme.co.uk Alison Kennedy—CasCA Supervisor Lorna Odour—General Assistant

Richard Handley—General Assistant

Adrian Cobley—IT Tutor/Technician (Wed) Jackie Wright—Finance Administrator Alexis Seaborne—General Assistant Marion Bailey—Domestic Assistant lade Watson—Domestic Assistant

Marilyn de Warrenne—Catering General Assistant

Clean Cut Services— www.cleancutservices.co.uk info@cleancutservices.co.uk

Michael Bolton — 07816 510250 Gareth Roderick – 07816 510272

The Longford Centre, Longford Road, Cannock, Staffordshire WSII IQN info@longfordcentre.co.uk Tel: 01543 571157 www.longfordcentre.co.uk

The Northfield Centre, Magnolioa Avenue, Stone Road, Stafford ST16 3DU www.northfieldvillage.co.uk

**DIRECTORS** 

Philip Reckless Susan McCormack Julian Price—Co-opted

Chris Horton—Company Secretary Clare Ratcliff Steve Price

Reviive, Unit 4, Knights Park, Battlefield Enterprise Park, Shrewsbury SYI 3AB Tel 01743 588458

Reviive, Trench Road, Telford TF2 8AA Tel: 01952 217300

Reviive, Sovereign Way, Chester CHI 4QJ Tel: 01244 297396

Reviive, Unit I Mile Oak Industrial Estate, Maesbury Rd, Oswestry SY10 8GA Tel: 01691 679817

Registered Office: Wrekin Housing Trust, Colliers Way, Old Park, Telford TF3 4AW Registered Charity No: 1082068 Company No: 4041051